

~Kids Triathlon Race~
Tuesday, June 9, 2009

Name	Number	Time	Place
8 Year Olds			
Delilah Griger	190	18:46	2
Megan Kern	192	23:57	3
Meaghan Perrino	200	16:24	1
9 Year Olds			
Ada Connors	349	26:38	4
Anna Edgington	350	24:53	3
Heidi Edmonds	351	21:13	T1
Natalie Johnson	352	32:42	5
Grace LeCates	353	21:13	T1
Kyle Amsden	354	30:38	2
Josh Briggs	355	27:01	1
10 Year Olds			
Samantha Fanion	356	18:16	1
Tessa Griger	357	21:12	T3
Danielle Perrino	358	19:52	2
Alex Russo	359	21:12	T3
Danny Rudloff	360	30:44	2
Philip Wasson	361	20:48	1
11 Year Olds			
Anna Greene	437	33:44	T4
Sylvia Johnson	438	36:40	T6
Margie Knight	439	28:29	2
Maddy Kramer	440	27:47	1
Abby LeCates	441	33:44	T4
Sophie Miller	442	36:40	T6
Kristin Ratliff	443	30:16	3
Noah Briggs	444	33:32	6
Michael Kern	445	26:51	3
Sean Mebust	446	24:19	1
Ian Robinson	447	24:36	2
Nolan Rock	448	46:03	7
Eli Sandler	449	30:22	5
Colin Wilcox	450	27:24	4

Name	Number	Time	Place
12 & Over			
Eden Griger	451	35:05	T2
Grace Heneghan	452	38:45	5
Liz Russo	453	35:05	T2
Eamon Connors	454	38:02	4
Michael Perrino	455	31:04	2
Jaime Zoltick	456	31:31	1
Lindsey Harloff	457	35:09	4
Amos Edgington	458	42:20	5
Luke Zenir	459	28:53	1
Seth Klosheim	460	35:27	3

Ada Connors & Noah Briggs – Rookies of the Year

The Race Goes On.....

Despite the thunderstorm warnings, despite the rain and despite the hail – the annual Kids Triathlon was run on Tuesday. All forty members of the Kids Triathlon Club competed and completed the race at the Clark Sports Center. The club has been practicing since April in preparation for the race in June. They practiced twice a week, covering each part of the triathlon – swimming, biking, running and the transitions – to be ready for the event. Distances for the race vary depending on the participants' age. Eight year olds swam 50 yards; biked 2 miles and ran ½ mile. Nine & ten year olds swam 100 yards; biked 3 miles and ran ½ mile. Eleven year olds swam 150 yards; biked 4 miles and ran ¾ mile. Twelve and older swam 200 yards; biked 5 miles and ran 1 mile. After a delay of about 45 minutes the first heat of 12 and older participants started their swim. Each group then had their moment to shine! As did the sun after the hail storm. It is the focus of the club to make kids aware of the importance of regular exercise. The events are geared toward fun, fitness and success for all members. Setting and reaching goals is emphasized above winning. The events that comprise the triathlon – swimming, biking and running – are lifetime activities. Family involvement is another focus for the club and these are events that the entire family can do together. The goal for every participant is to complete the race. They are rewarded for this accomplishment by receiving a medal as they cross the finish line.

First Place Finishers:

8 Year Olds – Meaghan Perrino

9 Year Olds – Tie Heidi Edmonds & Grace LeCates / Josh Briggs

10 Year Olds – Samantha Fanion / Philip Wasson

11 Year Olds – Maddy Kramer / Sean Mebust

12 & Older – Jaime Zoltick / Luke Zenir

Rookies of the Year:

Ada Connors & Noah Briggs