



The Clark Sports Center Presents

MONSTER BENCH

Annual Bench Press Competition

Saturday, April 10, 2010 in Cooperstown, New York

Weigh-ins: 9:30–11:00am • Rules: 11:00am

Lifting starts: 11:30am

Events: Returning Team Event • Rep-Off with new weight classes
Men's & Women's divisions • Shirted & non-shirted classes

Download an event registration form from clarksportscenter.com!

ClarkSportsCenter

For more information, contact competition coordinator Doug McCoy by calling (607) 547-2800.