

Mark Rathbun Receives Fetterman Award



Kind words and memories were shared at the Otesaga Hotel on Wednesday, October 8, during Mark Rathbun's luncheon to receive his award as this year's recipient of the Clark Sports Center and Clark Foundation Fetterman Award. The award has been given yearly since 1993 to a community member who is dedicated to serving local youth, especially in the area of athletics, in memory of Patrick C. Fetterman, long-time Associate Director of The Clark Sports Center.

Jane Clark formally presented the award to Mark in front of a crowd of family, friends, and past award recipients. Some of Mark's accomplishments include: Elementary and Secondary physical education teacher at Cooperstown schools, varsity baseball, cross country, and volleyball coach, baseball and soccer coach for Cooperstown Youth League, assistant coach for modified baseball at Cooperstown Central School, developed team building programs for the Adventure Department at the Sports Center, developed and became Director of an Alternative Education Program for at risk youth for BOCES, Director of Innovative Programs for BOCES, former School Board of Education member and Vice President, and Cooperstown Central School Booster Club member. Mark continues to touch the lives of so many in our community through sports and community service.

Miss Jane Forbes Clark presents the Patrick C. Fetterman Award to Mark Rathbun at the Otesaga Hotel on October 8, 2014.

Kidz Korner



Kidz Korner is a "quiet" room where kids in grades K-6 can get their homework done and have fun with a variety of crafts or board games. The program meets Monday-Friday from 3-5 on days that school is in session. This program has been regularly attended by 40-60 kids per day since the beginning of this school year. Peg Wilson introduced a variety of crafts including finger knitting, weaving, mask making, beading, collage and loom bracelets. Due to the homework help demand, certified Cooperstown teacher Heather Graham is available Monday through Thursday, 3:30-5:00, to help out with homework guidance and questions.

Clark Sports Center Facility Hours

November through May 2015 • Monday-Friday: 5:30am-9:30pm
(Pool closes at 9:00) • Saturday: 8:00am-6:00pm
Sunday: 8:00am-6:00pm (Adults only 8:00-10:00)
(Adults and High School Students only 10:00-12:00)

Closures

Christmas Eve Day • Wednesday, December 24
Christmas Day • Thursday, December 25
New Year's Eve Day • Wednesday, December 31
New Year's Day • Thursday, January 1

Contact Us

Phone: (607) 547-2800
www.clarksportscenter.com



Adventure News

Adventure Programs and Outings



Climbing Gym Tour

Climbing Club members will be offered several trips to different climbing gyms in the region. Visit our website for more information and trip dates.

February Break Activities

Snowman Building, Sledding & Hot Cocoa

February 18
1:00–2:00pm

Sign up at the Main Desk. Must have a minimum of 10 youth participating. Grades K-6.

T-shirt Tye Dye
February 20
1:00–3:00pm

Sign up at the Main Desk. Must have a minimum of 10 youth participating. Participants must bring a T-shirt to Tye Dye.

Be prepared by wearing warm outdoor winter apparel. Activities will take place in the bowl area and Adventure Lean-to! February Break Activities are free for members (non-members must pay for a Day Guest Pass).



Rock Climbing Club

Rock Climbing Club provides a creative, fun and safe environment where junior climbers can train and expand their skills, self-confidence, and overall fitness! Rock Climbing Club will help climbers train proficiently until they are able to climb more advanced climbs. Ages 10–14 or USA Climbing Youth C & B. Mondays, 3:15–4:00pm. Free for members. Sign up at the Main Desk. For more information, contact Will Weinert by calling (607) 547-2800, ext 124.

Adventure Climbing Wall Schedule

Program	Days
The Bouldering Wall (Located in the Gym Floor; All ages)	Open year round (Children under 12 years of age must stay below the designated line; the wall is off limits during camps, special events and league play). Free for members.
High Rock Climbing Wall (Located in the Pool Area; All ages)	<p>During open climbing hours, anyone under the age of 12 must be under the direct supervision of an adult. Anyone 12 and older must have a belay certified partner in order to climb. Auto belays are available for participants under the age of 12. In order to become belay certified, you must be at least 12 years old and participate in belay school, Saturday's at 12:30pm.</p> <p>During after school hours the participants do not need to be accompanied by an adult. Adventure staff will belay all participants. Free for members.</p> <p>Belay School: Saturday's at 12:30pm.</p> <p>Participants assume all risks in the use of personal climbing equipment.</p>

Rock Wall Hours

Open Climb

Tuesdays–Thursdays

5:00–8:00pm

Saturdays

1:00–4:00pm

After School Climb

Tuesdays–Thursdays

3:00–4:30pm

Special holiday rock wall hours

Mon. (Dec. 22)

Tues. (Dec. 23)

Mon. (Dec. 29)

Tues. (Dec. 30)

Fri. (Dec. 26)

Fri. (Jan. 2)

Open Climb

1:00–4:00pm &

5:00–8:00pm

Mountain Biking Club

It was a great Fall for mountain biking. Mondays and Wednesdays, riders ages 10 to 14 participated in a rider's skills clinic followed by a group ride with as many as 20 riders. Thank you to all of those who participated. We hope to see you in the Spring!



Indoor Community Ropes Course

Our 120' long Indoor Ropes Challenge Course is suspended 30' above the lap and diving pools. Working together with other participants, climbers traverse the 4 elements to the end at which point you may be lowered into the diving pool or dry lowered to the deck. It is suitable for participants of all ability levels over the age of 12.

Upcoming Community Ropes Course Schedule: Dec. 23 & 30, 9:00am-1:00pm, Jan. 14, 5:00–8:00pm, Feb. 18, 10:00am–2:00pm, and March 18, 5:00–8:00pm.





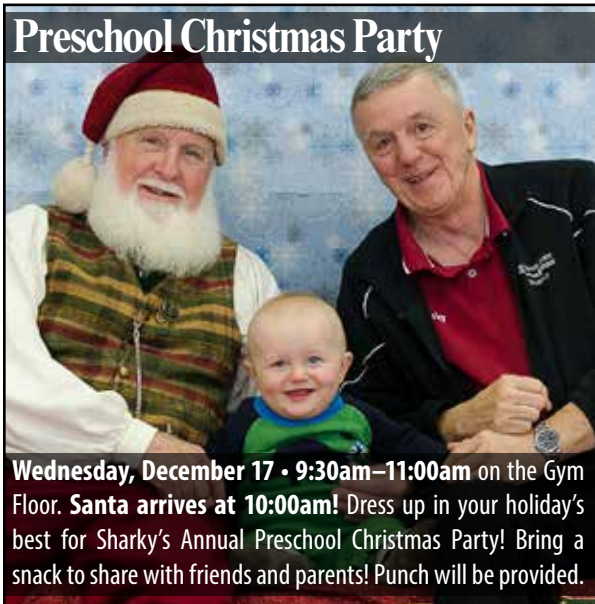
Kid's Dodgeball 3rd & 4th Grade Champs

Brayden Hascup, P.J. Kiuber, Conrad Erway, Chris Savoie, Hannah Craig, Jordi Diliberto, Boulla Riz Kalla, Aiden Klein, Joseph Longhi.



Kid's Dodgeball 5th & 6th Grade Champs

Lowell Willsey, Lauren Koffer, Ian Quinn, Sam Rhodes, Gavin Lesko, R.J. Stalzer, Chris Ubner, Nate Savoie, Destin Gecik.



Preschool Christmas Party

Wednesday, December 17 • 9:30am–11:00am on the Gym Floor. **Santa arrives at 10:00am!** Dress up in your holiday's best for Sharky's Annual Preschool Christmas Party! Bring a snack to share with friends and parents! Punch will be provided.

Athletics League Standings

Men's Slow Break Basketball Standings

1. Church & Scott
2. N.Y.C.M.
3. Leatherstocking Ins.
4. Milford

Adult Volleyball Standings

- | | |
|-------------------|---------------|
| 1. Volley Llamas | 3. Bonzai |
| 2. Jungle Ballers | 4. Lights Out |

Winter Futsal League Standings

- | | |
|--------------|---------------|
| 1. Unchained | 3. Nicolettas |
| 2. N.Y.C.M. | 4. El Nino |

Girl's Senior Intramural Basketball Standings

- | | |
|-----------|------------|
| 1. Sting | 3. Shak |
| 2. Comets | 4. Liberty |

Boy's Senior Intramural Basketball Standings

- | | |
|-----------|-----------|
| 1. Bulls | 3. Heat |
| 2. Lakers | 4. Knicks |

Junior High Basketball Standings

- | | |
|-----------|-----------|
| 1. Maroon | 3. Orange |
| 2. Black | 4. Green |

11th Annual Patrick C. Fetterman Memorial Basketball Tournament

Saturday–Monday, January 17–19, 2015. Come check out the area's premiere 6th grade boy's and girl's basketball tournament!

Please note that the Gym Floor will be closed 8:00am to 5:00pm each day for the tournament. The Sports Center facility will be very busy during these hours.



The Clark Sports Center's Tri-Valley Basketball Tournament will be held on February 28 and March 1, 2015.

The indoor running track will be reserved for Sr. Walk participants Mondays, Wednesdays, and Fridays, November 3–March 27, 10:00–11:00am.

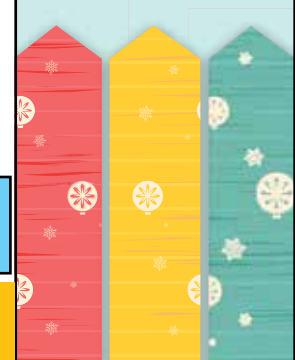


Senior Holiday Luncheon

**Friday
December 19
12:00pm**

Holiday luncheon for Senior Walk and Prime Time participants.

Please sign-up for a dish to pass.



Schedule For CCS Holidays & Snow Days

In the event of a Cooperstown Central School holiday or snow day, the Sports Center schedule will change accordingly. Upcoming holidays will occur December 22–January 2, January 19, and February 16–20.

Pool

5:30–10:00am

Adult swim

10:00am–12:00pm

Open swim

12:00–1:00pm

Adult swim

1:00–4:00pm

Open swim

4:00–5:00pm

Swim team

5:00–6:30

Adult swim

6:30–9:00pm

Regular schedule

Note: On snow days open swim ends and adult swim begins at 5:00pm.

Gym Floor

Mornings and afternoon:

Open floor (Closed for

Fetterman Tourney,

Sat.–Mon., January 17-19)

Evenings: Regular activities.

Bowling Alley

Open bowling during normal operating hours.

Racquet Courts

Mornings and afternoons: Open courts.

Evenings: Regular activities.

Day Care Special Note

Reminder: There will be no Day Care held in the Conference Room on a CCS snow day.

Aquatics News



First Splash at The Clark Sports Center

The Central Valley Swim League held its annual First Splash meet at the Sports Center on Saturday, November 8. The Clark Sports Center Sharks Swim Team hosted the event with three visiting teams, the Canajoharie Crocodiles, Schoharie Valley Penguins, and the Amsterdam Sea Rams. The First Splash was a success with over 150 swimmers competing in both individual and relay events. The Sharks Swim Team would like to send out a special thank you to the parents that volunteered their time and to the Sports Center staff that assisted with the event.

Cooperstown High School Home Meets

The Cooperstown Boy's Varsity Swim Team will have home meets in our pool this winter. Please note that the following dates and times are subject to change and that the pool closes 4:30-7:00pm. Dates: December 9, December 18, January 8 and January 16. Practices are held Monday–Thursday, 7:30–9:00pm and Friday, 6:00–7:00pm.

Lifeguard Training Course

The next course will be offered Monday–Friday, February 16-20, 8:00am–3:00pm. Participants must pass a prerequisite skills test and attend all classes. The fee for the course is \$175 for members and \$300 for non-members. Starting January 2, sign up at the Main Desk. A \$50 non-refundable deposit is required when signing up. Call (607) 547-2800 for more information.

Swim Lessons

Block II Lessons end Saturday, December 6. **Block III Lessons** will run January 5–February 14, with registration beginning Monday, December 8. **Block IV Swim Lessons** will run February 23–April 11, with registration beginning Monday, February 9.

SWIM > SCOOTER > RUN Little Triathletes ClarkSportsCenter

Members only special event!

The 3rd annual Little Triathlete Race will take place on December 20, with registration and check-in starting at 10:00am. It is open to children ages 3-6. It's a "little" version of a real triathlon. Each age group will swim in the pool, scooter, and run on the gym floor. An adult will be required in the pool with the 3 & 4 year olds. Your child's age is their age as of December 20. You may register in the pool office, starting December 1.

Community Movie Night

Family Movies begin at 6:30pm on the Gym Floor. Admission is free. Non-members must have a signed waiver on file at the Main Desk. Youth under 18 must have a parent sign in & leave an emergency contact number. Children below the age of 10 must have a parent with them.

Saturday, December 20

How to Train Your Dragon 2 (2014, 102 mins, Rated PG)

Saturday, January 10

Planes: Fire & Rescue (2014, 83 mins, Rated PG)

Saturday, February 7

Charlie and the Chocolate Factory (2005, 115 mins, Rated PG)



New Bowling Machines

The Clark Sports Center is very excited to announce the arrival of their new bowling machines! We've upgraded to new Brunswick GSX Series machines. The GSX Series replaced the old machines that were installed in 1986, when the facility opened its doors. The new machines will be more productive and help save energy.



Bowling Party Packages

The Bowling Alley is great for private birthday or group parties! To make reservations, please contact Barry Gray at (607) 547-2800, ext. 108.

Party Includes: Shoes, Music, Party Lights & Unlimited Bowling!
You may bring your own food & drink. (Limit 40 people)

Availability: Thursday & Saturday Nights, 5:30–7:30 or 7:30–9:30.

Prices: \$100/Members or \$150/Non-members.

Non-members must have a signed waiver form on file.

Adult Bowling League Standings

Men's Monday League Standings

High Game:	Matt Curtis	246
High Series:	Matt Curtis	649

Women's Tuesday League Standings

High Game:	Betty Staffin	245
High Series:	Betty Staffin	629

Men's Wednesday League Standings

High Game:	Keith Dickison	267
	Donald Virtell	267
High Series:	Barry Gray	720
	Donald Virtell	720

Women's Thursday League Standings

High Game:	Marion Madison	212
High Series:	Marion Madison	516

Youth Bowling League Standings

Elementary & Middle School Standings

High Game:	Jason Furnari	189
High Series:	Jason Furnari	464

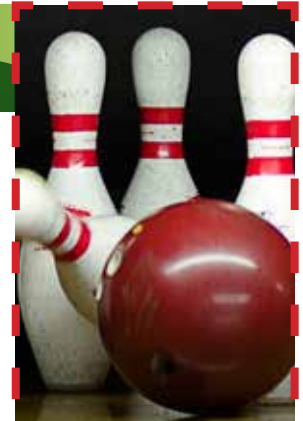


Preschool Bowling

Parents can bring their children, ages 3 to 5 who are not yet in school, to the Sports Center to bowl on Tuesdays, 10:30–11:00am. Parents and kids bowl for free. Bumpers and ramps are available.

Senior Citizen Bowling

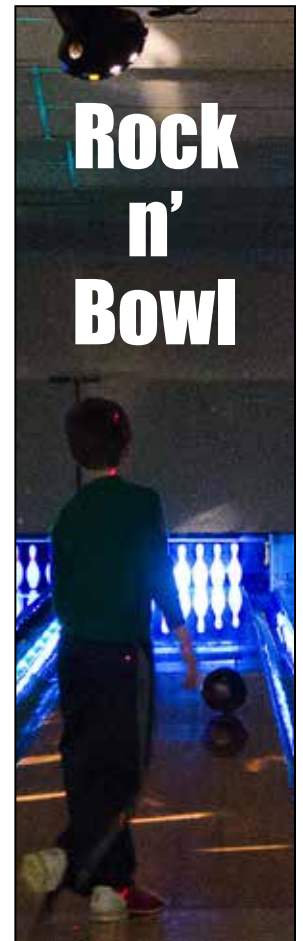
Senior Citizens can bowl every Tuesday morning, 9:00–10:30am, and Wednesday afternoon, 1:00–2:30pm, for a reduced fee! The cost is \$1 for members or \$3 for non-members for all you can bowl including shoe rental. Come out and make new friends, enjoy music from the 1940's through the 1960's, and have some fun!



ONE FREE GAME

Bring this coupon
in to enjoy one
FREE game!

Expires 01/02/15



Rock n' Bowl

Health & Fitness and Racquets News

GROUP FITNESS

During the weeks of Dec. 22-Jan. 4 Limited Classes will be available.

Try something new!

Beginners Welcome!



90 Minute Spin Ride to Benefit Breast Cancer Awareness

On October 19, twenty Spinning participants raised \$1,331 to benefit Bassett Medical Center's Women's Imaging Center. All donations are designated for the campaign to provide new, sophisticated equipment essential to early diagnosis and prevention of breast cancer, among other diseases. With more than 9,000 women from our community visiting the radiology department each year, the renovations will enhance the patient experience with improved privacy and comfort.



Morning and Evening Daycare

The program is open to children ages 8 weeks to 5 years (who have not started kindergarten). Morning Day Care is available Mondays, Wednesdays & Fridays, 8:30-11:30am. Evening Day Care is available for members and guests who are using the Sports Center on Tuesdays and Thursdays, 5:15-7:30pm. \$4.00 per hour (minimum of 30 minutes). Day Care must be paid for on the day of service. For more information, contact Amy Porter by calling (607) 547-2800, ext. 111.

Racquets

Group Fitness Winter Session

Winter Session begins January 5 and ends March 1. Group exercise is the place for fitness among friends. Improve your strength, cardiovascular fitness, flexibility and balance with the help of our expert instructors. The Clark Sports Center has a class for you!



Fall Tennis Results

Women's Fall Singles

1. Maureen Heroux (.657%)
2. Teresa Drerup (.608%)

Women's Fall Doubles

Division A

1. Teresa Drerup (.609%)
2. Georgia Frevele (.571%)

Division B

1. Carina Franck (.779%)
2. Phyllis Orlowski (.645%)



Sports Performance Coordinator

Kevin Mallery is the new Sports Performance Coordinator for the Sports Center. His specialties are cycling, running, and triathlons. He has completed 12 Ironman triathlons. Welcome to the team!

Special Events

Coop Loop



Coop Loop 14 Results

The Clark Sports Center held its fourteenth Annual Coop Loop 5K/10K Run/Walk on Sunday, October 26. There were 214 participants. Full race results for all runners and walkers, and race photos can be found on our website at www.clarksportscenter.com/events/coop-loop/.

Top 3 Male Finishers • 5K

Place	Name	Hometown	Time
1	Josh Edmonds	Cooperstown	16:09
2	Michael Lehtonen	Cooperstown	16:13
3	Joaquim Landry	Cooperstown	19:31

Top 3 Male Finishers • 10K

Place	Name	Hometown	Time
1	Charles Hollister	Cooperstown	38:47
2	Andrew Rock	Cooperstown	41:35
3	Dave Russell	Cooperstown	45:18

Top 3 Female Finishers • 5K

Place	Name	Hometown	Time
1	Heidi Edmonds	Cooperstown	19:57
2	Katie DeRusso	Cooperstown	20:25
3	Maeve O'Neill		21:16

Top 3 Female Finishers • 10K

Place	Name	Hometown	Time
1	Emma Spinosa	Cooperstown	45:57
2	Susie Knight	Cooperstown	49:34
3	Melissa Marietta	Fly Creek	51:13

Upcoming Events



December

Rockin' Around Cooperstown • Saturday, December 6, 2014. The Cooperstown Chamber of Commerce and The Clark Sports Center will partner to host the inaugural Rockin' Around Cooperstown Ugly Sweater Run and Walk. The event will begin at the Santa's House in Pioneer Park at approximately 12:30 pm. Your choice of a 2-mile walk or 4-mile run around Cooperstown. Following the race, Cooperstown's Main Street will become a block party. Please visit active.com for pricing, and clarksportscenter.com for more information.

February

Bob Smullen's Memorial Run • Sunday, February 8, 2015. The Bob Smullens Run is part of the Cooperstown Winter Carnival. The race start on Main Street and finish in Cooper Park. What better way to spend a Sunday afternoon in February then to run in a 5k or 10k race and then stay around for all the carnival events. The awards will go to the overall male/female in each race and then to the top 2 in each age group. Register at www.itsyourrace.com.

April

Monster Bench Press • Our annual Bench Press Competition will take place on Saturday, April 4, 2015. Lifters may weigh-in early at any time on Friday, April 3, at the Fitness Center Desk at the Sports Center. Weigh-ins and registration on the day of the competition, April 4, will begin at 9:30am. Competition will begin at approximately 11:00am. The competition will feature shirted and non-shirted bench categories in each weight class, with the 225 pound Rep-Off event at the end of the day. Pre-registration on or before April 3 costs \$25. Registration on the day of the competition will be \$35.



Special Holiday Membership Rates!

Give the Gift of Health this Year!

December 1-23, get 15% discount on a gift membership (must be paid in full).

7 Day Punch Passes are perfect for visiting family and friends! Inquire at the Main Desk for rates.

SPECIAL EVENTS DISCOUNT

20% OFF

Bring this coupon in to Doug McCoy, Special Events Director, to receive 20% OFF your Special Event registration.

Expires 12/01/15

For more information about any of our Special Events, contact Doug McCoy by calling (607) 547-2800, ext. 111.

What's Inside:

- Coop Loop Results
- Fetterman Award Recap
- Winter Leagues & Programs



Contact Us

Phone: (607) 547-2800 • Fax: (607) 547-4100 • www.clarksportscenter.com

Preschool Halloween Party
October 30, 2014

NONPROFIT
ORGANIZATION
U.S. Postage
PAID
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Permit No. 14

Return Service Requested

The Clark Foundation
P.O. Box 850
Cooperstown, NY 13326

ClarkSportsCenter