

Harold “Bud” Lippitt Receives Fetterman Award



Kind words and memories were shared at the Otesaga Hotel on Friday, October 6, during Bud Lippitt's luncheon to receive his award as this year's recipient of The Clark Sports Center and Clark Foundation Fetterman Award. The award has been given yearly since 1993 to a community member who is dedicated to serving local youth, especially in the area of athletics, in memory of Patrick C. Fetterman, long-time Associate Director of The Clark Sports Center.

Jane Clark formally presented the award in front of a crowd of family, friends, and past award recipients. Bud has been deeply involved in: wrestling, baseball, softball, volleyball, basketball, football, bowling and swimming. Some of his accomplishments include: 15 years teaching Elementary PE at Cooperstown Central School, 6 years as Open Gym Director, 7 years as a Program Counselor with the Red Bursey Summer Playground Program (Director for 5 of those years), 13 Years teaching Cooperstown Central School nature center XC walk/run unit, was the Commissioner of Cooperstown Youth Baseball for 7 years, now the Commissioner for Cooperstown Youth Baseball/Softball Division, Cooperstown Youth Football Board Member, PTA Member, in the Freeman's Journal's "20 Under 40 Club", and 2011 inductee into the Cooperstown Central School Athletic Hall of Fame.

"Throughout all that he does, he is always an exceptional example to the children of this village. He's an example of outstanding sportsmanship, great leadership, dedicated service and he always makes it fun." - Jane Clark

Clark Sports Center Facility Hours

Labor Day–Memorial Day
Monday–Friday, 5:30am–9:30pm
(Pool closes at 9:00pm)
Saturday, 8:00am–9:00pm
Sunday, 8:00am–5:00pm

Closures

Christmas Eve Day • **Sunday, December 24**
Christmas Day • **Monday, December 25**
New Year's Eve Day • **Sunday, December 31**
New Year's Day • **Monday, January 1**

Adventure Programs and Outings

Intro to Indoor Rock Climbing • An introductory class of all things indoor climbing. Participants will leave with the skills to climb in any indoor climbing facility! Free for members and non-members. All equipment provided.

Saturday, December 2 • 10:30am–12:00pm

Wednesday, December 13 • 5:00–6:30pm

Saturday, December 23 • 10:30am–12:00pm

3rd Annual Fatty Bumpo Fat Tire Race • Saturday, February 3, 2018.

Time TBD. The race takes place on the Clark Sports Center grounds.

Register online or at the Clark Sports Center. Race fee of \$20/rider for all races. \$30/rider in both classes.

Winter Carnival Weekend Geocaching • Learn how to use a GPS device in this high tech global treasure hunt. Be prepared to travel by foot to various locations in all weather conditions. The Clark Sports Center will have GPS Units to share for this program. No sign up necessary. Free for members & non-members. Adults & children: groups of children must have an adult with them.

Sunday, February 11, 10:00am. Meet in Pioneer Park.

Mountain Biking Club

Thank you for a great fall mountain biking season. Riders continually improved skills by participating in group rides to Clark Tower and the new mountain biking trails at the Sports Center. Please check the Spring Schedule for spring mountain biking.



Indoor Rock Climbing Wall Hours

Monday

3:00–4:30pm After School Climb

Tuesday-Friday

2:00–3:00pm Open Climb

3:00–4:30pm After School Climb

5:00–8:00pm Advanced Climb (New!)

Saturday & Sunday

12:00–5:00 Open Climb

Advanced Climb Hours: No one under the age of 12 is allowed to climb unless belayed by a parent or guardian.

Afterschool Climb Hours: Participants do not need to be accompanied by an adult. They can simply show up and climb.

Open Climb Hours: Anyone under the age of 12 must be accompanied by an adult. To climb on a top rope, a climber needs to bring a competent belay partner that is over 12 years of age.

Participants assume all risk in the use of personal climbing equipment.

The Bouldering Wall • Located in the Gym Floor, open to all ages. The Wall is open year-round. Children under 12 years of age must stay below the designated line; the Wall is off limits during camps, special events, after school and league play. Free for members!

December Break Rock Wall Hours

Dec. 22: 12:00–4:00pm & 5:00–8:00pm; Dec. 23: 12:00–5:00pm
Dec. 26–29: 12:00–4:00pm & 5:00–8:00pm; Dec. 30: 12:00–5:00pm

School Break Activities

December Break Activity

Wonder Works at Destiny USA Trip • Sign up at the Main Desk. Participants need their own lunch or lunch money. Parent signed waivers required. \$20 for members, \$25 non-members.

Date & Time

December 27 • 9:00am–5:00pm

The Edge Halfmoon • Sign up at the Main Desk. Participants need to bring a packed lunch. \$20 for members, \$30 non-members. Youth under 12 must be accompanied by a parent/guardian. A waiver from The Edge Halfmoon must be filled out ahead of time (www.theedgehalfmoon.com)

December 22 • 9:00am–5:00pm

Rock Sport • Sign up at the Main Desk. Participants need to bring a packed lunch. \$20 for members, \$30 non-members. Youth under 12 must be accompanied by a parent/guardian. A waiver from Rock Sport must be filled out ahead of time (www.rocksportny.com).

December 29 • 9:00am–5:00pm

School Break Activities

February Break Activity

Wonder Works at Destiny USA Trip • Sign up at the Main Desk. Participants need to bring their own lunch or lunch money for the food court. Parent signed waivers required. \$20 for members, \$25 non-members. Max participants: 20.

Date & Time

February 21 • 9:00am–5:00pm

Skyzone • Sign up at the Main Desk. Participants need to bring their own lunch or lunch money for the food court. Parent signed waivers required. \$20 for members, \$25 non-members. Max participants: 20.

February 23 • 10:00am–4:00pm



Kid's Dodgeball 3rd & 4th Grade Champs

Front: Kaden Card, Joey Desanno Back: Clara Pokorny, Ryan Ford, Dylan Craig, Brenin Dempsey



Kid's Dodgeball 5th & 6th Grade Champs

Front: Caleb Rosa, Justin Wolfe, Sophia Hotaling, Frankie Panzarella Back: Andrew Miller, Troy Davis, Mikey Eckert

Clark Sports Center Adult Co-ed Volleyball League

The 2018 Volleyball League season starts on January 2, 2018, and is open to adults 18 years of age and older and out of high school.

League Dates

Games take place on Tuesday nights, 6:00 to 9:00pm, through April 17, 2018.

League Registration

Register today! A league meeting will take place December 5. For more information, please contact Jessica Gualtieri by calling 547-2800, ext. 107.

League Fee

The league fee is \$150 per team; \$300 non-member team; \$60 individual non-member.

League Schedule

Schedule to be announced in late December before the league starts.



Preschool Christmas Party

Thursday, December 21 • 9:30am–11:30am on the Gym Floor. **Santa arrives at 10:30am!** Dress up in your holiday's best for the Annual Preschool Christmas Party! Bring a snack to share with friends and parents! Punch will be provided.

Athletics League Standings

Men's Slow Break Basketball Standings

1. Mohawk Village Market
2. Leatherstocking Insurance

Junior High Basketball Standings

- | | |
|-----------|-----------|
| 1. Green | 3. Maroon |
| 2. Orange | 4. Black |

The indoor running track will be reserved for Sr. Walk participants Mondays, Wednesdays, and Fridays, 10:00–11:00am.



14th Annual Patrick C. Fetterman Memorial Basketball Tournament

Saturday–Monday, January 13–15, 2018. Come check out the area's premiere 6th grade boy's and girl's basketball tournament!

Please note that the Gym Floor will be closed 8:00am to 5:00pm each day for the tournament. The Sports Center facility will be very busy during these hours.

Pickleball League

Wednesday 8:30am-2:00pm
Thursday 12:00-2:30pm
Sunday 9:00-11:00am

Pick up games and league play available during all time slots. Please contact Scott Whiteman (ext. 109) for league information.

Schedule For CCS Holidays & Snow Days

In the event of a Cooperstown Central School holiday or snow day, the Sports Center schedule will change accordingly. Upcoming holidays will occur December 22–January 2, January 15, and February 19–23.

Pool

All aquatic programs, except swim team, will be cancelled for the day.

Open Swim

10:00am–12:00pm and 1:00–5:00pm (2 lanes, 4:00–5:00pm).

The Teaching Pool is not available Monday, Wednesday, & Thursday 1:30–3:00pm, and Tuesday & Friday 11:00am–12:00pm.

Gym Floor

Mornings and afternoons: Open floor (Closed for Fetterman Tourney, Sat.–Mon., January 13–15)

Evenings: Regular activities.

Bowling Alley

Open bowling during normal operating hours.

Racquet Courts

Mornings and afternoons: Open courts.

Evenings: Regular activities.

Child Care Special Note

Reminder: There will be no Child Care held on a CCS snow day.

First Splash at The Clark Sports Center

The Central Valley Swim League held its annual First Splash meet at the Sports Center on Saturday, November 4. The Clark Sports Center Sharks Swim Team hosted the event with three visiting teams, the Canajoharie Crocodiles, Schoharie Valley Penguins, and the Amsterdam Sea Rams. The First Splash was a success with over 150 swimmers competing in both individual and relay events. The Sharks Swim Team would like to send out a special thank you to the parents that volunteered their time and to the Sports Center staff that assisted with the event.

Swim Lessons

Block II Lessons end Saturday, December 16. **Block III Lessons** will run January 8–February 17, with registration beginning Tuesday, January 2. **Block IV Swim Lessons** will run February 26–April 7, with registration beginning Monday, February 19.

CCS Home Swim Meets

The Cooperstown Boy's Varsity Swim Team will have home swim meets on December 5, January 4, 16, & 30. The dates and times are subject to change. The pools will be closed during meets, 4:30pm until 30 minutes after the conclusion of the meet (usually 7:30pm). Practices are held Monday–Thursday, 7:30–9:00pm and Friday, 6:00–7:00pm.

WINTER CARNIVAL • February 9-11, 2018 • CSC Events

TUESDAY FEBRUARY 6

Elementary Free Throw Contest: Clark Sports Center. Free for children in grades K-6. 3:00–4:00. Sign-up on the gym floor.

FRIDAY FEBRUARY 9

Bowling Tournament: 6:00pm Clark Sports Center. Teams are 1 Adult & 1 Child (2nd grade or above). \$3 per member, \$6 per non-member. Call 547-2800 Ext 108 to register or sign up in the bowling alley.

SATURDAY FEBRUARY 10

Bowling Tournament: 9:00am, Clark Sports Center. Teams are 1 Adult & 1 Child (2nd grade or above) \$3 per member, \$6 per non-member. Call 547-2800 Ext 108 to register or sign up in the bowling alley.

45th Annual Bob Smullens 5k/10k Run: Registration 10:30am, race begins at 11:30pm, Cooper Park. Wear your favorite winter carnival pin from the past 50 years!! Sign up for this event at itsyourrace.com, or visit www.clarksportscenter.com for pre-registration, day of registration and race bag pick-up information. \$20/person \$50 Family (max 5). This race is the kickoff race for the second annual Frozen Toes Race Series. Contact Doug McCoy (mccoyd@clarksportscenter.com) for more information.

Community Movie Night: "Cool Runnings" 6:30pm, Clark Sports Center. Admission is Free. Non-members must have a signed waiver on file at the Clark Sports Center. Youth under 18 must have a parent sign in and leave an emergency contact number. Children under the age of 10 must be accompanied by an adult.

SUNDAY FEBRUARY 11

Geocaching: 10:00am, meet at Pioneer Park. Adults & Children (Group of children must have an adult w/them). Free. Learn how to use a GPS device in this high tech global treasure hunt. Be prepared to travel by foot to various locations in all weather conditions. The Clarks Sports Center will have GPS Units to share for this program.

Adult Free Throw Contest: 11:00am at the Clark Sports Center. Free for adults. Participants must be out of high school. No sign-up required.

Adult 3 Point Contest: Directly after the free throw contest at the Clark Sports Center. Free for adults. Participants must be out of high school. No sign-up required.

Middle/High School 3 Point Contest: Directly after adult 3 point contest at the Clark Sports Center. Free for children in grades 7–12. No sign-up required.

Middle/High School Free Throw Contest: Directly after middle/high school 3 point contest at the Clark Sports Center. Free for children in grades 7–12. No sign-up required.

Winter Carnival Bowling Tournament!

Friday, February 9, 6:00pm

Saturday, February 10, 9:00am

Teams of 1 adult & 1 child (2nd grade+), and open to all members and non-members. \$3 for members or \$6 for non-members. Sign up in the Bowling Alley or call (607) 547-2800 to sign up.



Adult Bowling League Standings

Men's Monday League Standings

High Game: Rich Anderson 279
High Series: Rich Anderson 690

Women's Tuesday League Standings

High Game: Cynthia McCartney 213
High Series: Cynthia McCartney 567

Men's Wednesday League Standings

High Game: Mike Kenney 268
High Series: Mike Kenney 738

Women's Thursday League Standings

High Game: Sharon Curcio 194
High Series: Sharon Curcio 533

Youth Bowling League Standings

Elementary & Middle School Standings

High Game: Grant Crowson 207
High Series: Grant Crowson 545

Preschool Bowling

Parents can bring their children, ages 3 to 5 who are not yet in school, to the Sports Center to bowl on Tuesdays, 10:30–11:00am. Parents and kids bowl for free. Bumpers and ramps are available.

Senior Citizen Bowling

Senior Citizens can bowl every Tuesday morning, 9:00–10:30am, and Wednesday afternoon, 1:00–2:30pm, for a reduced fee! The cost is \$1 for members or \$3 for non-members for all you can bowl including shoe rental. Come out and make new friends, enjoy music from the 1940's through the 1960's, and have some fun!

BOWLING PARTY PACKAGES

The Bowling Alley is great for private birthday or group parties!
To make reservations, please contact Eve Cripps at (607) 547-2800, ext. 105.

Party Includes: Shoes, Music, Party Lights & Unlimited Bowling!
You may bring your own food & drink. (Limit 40 people)

Prices: \$100/Members or \$150/Non-members. Non-members must have a signed waiver form on file.

SPECIAL NOTICE! Member Parking

Bassett Healthcare employees are now utilizing their parking lot behind the Sports Center. The small center lot is reserved for physical therapy patients. Members are asked to park in the large parking lot to the right as you pull in the main driveway.



Group Fitness

During the week of Dec. 26-30 Limited Classes will be available. Please check the Group Fitness Schedule for classes and times.

Thank you to all those that participated in our 90 Minute Spinning Benefit Ride on Sunday, November 26. The annual ride donates 100% of the proceeds to the Cooperstown Food Pantry. This year a total of \$590 was raised. The next ride will be on Sunday, February 4, to benefit Catskill Area Hospice.



Health & Fitness and Racquets News

Here's to a New Year and Another Chance to

GET FIT RIGHT

January 8-March 2, 2018

Exercise More
Lose Weight
Stay Fit & Healthy

Enjoy Life
Eat Healthier
Drink More Water

Be More Active
Regular Exercise
Get More Sleep

Try New Activities
Have More Energy
Make Time to Workout

Weekly program and checklist to assist in making resolutions stick. Earn prizes and membership credits with points from participating throughout the program. Registration begins December 19. There is a program fee of \$10.

Fitness Game Room Rentals

Available Saturday evenings. \$50 for 1 hr./\$75 2 hrs. Reservations to begin January 1st. For more info call Matt Phillips at (607) 547-2800, ext. 130.



Racquets

Jr Racquets Academy-Squash

January 5, 12, 19, & 26. The program will meet 4:00 to 5:00pm. Registration begins Monday, December 11, at the Main Desk. \$20 per person (members only). Grades 4-6, limit 10. Class instructed by Scott Curtis. Please visit www.clarksportscenter.com for more information.

Racquet Leagues

Men's Racquetball League on Monday nights, starting at 6:00pm.
Men's Squash League on Wednesday nights, starting at 6:00pm.
Women's Squash League on Thursday nights, starting at 6:00pm.

Women's Fall Doubles Tennis Champions

Steffi Division



Kim Potts & Lisa Roberts

Martina Division



Carina Franck & Martha Yager

Billy Jean Division



Phyllis Orłowski & Melissa Vilacky

Special Events

Coop Loop



Coop Loop 17 Results

The Clark Sports Center held its 17th Annual Coop Loop 5K/10K Run/Walk on Sunday, October 29. Full race results for all runners and walkers, and race photos can be found on our website at <http://www.clarksportscenter.com/events/2017-coop-loop-5k-10k-race/>.

Top 3 Male Finishers • 5K

Place	Name	Time
1	Wriley Nelson	18:54
2	Charles Hollister	19:00
3	Andrew Rock	20:13

Top 3 Female Finishers • 5K

Place	Name	Time
1	Annelise Jensen	22:37
1	Claire Jensen	22:37
3	Nora Jensen	23:06

Top 3 Male Finishers • 10K

Place	Name	Time
1	Frank Wilsey	42:29
2	Jason Witter	46:22
3	Gordon Clarkson	54:47

Top 3 Female Finishers • 10K

Place	Name	Time
1	Caitlin Miosek	43:12
2	Susie Knight	53:10
3	Jennifer Soto	53:12

The Frozen Toes Race Series

This is a four race series consisting of the Bob Smullens 5k/10k Run, Frozen Toes 5 Miler, Not so Frozen Toes 5 Miler, and the Rockin' Around Cooperstown Ugly Sweater Run.

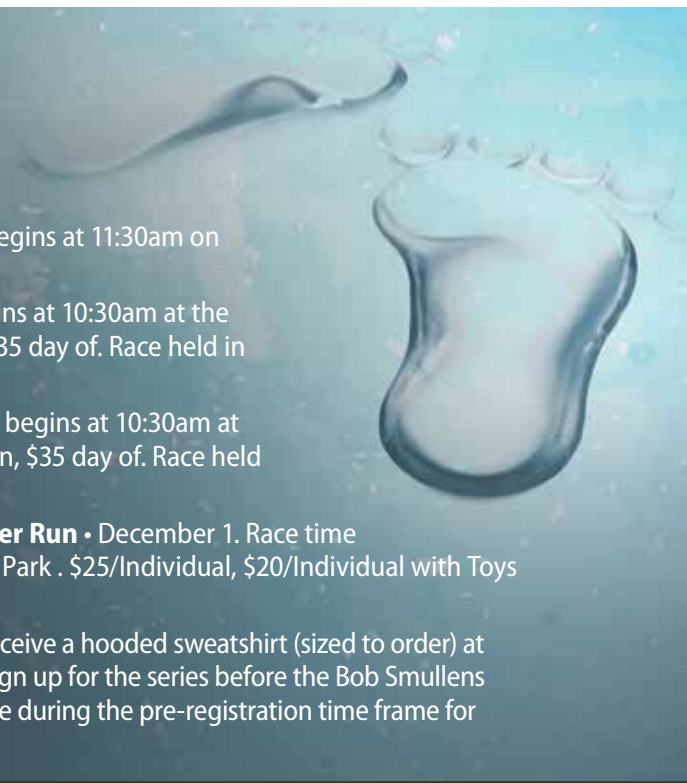
Bob Smullens 5K/10K • February 10. Race begins at 11:30am on Main Street near Pioneer Park. \$20/person.

Frozen Toes 5 Miler • February 17. Race begins at 10:30am at the Sports Center. \$25/person pre-registration, \$35 day of. Race held in all weather conditions.

Not so Frozen Toes 5 Miler • March 17. Race begins at 10:30am at the Sports Center. \$25/person pre-registration, \$35 day of. Race held in all weather conditions.

Rockin' Around Cooperstown Ugly Sweater Run • December 1. Race time TBA. Race begins at Santa's House in Pioneer Park. \$25/Individual, \$20/Individual with Toys for Tots Donation.

Participants that complete all four races will receive a hooded sweatshirt (sized to order) at the completion of the series. The racer must sign up for the series before the Bob Smullens Run. Payment and registration should be made during the pre-registration time frame for each individual race.



For more information about any of our Special Events, contact Doug McCoy by calling (607) 547-2800, ext. 111.



Special Holiday Membership Rates!

Give the Gift of Health this Year!

**December 1-30
Get 15% discount on a gift membership.
(Must be paid in full.)**

Buy 10 Personal Training sessions, and receive 2 sessions FREE!

Community Movie Nights

Family Movies begin at 7:30pm in the community room. Admission is free. Non-members must have a signed waiver on file at the Main Desk. Youth under 18 must have a parent sign in & leave an emergency contact number. Children below the age of 10 must have a parent with them.

**Saturday,
December 16**

Despicable Me 3

Power to Survive



Power to Survive

A small group, 8 week program, designed to give adults who are facing cancer the opportunity to start or continue exercising to help give them the power to feel strong both physically and mentally. This program includes the use of the facility, group fitness classes, nutrition information, and group support meeting with personal trainer.



Join us for a Holiday Open House on Sunday, December 10, 1:00-5:00pm!

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The Clark Foundation
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