

5,400 MEMBERS

# The Clark Sports Center Wins Local and State Awards



The Clark Sports Center received the **New York State Recreation and Park Society's 2018 "Exceptional Facility Design" award**. Val Paige, Director, accepted the award at the NYSRPS annual conference and awards ceremony in Syracuse. NYSRPS honors the "best of the best" in recreation and park facilities in 19 different categories including individual achievements. The Exceptional Facility Design category includes nominations from around the state for recreation centers, sports complexes, indoor/outdoor pools, water parks, gymnasiums, community centers, etc. The Clark Sports Center also received the 2018 Cooperstown Chamber of Commerce **Business of the Year** award.

## Facility Hours

**May 29–Sept 30**

Monday–Friday: **5:30am–9:00pm**

Saturday: **8:00am–5:00pm**

Sunday: **8:00am–1:00pm**

## Closures

Independence Day • **Wednesday, July 4**

Induction Weekend • **Saturday, July 28–Sunday, July 29**

Repair Week • **Monday, August 27–Sunday, September 2**

Labor Day • **Monday, September 3**



## Clark Sports Center's Otsego Composite Mountain Bike Team

### 2nd place in the New York State National Interscholastic Cycling Association Series!



The Clark Sports Center's Adventure Department's Otsego Composite Mountain Bike Team, with 20 riders in the competitive high school mountain bike racing league called National Interscholastic Cycling Association (NICA) had a chance for a NICA State Championship.

Each year NICA holds a statewide 5 race series for middle school and high school students. In the 2018 season NICA has well over 350 registered racers who fight for the podium and team ranking which makes for a ton of excitement.

This year the Clark Sports Center rider's podium (finishing in the top 5 of their category) is in so many categories of every race it would be hard to list them all. On June 3rd NICA held its Championship race. The Clark Sports Center finished 2nd in the State. For complete results, visit <http://www.newyorkmtb.org/events/results/> or <https://www.facebook.com/otsegocomposite/>.

#### Top Finishers

SAMANTHA FANION	1st place Varsity Girls	2:17:58.33
AIDAN FORBES	3rd place JV Girls	2:06:17.15
SAM LASHER	6th place JV Boys	1:43:16.60
SAMUEL LAYTON	7th Place JV Boy	1:43:23.26



### Summer Adventure Programs

Our schedule is filling up fast! We offer a variety of outdoor programs on the Sports Center grounds and organized trips around the Northeast. Our high and low outdoor ropes challenge courses are perfect for team building opportunities for your organization or youth group, and can be tailored to fit your goals and skill level. Call us at (607) 547-2800, ext. 124, to book your adventure today! For information about our back country outings, kayaking, biking, and climbing, join our email list by emailing Will Weinert at [weinertw@clarksportscenter.com](mailto:weinertw@clarksportscenter.com).

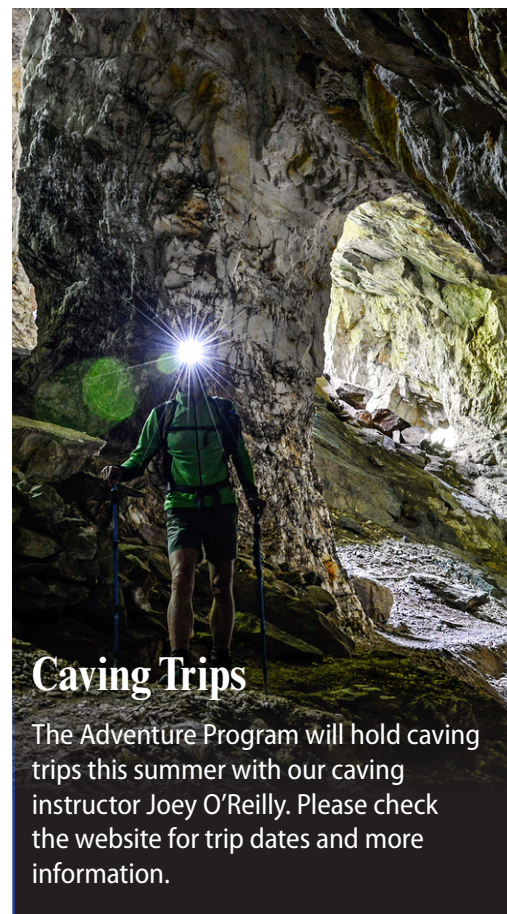


### Outdoor Community Ropes Course

Meet in the Main Lobby. Ages 12+. Free for members, \$20 non-members.  
Sign up at the Main Desk.

Wednesday, July 25  
10:00am-2:00pm

Friday, August 10  
10:00am-2:00pm



### Caving Trips

The Adventure Program will hold caving trips this summer with our caving instructor Joey O'Reilly. Please check the website for trip dates and more information.



# Athletics News



## ADULT PICKLEBALL

Sundays, 9:00-11:00am. Open to all 18+. For more information, please contact Scott Whiteman, (607) 547-2800, ext. 109

## Adult League Standings

### Wednesday Softball Standings

1. New York Pizzeria
2. Bob Putnam Agency
3. WH Lane, Inc.
4. Northern Catskill Dentists

### Monday Soccer Standings

1. Nicoletta's Café
2. The Dream Team
3. Emily's Team

## Boy's & Girl's High School Hoops Basketball Leagues

Boy's League plays Wednesdays, 5:30 to 9:30pm and starts June 20. The Girl's League starts June 18 and plays Mondays, 5:30 to 9:30pm.



### Futsal League Champs • Team Barca

Front Row, L to R: Tim Sagasti, Johnny Fernandez, Matt Maynard.

Back Row, L to R: Tareq Issa, Calliejo Sheldon, Emily Slentz, Amin Abdallah, Hisham Abdallah.



### Volleyball League Champs • Woodland Cycles

Front Row, L to R: Beth Lesko, Daryl Szarpa, Jen Snyder

Back Row, L to R: John Brotherton, Brian Stoll, Brock Anos, Chuck O'Bryan



### Kid's Dodgeball 3<sup>rd</sup> & 4<sup>th</sup> Grade Champs

L to R: Joey Paterno, Jonathan Torres, Shepard Olsen, Christian Lawson, Dylan Craig, Achilles Decoteau-Clark.



### Kid's Dodgeball 5<sup>th</sup> & 6<sup>th</sup> Grade Champs

L to R: Justin Wolfe, Riley Diamond, Frankie Panzarella, Trey Hassman.



# Register Today!

## Summer Swim Lessons July 2– 27

Lessons are free and for members only, but a credit card is required during online registration. Space is limited. Please refer to the class descriptions section to place your child in the correct level. Class space may be limited, especially in the beginning levels. Swimming lessons are offered for youth of all ages and abilities, preschool – high school. Please arrive on time. For more information, contact the Aquatics Office at (607) 547-2800, ext. 114.

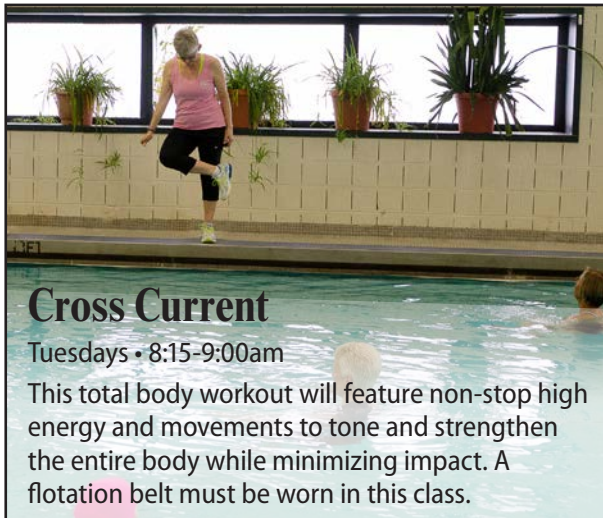
## Aquatics News



**3:30-4:00pm**  
Participants will receive a root beer or orange float following the swim lesson!

**Join us!**  
The World's Largest Swimming Lesson™  
June 21, 2018

## Looking For a New Class to Try?



**Cross Current**  
Tuesdays • 8:15-9:00am  
This total body workout will feature non-stop high energy and movements to tone and strengthen the entire body while minimizing impact. A flotation belt must be worn in this class.

## Friday Outdoor Movie Nights Coming Soon!

We're going outside, again!! Outdoor movie nights at the Sports Center begin at 9:00pm.

The Clark Sports Center will be showing their annual outdoor movies on the inflatable movie screen starting this June. Movie nights are scheduled for June 29, July 13, 20, August 3 and 10.



## 2018 Aquatic Summer Camps



**Advanced Competitive Swim Camp**  
Dates: Monday, June 25–Friday, June 29  
Time: 9:00am–1:00pm



**Jr. Lifeguard Camp**  
**Junior Guards Year 1**  
Monday, July 9–Friday, July 13 • 2:00–4:00pm  
**Junior Guards Year 2 and Beyond**  
Monday, July 16–Friday, July 20 • 2:00–4:00pm



**A Quintessential Swim Camp**  
Monday, June 25–Friday, June 29 • 8:00–10:30am



# Bowling News

## Bowling League Champs

### Men's Monday Night

Ed Kukenberger  
Rich Anderson, Sr.  
Dominick Zeh

### Women's Tuesday Night

Cynthia McCartney  
Pam Lea  
Shirley Dangl  
Maureen Kuhn

### Men's Wednesday Night

Ryan Parshall  
Cody Duncan  
William Miller, Jr.  
John Chase

### Women's Thursday Afternoon

Dawn Mindurski  
Eileen Barown  
Virginia Higgins  
Donna Yerdon

### Elementary & Middle School

Max Scharf  
Keenan Murphy

## Summer No-Tap Recreational Bowling League

**June 5-July 31**

The League meets every Tuesday night from 6:00-9:00pm.

Teams must consist of four people, two men and two women. Bowlers must be 18 years of age or older. For more information, or to register, please see Barry Gray in the Sports Center Bowling Alley, or call (607) 547-2800.

The league fee is \$5 per night for members or \$10 per night for non-members.



## Fall Bowling League

Fall Bowling Leagues begin in September. Contact Barry Gray at (607)547-2800, ext. 108, for more information.

Men's Monday Night Recreation League  
Women's Tuesday Night Recreation League  
Men's Wednesday Night Recreation League  
Women's Thursday Afternoon Recreation League



## 2018 Summer Camps & Programs

*June 25 to August 24 at  
The Clark Sports Center*

**REGISTER ONLINE TODAY!**

View all Sports/Adventure  
Camps & Programs online at  
[www.clarksportscenter.com](http://www.clarksportscenter.com).

# Health & Fitness and Racquets News



## Fundraising Spin Ride

There were 21 participants for the 90 Minute Benefit Spin Ride, led by Colleen Donnelly and Don Raddatz, on April 22. \$355 was raised for The Ride for Missing Children.

Visit [www.clarksportscenter.com](http://www.clarksportscenter.com) for information on upcoming Fundraising Spin Rides.

## Golf Fitness & Functional Movement Screening



Purchase a Golf Fitness Screen or a Functional Movement Screen for \$10 & receive a 30 minute training session. The training session will be scheduled at the same time as the screen and last for a total of 1 hour. All levels of fitness are welcome. For more information and scheduling, contact Rich Jantzi at (607) 547-2800, ext. 125, or Adam Swartout at ext. 123.


## Racquets



### Squash Club Championships

**Men's League**  
1st Place: Peter Pollock  
2nd Place: Bert Holmes

**Women's League**  
1st Place: Gwen Snyder  
2nd Place: Maureen Kuhn



# VOLUNTEER OPPORTUNITY

**Volunteer for Drops to Hops on Saturday, September 29!**  
For more information, or to register as a volunteer, please contact Matt Phillips at [phillipsm@clarksportscenter.com](mailto:phillipsm@clarksportscenter.com), or call (607) 547-2800, ext. 130.



# Special Events



## Monster Bench Press Competition

### Overall Winners

Overall Male Raw • Gary Visnofsky, 495lbs.  
Overall Male Shirted • Nick Benerakis, 650lbs.  
Overall Female Raw • Brianna Kelley, 190lbs.  
Overall Female Shirted • Kelly Duffy, 350lbs.

### Men's Raw Team Results

Grandma's House • 886.441 pts.

### Women's Raw Team Results

Gorilla Pack Girls • 495.749 pts.

### Mixed Raw Team Results

DaPack • 522.755 pts.

### Men's Shirted Team Results

Gorilla Pack • 816.071 pts.

### Men's 225lb Rep-Off Winner

Jay Townsend • 39 reps

### Women's 95lb Rep-Off Winner

Brianna Kelley • 42 reps



## Council Rock to Council Rock Run

The Council Rock to Council Rock Run was held on May 20 to support the Wounded Warrior Amputee Softball Team.

**Male** Overall: Wayne Allen, 2nd place: Brett Fritts, 3rd: Frank Wilsey, 4th: Ian Gallagher.

**Female** Overall: Lydia Dillon, 2nd place: Corlissa Card, 3rd place: Sarah Harvey, 4th place (tie): April Small, Jessica Treadwell.



## BASE RACE

5K 10K  
Be A Superior Example • Cooperstown, NY

The National Baseball Hall of Fame Base Race was held on Saturday, May 26.

**5K Overall Winners:** John Raneri & Brynn Cairns

**10K Overall Winners:** David Richards & Lydia Dillon



## RETURNING!

## Vis Vires Strongman Competition Saturday, August 18

Log Frame Deadlift • Truck Pull • Log Clean & Press • Atlas Stones • Conan's Wheel



# Introducing Member/Guest passes!



**\$75 for 10 guest passes**

**That's 50% off for adult pass including Fitness Center and 25% off for basic adult or youth with Fitness Center!**

- Can be used for adult/youth and includes use of the Fitness Center for ages 14+.
- No passes to keep track of!
- They are attached to your membership for your use when you bring a guest in.

Guest must be accompanied by the member and sign the appropriate waiver.

**ClarkSportsCenter**