

Judge John Lambert Receives Fetterman Award



Kind words and memories were shared at the Otesaga Hotel on Friday, October 11, during Judge John Lambert's luncheon to receive his award as this year's recipient of The Clark Sports Center and Clark Foundation Fetterman Award. He joined an elite group which includes his father, Paul, as Paul was the 2010 recipient. The award has been given yearly since 1993 to a community member who is dedicated to serving local youth, especially in the area of athletics, in memory of Patrick C. Fetterman, long-time Associate Director of The Clark Sports Center.

Jane Clark formally presented the award in front of a crowd of family, friends, and past award recipients. Some of John's accomplishments include: 12 years as a little league coach, former member of the Cooperstown Youth Football Board of Directors, 5 years as a Cooperstown Youth Football Coach, 10 years as an Oneonta Boys and Girls Club Pickett's League Basketball Coach, 8 years as a Cooperstown Central School Boys Jr. Varsity Basketball Coach, 9 years serving as a member of the Pathfinder Foundation Board, and currently on the Farmer's Museum Board.

"Not only all of that, but everyday interactions, the words of advice, words of support, working hard with people and organizations in this community to make sure that the right thing happens." - Jane Clark

Clark Sports Center Facility Hours

October 1–May 26

Monday–Friday, 5:30am–9:30pm

Saturday & Sunday, 8:00am–5:00pm

Closures

Christmas Eve Day • **Monday, December 24**

Christmas Day • **Tuesday, December 25**

New Year's Eve Day • **Monday, December 31**

New Year's Day • **Tuesday, January 1**

www.clarksportscenter.com

Adventure News

Indoor Rock Wall Climbing Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
After School Climb 3:00–4:30pm	After School Climb 3:00–4:30pm	After School Climb 3:00–4:30pm	After School Climb 3:00–4:30pm	After School Climb 3:00–4:30pm	Advanced Climb 8:00–11:00am
Auto Belay Climb 4:30–5:30pm	Auto Belay Climb 4:30–5:30pm	Auto Belay Climb 4:30–5:30pm	Auto Belay Climb 4:30–5:30pm	Auto Belay Climb 4:30–5:30pm	Open Climb 12:00–5:00pm
Advanced Climb 6:00–9:00pm	Advanced Climb 6:00–9:00pm	Advanced Climb 6:00–9:00pm	Advanced Climb 6:00–9:00pm	Advanced Climb 6:00–9:00pm	Sunday Open Climb 12:00–5:00pm
Please check the website for rock wall closures due to private programs					

Advanced Climb Hours: No one under the age of 12 is allowed to climb unless belayed by a parent or guardian.

Afterschool Climb Hours: Participants do not need to be accompanied by an adult. They can simply show up and climb.

Open Climb Hours: Anyone under the age of 12 must be accompanied by an adult. To climb on a top rope, a climber needs to bring a competent belay partner that is over 12 years of age. Participants assume all risk in the use of personal climbing equipment.

The Bouldering Wall • Located in the Gym Floor, open to all ages. The Wall is open year-round. Children under 12 years of age must stay below the designated line; the Wall is off limits during camps, special events, after school and league play. Free for members!

December Break Rock Wall Hours

Dec. 26–28: 12:00–4:00pm & 5:00–8:00pm

Jan. 2: 12:00–5:00pm

Winter Carnival Weekend Geocaching

Learn how to use a GPS device in this high tech global treasure hunt. Be prepared to travel by foot to various locations in all weather conditions. The Clark Sports Center will have GPS Units to share for this program. No sign up necessary. Free for members & non-members. Adults & children: groups of children must have an adult with them.

Sunday, February 10, 10:00am. Meet in Pioneer Park.

Mountain Biking Club

Thank you for a great fall mountain biking season. Riders continually improved skills by participating in group rides to Clark Tower and the new mountain biking trails at the Sports Center. Please check the Spring Schedule for spring mountain biking.



Shave/Cut Day for Heather

The Clark Sports Center held a Shave/Cut Day for Heather Henderson, our Assistant Adventure Director. Heather was diagnosed with breast cancer in August. After undergoing surgery, Heather is now going through chemotherapy treatments. She decided early on that she would shave her head before losing it to chemo, so since we are a team, our staff did too.

Thank you to everyone who participated in the shave and cut day! It was truly amazing to see everyone rock the new haircuts. Thank you for all the generous donations, well wishes, words of encouragement, and much more that you have offered at this time. You are truly an inspiration. Thank you!!

Heather Henderson



7th Annual Veterans Day Co-ed 4 v. 4 Basketball Tournament



5th & 6th Grade

L to R: Katie Crippen, Brenin Dempsey, Miles Nelen, Liana Williams.



7th & 8th Grade

L to R: Colby Diamond, Ethan Kukenberger, Meagan Schuermann, Melissa Schuermann.

Preschool Christmas Party



Thursday, December 20 • 9:00am–11:00am on the Gym Floor. **Santa arrives at 9:30am!** Dress up in your holiday's best for the Annual Preschool Christmas Party! Bring a snack to share with friends and parents! Punch will be provided.

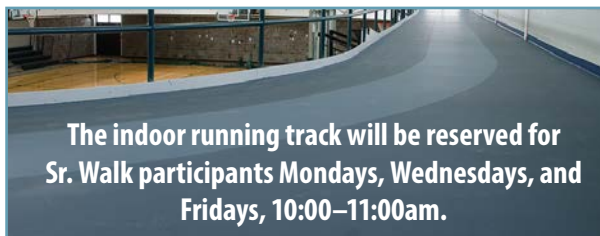
Athletics League Standings

Men's Slow Break Basketball Standings

- | | |
|-------------------------|------------------------|
| 1. State Farm Insurance | 3. 5 Star Subaru |
| 2. Oneonta Optical | 4. Upstate Bar & Grill |

Junior High Basketball Standings

- | | |
|----------|-----------|
| 1. Green | 3. Orange |
| 2. Black | 4. Maroon |



The indoor running track will be reserved for Sr. Walk participants Mondays, Wednesdays, and Fridays, 10:00–11:00am.



15th Annual Patrick C. Fetterman Memorial Basketball Tournament

Saturday–Sunday, January 19–20, 2019. Come check out the area's premiere 6th grade boy's and girl's basketball tournament!

Please note that the Gym Floor will be closed 8:00am to 5:00pm each day for the tournament. The Sports Center facility will be very busy during these hours.

Pickleball

Wednesday 9:00–11:00am

Thursday 12:00–2:00pm

Pick up games available during all time slots. Please contact Scott Whiteman (ext. 109) for information.

NEW!

7th & 8th Grade Dodgeball League

Mar 1–Apr 26
Fridays
5:30–7:30pm

**Free for
members!**

Sign-up on
the Gym Floor
February 1–16

Schedule For CCS Holidays & Snow Days

In the event of a Cooperstown Central School holiday or snow day, the Sports Center schedule will change accordingly. Upcoming holidays will occur December 26-28, January 21, and February 18-22.

Pool

All aquatic programs, except swim team, will be cancelled for the day.

Open Swim

10:00am-12:00pm and
1:00-5:00pm (2 lanes,
4:00-5:00pm).

The Teaching Pool is not available Monday, Wednesday, & Thursday 2:00-3:00pm, and Tuesday & Friday 11:00am-12:00pm.

Gym Floor

Mornings and afternoons:
Open floor (Closed for Fetterman Tourney, Sat.-Sun., January 19-20)

Evenings: Regular activities.

Bowling Alley

Open bowling during normal operating hours.

Racquet Courts

Mornings and afternoons:
Open courts.

Evenings: Regular activities.

Child Care Special Note

There will be no child care if Cooperstown Central School is on a delay or closed due to weather.

Aquatics News

First Splash at The Clark Sports Center

The Central Valley Swim League held its annual First Splash meet at the Sports Center on Saturday, November 3. The Clark Sports Center Sharks Swim Team hosted the event with two visiting teams, the Canajoharie Crocodiles, and Schoharie Valley Penguins. The First Splash was a success with over 150 swimmers competing in both individual and relay events. The Sharks Swim Team would like to send out a special thank you to the parents that volunteered their time and to the Sports Center staff that assisted with the event.

Swim Lessons

Block II Lessons end Saturday, December 15.

Block III Lessons will run January 7-February 16, with registration beginning Wednesday, January 2.

Block IV Swim Lessons will run February 25-April 13, with registration beginning Monday, February 18.

CCS Home Swim Meets

The Cooperstown Boy's Varsity Swim Team will have home swim meets on December 11, 18, 20, 21, January 10 & 15. The dates and times are subject to change. The pools will be closed during meets, 4:30pm until 30 minutes after the conclusion of the meet (usually 7:30pm). Practices are held Monday-Friday, 6:00-8:00pm.

New Class!

Tuesday, 10:00-10:30am

Aqua Tai Chi (Limit 15) • Graceful flowing movements with unique abdications with relaxing properties to support your overall balance and core building.



Aquatic Center Closure Notice

- On January 26 & February 23, the Aquatics Center will be closed for the Clark Sports Center Shark's Swim Meet from 8:00am to 2:00pm, or approximately 30 minutes after the conclusion of the meet.
- The Aquatic Center will be closed for CCS Boy's Varsity Swim Meet from 4:30pm until the end of the meet on January 10 and January 15.

WINTER CARNIVAL • February 8-10, 2019 • CSC Events

TUESDAY FEBRUARY 5

Elementary Free Throw Contest: Clark Sports Center. Free for children in grades K-6. 3:00-4:00. Sign-up on the gym floor.

FRIDAY FEBRUARY 8

Bowling Tournament: 6:00pm Clark Sports Center. For details, see page 5.

SATURDAY FEBRUARY 9

Bowling Tournament: 9:00am, Clark Sports Center. For details, see page 5.

45th Annual Bob Smullens 5k/10k Run: Registration 10:30am, race begins at 11:30pm, begins on Main Street near Pioneer Park. Sign up for this event at itsyourrace.com, or visit www.clarksportscenter.com for pre-registration, day of registration and race bag pick-up information. \$20/person \$50 Family (max 5). This race is the kickoff race for the second annual Frozen Toes Race Series. Contact Doug McCoy (mccoyd@clarksportscenter.com) for more information.

Community Movie Night: "Smallfoot" 6:00pm, Clark Sports Center. Admission is Free. Non-members must have a signed waiver on file at the Clark Sports Center. Youth under 18 must have a parent sign in and leave an emergency contact number. Children under the age of 10 must be accompanied by an adult.

SUNDAY FEBRUARY 10

Geocaching: 10:00am, meet at Pioneer Park. For details, see page 2.

NEW!

Jr. High Bowling Special (Grades 7 & 8)

January 4-April 26

Friday nights, 6:00-9:00pm

3 games for \$1.00



Winter Carnival Bowling Tournament!

Friday, February 8, 6:00pm

Saturday, February 9, 9:00am

Teams of 1 adult & 1 child (2nd grade+), and open to all members and non-members.

\$3 for members or \$6 for non-members. Sign up in the Bowling Alley or call
(607) 547-2800, ext. 108, to sign up.

Adult Bowling League High Scores

Men's Monday League

High Game:	Dave Chase, Jr.	267
High Series:	Ed Kukenberger	665

Women's Tuesday League

High Game:	Sharon Curcio	215
High Series:	Earlena Rood	571

Men's Wednesday League

High Game:	Buddy Lippitt	278
High Series:	Brian Cornish	725

Women's Thursday League

High Game:	Susan Newman	193
High Series:	Eileen Barown	511

Youth Bowling League High Scores

Elementary & Middle School High Scores

High Game:	Ben Grampp	188
High Series:	Ben Grampp	508

Preschool Bowling

Parents can bring their children, ages 3 to 5 who are not yet in school, to the Sports Center to bowl on Tuesdays, 10:30-11:00am. Parents and kids bowl for free. Bumpers and ramps are available.

BOWLING PARTY PACKAGES

The Bowling Alley is great for private birthday or group parties! To make reservations, please contact Eve Cripps at (607) 547-2800, ext. 105.

Party Includes: Shoes, Music, Party Lights & Unlimited Bowling! You may bring your own food & drink. (Limit 40 people)

Prices: \$100/Members or \$150/Non-members. Non-members must have a signed waiver form on file.

Group Fitness

During the week of
Dec. 26-30

Limited Classes will
be available. Please
check the Group
Fitness Schedule for
classes and times.

Thank you to all those
that participated
in our 90 Minute
Spinning Benefit Ride
on Sunday, November
26. The annual ride
donates 100% of
the proceeds to the
Cooperstown Food
Pantry. This year a total
of \$335 was raised.

The next ride will be
on Sunday, February
3, to benefit the
Susquehanna Animal
Shelter.



NEW!

**Jr. High
Wallyball
League**
(7th & 8th Grade)

Jan. 8-Mar. 5
Tuesdays
6:00-7:00pm

Sign-up on the
Racquets bulletin
board Dec. 17-Jan. 7



Health & Fitness and Racquets News

Here's to a New Year and Another Chance to

GET FIT RIGHT

January 7-March 3, 2019

- | | | | |
|----------------------|--------------------|--------------------|------------------------|
| → Exercise More | → Enjoy Life | → Be More Active | → Try New Activities |
| → Lose Weight | → Eat Healthier | → Regular Exercise | → Have More Energy |
| → Stay Fit & Healthy | → Drink More Water | → Get More Sleep | → Make Time to Workout |

Weekly program and checklist to assist in making resolutions stick. Earn prizes and membership credits with points from participating throughout the program. Registration begins December 17. New this year, credit for weight loss and more prizes! There is a program fee of \$10.

Golf Fitness & Functional Movement Screening

10:00am-12:00pm, December 19, 21, 28 & January 2, 4



CERTIFIED

Golf Performance Training led by TPI Certified Instructors, Rich Jantzi and Matt Smith. Pre-season golf and fitness screening including strength, balance, flexibility, and mobility. Free for members, \$10 for non-members (with purchase of a day pass). Please make an appointment by calling Rich Jantzi at (607) 547-2800, ext. 125.

Racquets

Racquetball League – Season 2 (Winter/Spring)

The league is open to both Men and Women Adults (18 and out of high school), with any skill range and willingness to participate in organized weekly match-ups with other Racquetball players. The league setup is set on a weekly match-up schedule, with scheduled league nights to allot league players opportunity to play their matches.

League play will start January 7, and will run through March 17. League will play on Tuesdays, 5:30 to 9:30pm. Registration runs December 17-January 2. The league fee is \$25 members or \$35 for non-members.

Women's Fall Doubles Tennis Champions

Steffi Division

Amy Porter & Teresa Drerup

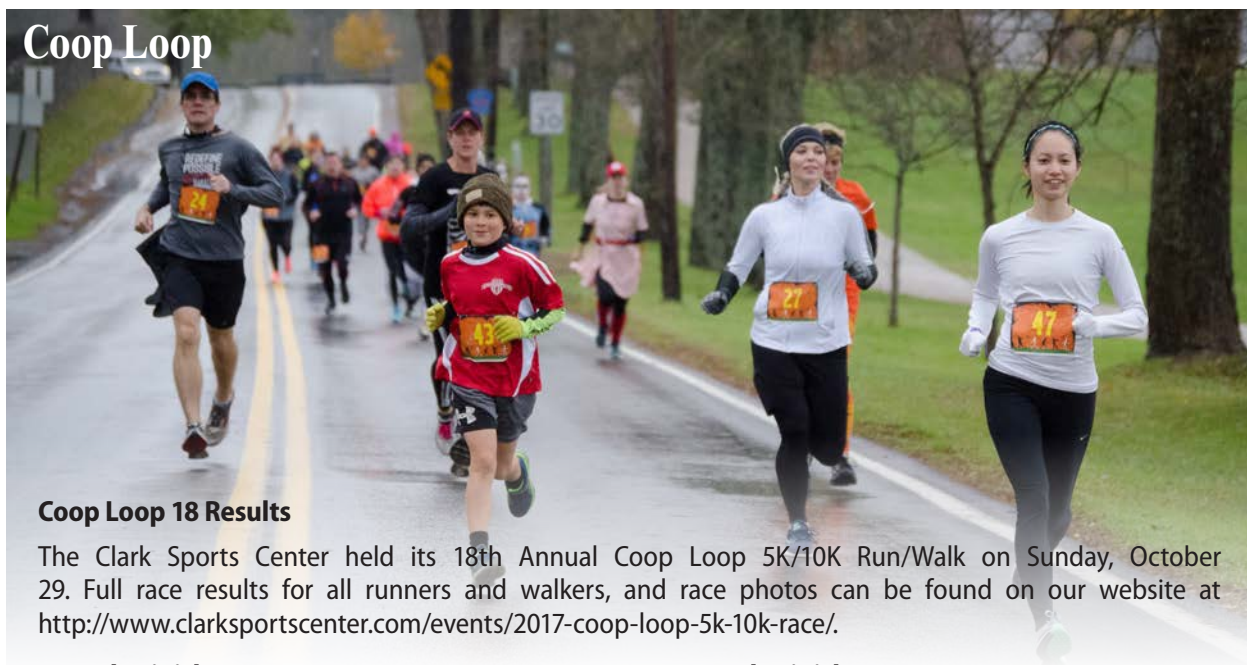
Martina Division

*Karli Erickson (.674%) & Melissa Vilacky (.586%)

*Winners determined by winning percentage due to cancelled matches.

Special Events

Coop Loop



Coop Loop 18 Results

The Clark Sports Center held its 18th Annual Coop Loop 5K/10K Run/Walk on Sunday, October 29. Full race results for all runners and walkers, and race photos can be found on our website at <http://www.clarksportscenter.com/events/2017-coop-loop-5k-10k-race/>.

Top 3 Male Finishers • 5K

Place	Name	Time
1	Tyler Cooke	18:37
2	Frank Wilsey	20:17
3	Andrew Rock	21:41

Top 3 Female Finishers • 5K

Place	Name	Time
1	Alexis Ebersole	20:26
2	Claire Jensen	21:50
2	Annelise Jensen	21:50

Top 3 Male Finishers • 10K

Place	Name	Time
1	John Raymond	42:51
2	Joseph Hempstead	43:21
3	Eric Kania	50:07

Top 3 Female Finishers • 10K

Place	Name	Time
1	Lydia Dillon	46:13
2	Amanda Chase	48:48
3	Janet Ratliff	51:51

The Frozen Toes Race Series

This is a four race series consisting of the Bob Smullens 5k/10k Run, Frozen Toes 5 Miler, Not so Frozen Toes 5 Miler, and the Rockin' Around Cooperstown Ugly Sweater Run.

Bob Smullens 5K/10K • February 9, 2019. Race begins at 11:30am on Main Street near Pioneer Park. \$20/person.

Frozen Toes 5 Miler • February 16, 2019. Race begins at 10:30am at the Sports Center. \$25/person pre-registration, \$35 day of. Race held in all weather conditions.

Not so Frozen Toes 5 Miler • March 16, 2019. Race begins at 10:30am at the Sports Center. \$25/person pre-registration, \$35 day of. Race held in all weather conditions.

Rockin' Around Cooperstown Ugly Sweater Run • December 7, 2019. Race time TBA. Race begins at Santa's House in Pioneer Park. \$25/person, \$100/Group (5 people max).

Participants that complete all four races will receive a hooded sweatshirt (sized to order) at the completion of the series. The racer must check the box for the series on the Bob Smullens Run Registration form or contact Doug McCoy to sign up. Payment and registration should be made during the pre-registration time frame for each individual race.

For more information about any of our Special Events, contact Doug McCoy by calling (607) 547-2800, ext. 111.



Special Holiday Membership Rates!

Give the Gift of Health this Year!

December 1-30
Get 15% discount
on a gift membership.
(Must be paid in full.)

Receive 1/2 hour
of FREE personal
training
with a new
membership
(must be 14+)



INDOOR
COMMUNITY
MOVIE
NIGHT

Family Movies begin
at 6:00pm in the
community room.
Admission is free.
Please see the website
for more information.

December 15
Christopher Robin

January 26
*The House with a
Clock in its Walls*

February 9
Smallfoot

2018 Rockin' Around Cooperstown Ugly Sweater Run/Walk



Top Finishers



1. Mark Stephenson (00:24:58)
2. Frank Wilsey (00:26:17)
3. William Slentz (00:26:30)



1. Sarah Renaud (00:28:36)
2. Lydia Dillon (00:28:48)
3. Kelly Small (00:30:49)

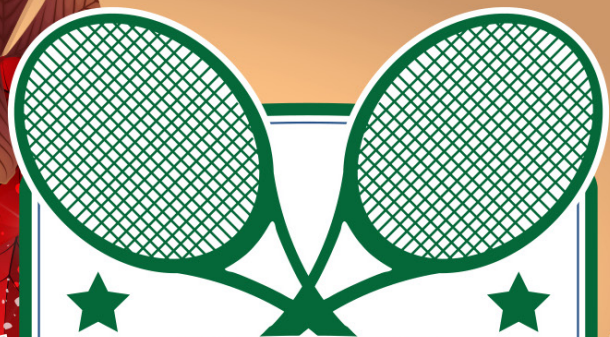
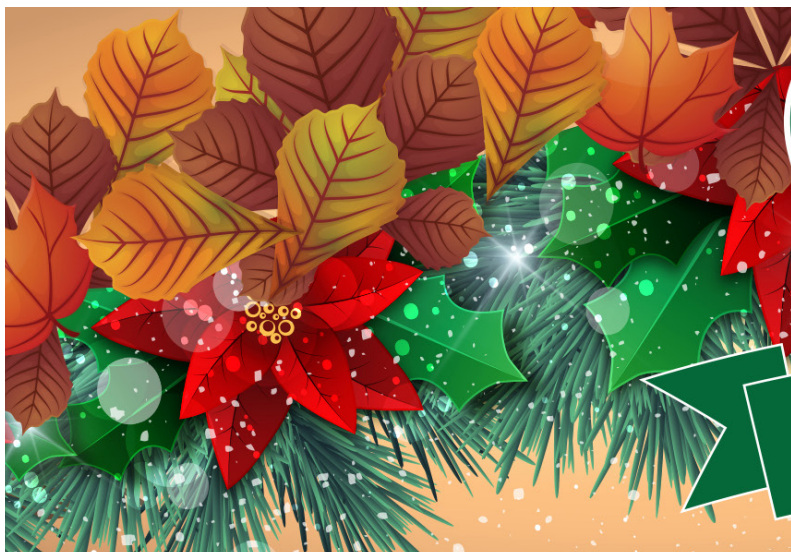
Ugly Sweater winners



- Group Ugly Sweater Winners**
Marie Horning, Theresa Johnson, Marcy Matis, Amy Trombecky, Stefanie Obkirchner and their furry friends



- Individual Ugly Sweater Winner**
Peter Green, Jr.



Christmas Tournament • Saturday, December 15

Tournament begins at 9:00am. \$15 per member or \$25 per non-member. Tournament include singles Squash & Racquetball brackets. Must be 18 years of age or older to play. Register online!