On Monday, October 21, The Clark Sports Center and Clark Foundation had the pleasure of honoring Pete Henrici with the 2019 Patrick C. Fetterman Award. The award has been given yearly since 1993 to a community member who is dedicated to serving local youth, especially in the area of athletics, in memory of Patrick C. Fetterman, long-time Associate Director of The Clark Sports Center.

Jane Clark formally presented the award in front of a crowd of family, friends, and past award recipients. Pete Henrici was a longtime baseball coach for Cooperstown Central School and in youth baseball, he is also a scoutmaster for the local Boy Scouts of America troop, taught Latin at CCS, and has owned a store, Baseball Nostalgia, for decades.
Adventure News

Indoor Rock Wall Climbing Hours

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>After School Climb: 3:00–4:30pm</td>
<td>After School Climb: 3:00–4:30pm</td>
<td>After School Climb: 3:00–4:30pm</td>
<td>Guys Climb: 9:30-11:00am</td>
<td>Women’s Climb: 8:00-10:00am</td>
<td>Adult Climb: 8:30–11:30am</td>
</tr>
<tr>
<td>Open Climb: 4:30–5:30pm</td>
<td>Open Climb: 4:30–5:30pm</td>
<td>Open Climb: 4:30–5:30pm</td>
<td>After School Climb: 3:00–4:30pm</td>
<td>After School Climb: 3:00–4:30pm</td>
<td>Open Climb: 12:00–5:00pm</td>
</tr>
<tr>
<td>Adult Climb: 6:00-9:00pm</td>
<td>Adult Climb: 6:00-9:00pm</td>
<td>Adult Climb: 6:00-9:00pm</td>
<td>Adult Climb: 6:00-9:00pm</td>
<td>Adult Climb: 6:00-9:00pm</td>
<td>Open Climb: 12:00–5:00pm</td>
</tr>
</tbody>
</table>

Please check the website for rock wall closures due to private programs.

Adult Climb: This time is designated for adults ages 16+.
After School Climb: This time is designated for youth in grades K-7 only.
Open Climb: To climb on a top rope a climber needs to bring a competent belay partner that is at least 12 years of age, but auto belays for everyone!
Participants assume all risk in the use of personal climbing equipment.

December Break Rock Wall Hours
December 23, 26 & 27: 12:00–4:00pm & 5:00–9:00pm
December 28 & 29: 12:00–5:00pm

Winter Carnival Weekend Geocaching
Learn how to use a GPS device in this high tech global treasure hunt. Be prepared to travel by foot to various locations in all weather conditions. The Clark Sports Center will have GPS Units to share for this program. No sign up necessary. Free for members & non-members. Adults & children: groups of children must have an adult with them.
Sunday, February 9, 10:00am. Meet in Pioneer Park.

Mountain Biking Club
The Clark Sports Center’s Mountain Bike Club wrapped up with their last ride party! The MTB Club is a developmental program for kids 10+. Coaches share drills and techniques to enhance skills like cornering, bike body separation, rolling over obstacles and handling the controls of the bike. Our primary goal is to encourage a lifelong love of cycling.

Turkey Memorial Climbing Competition
Participants face challenges like the ball & chicken toss, assembling a Thanksgiving outfit while climbing, wall hang & climbing with a beach ball!
Look for our next climbing competition during Winter Carnival.

WINNERS!
Athletics News

Preschool Play Halloween Party

7th Annual Veterans Day Co-ed 4 v. 4 Basketball Tournament

5th & 6th Grade
Miles Nelen, Brennin Dempsey, Liana Williams, Ava Noel.

7th & 8th Grade
Charlie Lambert, Troy Davis, Tori France, Rory Nelen

Preschool Play Christmas Party

Tumble Buddies

The indoor running track will be reserved for Sr. Walk participants Mondays, Wednesdays, and Fridays, 10:00–11:00am.
First Splash at The Clark Sports Center

The Central Valley Swim League held its annual First Splash meet at the Sports Center on Saturday, November 2. The Clark Sports Center Sharks Swim Team hosted the event with two visiting teams, the Canajoharie Crocodiles, and Schoharie Valley Penguins. The First Splash was a success with over 85 swimmers competing in both individual and relay events. The Sharks Swim Team would like to send out a special thank you to the parents that volunteered their time and to the Sports Center staff that assisted with the event.

Swim Lessons

Block III Lessons will run January 6–February 15, with registration beginning Monday, December 30. No lessons after 4:00pm on January 7, 9, & 14. No lessons January 20 & 25

Classes Added!
- Parent/child 1, Thursday, 5:30-6:00pm
- Frogs, Thursday, 6:00-6:30pm
- School Age, Level 1, Thursday, 6:30-7:00pm

Waterfront Lifeguard Training Course

Monday, February 17–Friday, February 21
9:00am–5:00pm with lunch break (must bring own)

Cost (includes non-refundable deposit): Members $275; Non-Members $350

Course includes: American Red Cross Lifeguard Training, American Red Cross CPR/AED and First Aid for the Professional Rescuer, and American Red Cross Waterfront Lifeguarding Module.

Visit www.clarksportscenter.com for more information.
**Bowling News**

**Preschool Bowling**
Parents can bring their children, ages 3 to 5 who are not yet in school, to the Sports Center to bowl on Tuesdays, 10:30–11:00am. Parents and kids bowl for free. Bumpers and ramps are available.

**Winter Carnival Bowling Tournament!**
Friday, February 7, 6:00pm
Saturday, February 8, 9:00am

Teams of 1 adult & 1 child (2nd grade+), and open to all members and non-members. $3 for members or $6 for non-members. Sign up in the Bowling Alley or call (607) 547-2800, ext. 108, to sign up.

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**League High Scores**
High Game: Ross Bomley 154; High Series: Ross Bomley 265; High Average: Ross Bomley 105

**Adult Bowling League High Scores**

**Men’s Monday League**
High Game: Chuck Hascup 269
High Series: Mike Gage 680

**Women’s Tuesday League**
High Game: Earlena Rood 210
High Series: Earlena Rood 559

**Men’s Wednesday League**
High Game: Matt Curtis 278
High Series: Keith Dickison 703

**Women’s Thursday League**
High Game: Sharon Curcio 212
High Series: Sharon Curcio 589

**Youth Bowling League High Scores**

**Elementary & Middle School High Scores**
High Game: Anthony McCoy 197
High Series: Kaden Card 507
Health & Fitness and Racquets News

Here's to a New Year and Another Chance to

GET FIT RIGHT

January 6-March 1, 2020

› Exercise More
› Enjoy Life
› Be More Active
› Try New Activities

› Lose Weight
› Eat Healthier
› Regular Exercise
› Have More Energy

› Stay Fit & Healthy
› Drink More Water
› Get More Sleep
› Make Time to Workout

Weekly program and checklist to assist in making resolutions stick. Earn prizes and membership credits with points from participating throughout the program. Registration began December 2. New this year, credit for weight loss and more prizes! There is a program fee of $10.

Benefit Spin Ride

Thank you to all those that participated in our 90 Minute Spinning Benefit Ride on Sunday, December 1. The annual ride donates 100% of the proceeds to the Cooperstown Food Pantry. This year a total of $355 was raised.

The next 90 Minute Spinning Benefit Ride is February 2. Visit www.clarksportscenter.com for more information.

Racquets

Winter Racquets Leagues

Racquetball, Squash, and Doubles Squash Leagues are open to both Men and Women Adults (18 and out of high school), with any skill range and willingness to participate in organized weekly match-ups with other Racquetball players. The league setup is set on a weekly match-up schedule, with scheduled league nights to allot league players opportunity to play their matches.

League play will start January 7, and will run through March 19 League will play on Tuesdays, 5:30 to 9:30pm. Registration runs December 16-January 3. The league fee is $25 members or $35 for non-members.

Women’s Fall Doubles Tennis Champions

<table>
<thead>
<tr>
<th>Division</th>
<th>Champions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Martina Division</td>
<td>Melissa Vilacky &amp; Sheryl Dulovich</td>
</tr>
<tr>
<td>Billy Jean Division</td>
<td>Melissa Barry &amp; Nicole Dillingham</td>
</tr>
<tr>
<td>Steffi Division</td>
<td>Ellen Tillapaugh (.615%) &amp; Kim Potts (.59%)</td>
</tr>
</tbody>
</table>

(Finals cancelled due to weather. Winners determined by winning percentage.)
Coop Loop 19 Results
The Clark Sports Center held its 19th Annual Coop Loop 5K/10K Run/Walk on Sunday, October 27. Full race results for all runners and walkers, and race photos can be found at www.clarksportscenter.com.

Top 3 Male Finishers • 5K

<table>
<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Justin Stephens</td>
<td>17:15</td>
</tr>
<tr>
<td>2</td>
<td>Bryce Chirico</td>
<td>19:39</td>
</tr>
<tr>
<td>3</td>
<td>Andrew Rock</td>
<td>20:10</td>
</tr>
</tbody>
</table>

Top 3 Female Finishers • 5K

<table>
<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Annelise Jensen</td>
<td>20:25</td>
</tr>
<tr>
<td>2</td>
<td>Gabriella Raymond</td>
<td>21:50</td>
</tr>
<tr>
<td>3</td>
<td>Claire Jensen</td>
<td>22:35</td>
</tr>
</tbody>
</table>

Top 3 Male Finishers • 10K

<table>
<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Charles Hollister</td>
<td>38:16</td>
</tr>
<tr>
<td>2</td>
<td>Travis Nevins</td>
<td>41:36</td>
</tr>
<tr>
<td>3</td>
<td>Frank Wilsey</td>
<td>42:15</td>
</tr>
</tbody>
</table>

Top 3 Female Finishers • 10K

<table>
<thead>
<tr>
<th>Place</th>
<th>Name</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Alexis Stephens</td>
<td>45:19</td>
</tr>
<tr>
<td>2</td>
<td>Lydia Dillon</td>
<td>46:14</td>
</tr>
<tr>
<td>3</td>
<td>Jocelyn Waite</td>
<td>49:15</td>
</tr>
</tbody>
</table>

“A” Race • Overall Male & Female
Joshua Graves (01:54:50) & Chandra Russo (01:59:45)
TEAM Winner: FLCCCHRIS/CookiesSwan CYCLES

“B” Race • Overall Male & Female
Edward Curley (01:04:08) & Evan Kujawski (01:05:06)

2019 Rockin’ Around Cooperstown Ugly Sweater Run/Walk

Thank you to the Cooperstown Chamber of Commerce for partnering with us, as well as our event sponsors Stagecoach Coffee, Cooley’s Stone House Tavern, Northern Eagle Beverages, Inc. and Ommegang! And thank you to all of our runners! Proceeds from the race are donated to Helios Care, who help make the holidays a bit brighter for those who have lost a loved one. Visit www.clarksportscenter.com for race results and photos.
Member Highlights

Women who Climb, every Friday from 8:00-10:00am
Are you interested in joining a community of strong, supportive women ranging in ages from 25 to 70? Have you ever looked at the rock wall and thought “Could I do that?”
If your answer is a “yes” or even a “maybe,” stop by on Friday mornings to get a taste of the Sport Center’s newest club: “Women who Climb”! What started as 4 intrepid female climbers looking to establish a weekly climbing club has grown into a group 35-women-strong. The club has proven to be a physical and mental challenge for its members, who each have varying degrees of fitness, strength and health background. ‘Women who Climb’ has several cancer survivors in the group as well as many who are working to overcome fear of heights and lack of self-confidence. All equipment is provided plus unique camaraderie and support from an enthusiastic group of women. Come join us every Friday at 8 am!
Written by: Stephanie Talaia-Murray & Donna Mackie

Our Senior Walk, Prime Time, and Sit and Get Fit participants gathered together for their annual holiday party. They were singing the 12 Days of Christmas the entire way to the trees!

Youth Day Trips
Middlefield Orchard
Cornstalk Teepee & Hay Fort
Fly Creek Valley Corn Maze & Pumpkin Patch

Clark Sports Center member, Ruth Stewart, continues to prove that age is just a number! At 90 years young, Ruth participated in our Outdoor Community Ropes Course.

Our Women's Fall Tennis League proudly supports Breast Cancer Awareness month!