

Clark Sports Center 2024 Summer Camps

July 1 to August 23



ClarkSportsCenter

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→ **Member Registration: April 15**

Non-member Registration: April 22 ←

Physical Address • 124 Cty. Hwy. 52, Cooperstown, N.Y. 13326 | Mailing Address • P.O. Box 850, Cooperstown, N.Y. 13326
Phone: (607) 547-2800 • Fax: (607) 547-4100 | www.clarksportscenter.com

2024 Summer Camp Information

Registration

Member Registration

Member registration for Summer Camps/Programs will begin ONLINE at 8:30am on Monday, April 15. In order to register online as a member, you must have an active online account through the member portal or the Clark Sports Center App. Please contact the Main Desk at (607) 547-2800 with any registration questions.

Note: In order to qualify for member registration, the participant must be an active member at the time of registration and camp/program.

IT'S RECOMMENDED THAT THIS BE DONE AT LEAST ONE WEEK PRIOR TO CAMP SIGN-UP DATES.

Non-member/Inactive Member Registration

Your membership must be active status in order to pay the member prices for camps/programs. You will be unable to activate your membership and sign up with member pricing on the same day. It is recommended that you activate your membership at least 1 week before you plan on registering someone for camp/program.

Non-member registration will begin ONLINE on Monday, April 22. Access the online portal on the homepage of clarksportscenter.com and check in as a non-member. (Click on "Access My Account" on the top right of the Club Automation login screen.)

Cancellations

In the event your child cannot participate in a camp they are enrolled in, please refer to the schedule below for securing a refund of all or part of your tuition. The Sports Center retains a \$15 registration fee for all cancellations.

- 30 days prior to camp start: 100% of tuition refunded (- \$15)
- 15–29 days prior to camp start: 50% of tuition refunded (- \$15)
- Cancellations made within 14 days of camp start: 100% forfeit of the tuition.

If a camp does not fill with a minimum number of participants, The Clark Sports Center reserves the right to cancel or combine two different sessions with low enrollment. We will notify participants in advance and you will receive a full tuition refund if we cannot find a substitute arrangement.

For safety reasons, The Clark Sports Center reserves the right to remove a participant from a program or to cancel all or part of a camp at any time. Participants may be removed from camp for violations of camp regulations, showing disrespect to the camp or facility staff, damaging equipment, or any other behavior which is harmful to The Clark Sports Center.

Instruction and Supervision

All camps and trips are staffed by trained instructors who bring extensive experience, education, and advanced certifications including Wilderness First Responder, First Aid, CPR, AED, coaching, and Lifeguarding. They are professionals in their respective fields and are well equipped to provide safe, educational and fun experiences. Activities are designed and delivered in accordance with quality and safety guidelines established by the Sports Center and New York State.

What To Bring

Sports Camps

Each camp requires different apparel depending on the sport involved. Please make sure all participants are dressed appropriately for their activity. Clean, non-marking sneakers or spikes, comfortable athletic clothing or bathing suit, towel, and personal water bottles are required. The Clark Sports Center will supply most equipment.

Adventure Camps

Please make sure all participants are dressed appropriately for their activity.

Adventure Camp Special Notes

Our camps do not meet the definition of children's camps under New York State regulations; therefore, they are not regulated by the NYS Department of Health.

Assumption of Risk Form

An Assumption of Risk waiver form is required and must be signed by a parent or guardian for all camp participants. Active members have one on file. Non-members can pick up a form at the Main Desk or on our website at www.clarksportscenter.com.

2024 Summer Camps Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 30	July 1	2	3	4 (NO CAMPS)	5	6
Creative Movement (pg. 9), Golf Travel (pg. 11), Kids Fun Fitness Sampler (pg. 11), Volleyball (pg. 13)						
Adirondack Climbing Day Camp (pg. 5), Little Adventure (pg. 6), Science (pg. 7)						
7	8	9	10	11	12	13
Fun with Dance (pg. 10), Middle/High School Bowling (pg. 12), Themed Yoga Fun & More (pg. 13)						
Science (pg. 7)						
14	15	16	17	18	19	20
Bowling (pg. 9), Fiction Fun & Reading (pg. 10), Fishing (pg. 10), Fun with Dance (pg. 10), Jr. Lifeguard (pg. 11), Music & Movement (pg. 12)						
Science (pg. 7)						
21	22	23	24	25	26	27
Music & Movement (pg. 12), Soccer (pg. 12)						
3-Day Adventure Sampler (pg. 5), Geocaching (pg. 6), Little Adventure (pg. 6)						
28	29	30	31	August 1	2	3
Advanced Competitive Swim (pg. 8), Basketball-Boys (pg. 9), Little Athletes (pg. 11), Preseason Football Training (pg. 12),						
Little Adventure (pg. 6)						
4	5	6	7	8	9	10
Developmental Competitive Swim (pg. 10), Fiction Fun & Reading (pg. 10), Fun with Dance (pg. 10), Preseason Football Training (pg. 12), Soccer (pg. 12)						
Rumney, NH, Overnight Climbing (pg. 7)						
11	12	13	14	15	16	17
Baseball (pg. 8), Basketball-Girls (pg. 9), Bowling (pg. 9), Fun with Dance (pg. 10), Tennis (pg. 13)						
Adirondack Mountain Bike Overnight (pg. 6), Adventure Day (pg. 6)						
18	19	20	21	22	23	24
3-Day Adventure Sampler (pg. 5)						
25	26	27	28	29	30	31
SHUTDOWN WEEK						

Adventure Camps

Enrollment

Member Registration

Member registration for Summer Camps/Programs will begin ONLINE at 8:30am on Monday, April 15. In order to register online as a member, you must have an active online account through the member portal or the Clark Sports Center App. Please contact the Main Desk at (607) 547-2800 with any registration questions.

Note: In order to qualify for member registration, the participant must be an active member at the time of registration and camp/program.

Non-member/Inactive Member Registration

Your membership must be active status in order to pay the member prices for camps/programs. You will be unable to activate your membership and sign up with member pricing on the same day. It is recommended that you activate your membership at least 1 week before you plan on registering someone for camp/program. Upon activation you will be sent online credentials.

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2024 Adventure Camps

3-Day Adventure Sampler	5
Adirondack Climbing Day Camp	5
Adirondack Mountain Bike Overnight	6
Adventure Day	6
Geocaching	6
Little Adventure	6
Rumney, NH, Overnight Climbing	7
Science	7

3-Day Adventure Sampler



Time: Tues/Wed, 8:00am–5:00pm, Thurs, 6:00am-8:00pm

Grades: 5-7 **Limit:** 9

Cost: \$350 Members or \$450 Non-members

Session One • Beginner: Tues, July 23–Thurs, July 25

Session Two • Advanced: Tues, August 20–Thurs, August 22

Come join our 3-Day Adventure Sampler. Participants will get a chance to sample Rock Climbing, Mountain Biking, and White-Water Rafting.

Session 1: Beginner Adventure Sampler. This camp is designed for beginners who are exploring these adventures. No experience necessary. If you have a bike that is great bring it along on Wednesday.

Session 2: Advanced Adventure Sampler. This camp is designed for participants who have participated in our after-school mountain biking and our afterschool little whippers climbing club.

Participants should come with water, sunscreen, change of clothes, lunch, bathing suit and anything else they may need for the day.

Adirondack Climbing Day Camp



Dates: Monday, July 1–Wednesday, July 3

Time: 8:00am-5:00pm

Grades: 4-6 **Limit:** 9

Cost: \$350 Members or \$450 Non-members

Are you ready to push yourself for three days to new heights that you have never imagined you could obtain? Are you ready to immerse yourself in the sanctity of nature and slow down your busy summer schedule? You have come to the right place. The next three days are going to be spent learning not only the fundamentals of outdoor rock climbing, but the capabilities that lie within us. Everyone has their own abilities and goals, and we will work to address and obtain these benchmarks. This three-day camp will be an experience you soon won't forget.

Adirondack Mountain Bike Overnight



Dates: Monday, August 12–Wednesday, August 14
Time: Drop-off - 9:00am, Monday, August 12
Pick-up - 5:00pm, Wednesday, August 14
Grades: 5-8 **Limit:** 8
Cost: \$450 Members or \$550 Non-members

We are excited to have you join us for three days, riding some of the sweetest trails in the beautiful Adirondacks. If needed, the Adventure Department has all the equipment you will need to start off right. It is recommended that you have your own bike and ride often. **This is not a beginner trip!**

After registration you will be emailed a packet with papers that need to be signed and returned to The Clark Sports Center Adventure Department at least two weeks before the first day of your trip. This is a trip for experienced mountain bikers who need minimal instruction and good climbing fitness.

Adventure Day



Dates: Monday, August 12–Friday, August 16
Time: 9:00am-4:00pm
Grades: 3-4 **Level:** Easy to Moderate
Cost: \$300 Members or \$400 Non-members
Limit: 9

Adventure Day is back! Join us for adventure packed days hiking, swimming, and learning about nature. Participants should come daily with a lunch, closed toe shoes, bathing suit, backpack to carry stuff and a water bottle. We will finish the week cooling off at Zoom Flume Water Park.

Geocaching



Dates: Monday, July 22–Friday, July 26
Times: 8:00am-12:00pm
Grades: 6-8 **Limit:** 10
Cost: \$175 Members or \$275 Non-members

We look forward to your participation in The Clark Sports Center Beginner GPS Camp this summer. We will spend our morning finding local geocaches and learning all about geocaching in our local area.

What to Bring: Snacks, water bottle, jacket, sweatshirt or raincoat in case the weather doesn't cooperate. We will be outdoors on several of the days, so sunscreen or insect repellent may be an item to consider. Bringing a swimsuit every day is recommended, in the event we get the chance to go swimming.

Little Adventure



Time: 1:00-4:00pm
Limit: 18

Session One • Monday, July 1–Friday, July 5 [NO CAMP July 4],
Grades: K-2

Cost: \$100 Members or \$200 Non-members

Session Two • Monday, July 22–Friday, July 26

Grades: K-2

Cost: \$125 Members or \$225 Non-members

Session Three • Monday, July 29–Friday, August 2

Grades: 3-4

Cost: \$125 Members or \$225 Non-members

Join the Adventure Department for some fun this summer with our new afternoon adventures, we will be creek walking, hiking, shelter building, learning about nature and much more. This is a perfect afternoon camp for your adventurous child. Children should bring a change of clothes, water and a snack. Please apply sunscreen before coming to camp.

Rumney, NH, Overnight Climbing



Dates: Monday, August 5–Friday, August 9
Time: Drop-off - 9:00am, Monday, August 5
Pick-up - 5:00pm, Friday, August 9
Grades: 5-8 **Limit:** 8
Cost: \$700 Members or \$800 Non-members

Are you ready to push yourself for five days in the sport climbing Meca that is Rumney, New Hampshire? During this five-day camp, students will focus on the fundamentals of outdoor rock climbing and leadership skills. Everyone has their own abilities and goals, and we will work to address and obtain these benchmarks. This five-day camp will be an experience you soon will not forget.

After registration you will be emailed a packet with papers that need to be signed and returned to The Clark Sports Center Adventure Programs at least two weeks before the first day of your trip. This is a trip for experienced climbers who need minimal instruction and good climbing fitness.

Science



Time: 8:00am-12:00pm
Grades: 3-5 **Limit:** 10
Cost: Session One–\$140 Members or \$240 Non-members
Session Two & Three– \$175 Members or \$275 Non-members

Session One • Monday, July 1–Friday, July 5 [No camp July 4]

Session Two • Monday, July 8–Friday, July 12

Session Three • Monday, July 15–Friday, July 19

We look forward to your participation in The Clark Sports Center Science Exploration Camp this summer. Each day is spent exploring the exciting world of science, with at least two different science activities. These activities include science experiments, games, and other fun science events.

What to Bring: Snacks, water bottle, jacket, sweatshirt or raincoat in case the weather doesn't cooperate. We will be outdoors on several of the days, so sunscreen or insect repellent may be an item to consider. Bringing a swimsuit every day is recommended, in the event we get the chance to go swimming.



Sports Camps

Enrollment

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2024 Sports Camps

Advanced Competitive Swim	8
Baseball.....	8
Basketball.....	9
Bowling.....	9
Creative Movement & Art.....	9
Developmental Competitive Swim	10
Fiction Fun & Reading	10
Fishing.....	10
Fun with Dance	10
Golf Travel.....	11
Jr. Lifeguard	11
Kids Fun Fitness Sampler	11
Little Athletes	11
Middle/High School Bowling.....	12
Music & Movement.....	12
Preseason Football Training	12
Soccer	12
Tennis.....	13
Themed Yoga Fun & More	13
Volleyball	13

Advanced Competitive Swim Camp



Dates: Monday, July 29–Friday, August 2

Time: 1:00-4:00pm

Grades: 4-12

Cost: \$100 Members or \$150 Non-members

Location: Aquatics Center

Limit: 16

Advanced Competitive Swim Camp is for swimmers that are currently on a competitive swim team. Camp participants will be working on technique, drills and endurance for the 4 competitive swim strokes, as well as competitive starts, turns and finishes, nutrition, and dryland.

Baseball



Dates: Monday, August 12–Friday, August 16

Time: 1:00-4:00pm

Grades: 3-7

Cost: \$100 Members or \$150 Non-members

Location: Gym Floor & Baseball Fields

Limit: 30

This camp will be run by Cooperstown Modified baseball coach John Congdon with assistance from Clark Sports Center staff and local area players. This camp will provide skill work in all aspects of baseball as well as games and skill competition. Campers will need a glove, cleats, water bottle and proper baseball attire. (Baseball pants or sweats) Also campers will need sneakers each day if weather forces us inside.

Basketball Camp - Boys



Dates: Monday, July 29–Friday, August 2
Time: 9:00am-12:00pm
Grades: 3-7
Location: Gym Floor
Cost: \$100 Members or \$150 Non-members
Limit: 50

Basketball camp will be run by Clark Sports Center boys basketball coach Scott Whiteman. Local coaches and current college players will be lending a hand as well. This camp will focus on skills and fundamentals while mixing in games and competition. This camp is focused on fun and preparing each player for their upcoming season.

Basketball Camp - Girls



Dates: Monday, August 12–Friday, August 16
Time: 9:00am-12:00pm
Grades: 3-7
Location: Gym Floor
Cost: \$100 Members or \$150 Non-members
Limit: 50

This camp will be run by Clark Sports Center girls coach Mitch Bouton and Cooperstown High School Varsity coach Mike Niles. Local coaches and current college players will be lending a hand as well. This camp will focus on skills and fundamentals to make sure your camper is ready for the next level. We will also have some competition and fun games to complete an all-around great experience.

Bowling



Grades: 3-6
Location: Bowling Alley
Cost: \$100 Members or \$150 Non-members
Limit: 18 per session

Session One • Monday, July 15–Thursday, July 18 [4 days],
9:00am-12:00pm.

Session Two • Monday, August 12–Thursday, August 15, [4 days]
9:00am-12:00pm.

Bowling Camp will be instructed by Clark Sports Center Athletics Director Barry Gray with assistance from Mike Kenney. Campers will learn the basic 4 step approach, while working on fundamentals through drills and competition, plus one on one instruction. Thursday will be the camp tournament with awards, pizza and drinks. Come join us for some fun! 4 Campers minimum to run camp.

Creative Movement & Art



Dates: Monday, July 1–Wednesday, July 3 [3 days]
Time: 8:30-11:30am
Grades: K-2 **Limit:** 10
Location: Studio, Meeting Room, Outside
Cost: \$90 Members or \$140 Non-members

Directed by SUNY Cobleskill Early Childhood Educator and licensed Zumba instructor, Suzanne Fine, this 3-day summer camp will focus on nature, creative movement, the visual arts, and fun! We will walk the nature trail and have a scavenger hunt, play animal charades, create our very own nature mural and other works of art. Campers should wear comfortable clothing, outdoor shoes, hats, and layers, sunscreen and bug spray. Please bring a snack and a water bottle too.

Developmental Competitive Swim



Dates: Monday, August 5–Friday, August 9

Time: 9:00am-12:00pm

Grades: 1-6

Cost: \$100 Members or \$150 Non-members

Location: Aquatics Center

Limit: 12

Developmental Competitive Swim Camp is for swimmers that are currently on a developmental swim team, or are looking to join a swim team. Camp participants will be working on technique, drills, as well as competitive starts, turns and finishes. For safety reasons, children that join this camp must be able to swim unassisted 25 yards of Front Crawl, 25 yards of Back Crawl, and be able to do a headfirst entry into water 8 feet deep. A swim test to determine eligibility for the camp will be administered on the first day.

Fiction Fun & Reading



Grades: 1-3

Cost: \$150 Members or \$200 Non-members

Limit: 15 per session

Session One • Monday, July 15–Friday, July 19, 1:00-4:00pm.

Session Two • Monday, August 5–Friday, August 9, 9:00am-12:00pm.

This camp will be run by Cooperstown Central School 1st grade teachers Maegan Whiteman and Lindsey Hayes. This camp will be all about enhancing your child's love of reading and creativity. This camp will be based at the Clark Sports Center but will utilize the grounds, as well as areas within walking distance that will help spark creative thoughts and ideas. If your child loves to read, create and use their mind, this is the camp for them. Please bring a water bottle and snack for the day. Sneakers are recommended as well as sunscreen.

Fishing



Dates: Monday, July 15–Friday, July 19

Time: 9:00am-4:00pm

Grades: 6-12

Cost: \$200 Members or \$300 Non-members

Location: Meet at CSC.

Limit: 20

This new camp will be run by Clark Sports Center staff Mitch Bouton and Mike Kenney. Mike and Mitch bring extensive knowledge of fishing and will look to enhance your child's love of the outdoors and fishing. The kids will visit different locations and learn different techniques. Each child is required to have their own pole and bring a lunch, water bottle and sunscreen each day. The Camp will supply bait each day.

Fun with Dance



Cost: \$150 Members or \$200 Non-members

Location: Studio, Meeting Room, and outside.

Limit: 12

Session One: Grades 4-6, July 8–12, 8:30-11:30am

Session Two: Grades K-3, July 15–19, 1:00-4:00pm

Session Three: Grades K-3, August 5–9, 8:30-11:30am

Session Four: Grades 4-6, August 12–16, 1:00-4:00pm

This week-long introductory camp will include instruction in Ballet, Jazz, Hip-Hop and Zumba. Activities will also include dance related crafts, active games, stories and some time spent outdoors. The camp will conclude with a 30-minute recital. Campers should wear comfortable clothing and sunscreen, have outdoor shoes, hat and layers. Please bring a water bottle and snack. Ballet slippers and jazz shoes are recommended but not required. This camp will be directed by Edna Gonzalez-Dau. Edna has been teaching different styles of dance for 30 years and is a licensed Zumba instructor.

Golf Travel



Dates: Monday, July 1–Wednesday, July 3 [3 days]

Time: 9:00am-3:00pm

Grades: 5-12

Cost: \$100 Members or \$150 Non-members

Location: Meet at CSC

Limit: 8

This 3-day camp will be run by Clark Sports Center staff Scott Whiteman and Shawn Clow. The kids will visit 3 different courses in 3 days and enjoy a round of golf. Kids will need to have their own clubs and bring sunscreen, a water bottle and a bagged lunch each day. This is a camp for the more experienced golfer and not an instructional camp although we will be helping with on course strategy and etiquette.

Jr. Lifeguard



Dates: Monday, July 15–Friday, July 19

Time: 1:00-4:00pm

Ages: 10-14

Cost: \$100 Members or \$150 Non-members

Location: Aquatics Center

Limit: 10

Jr. Lifeguard Camp is a pre-certification program for young teens. Our Jr. Lifeguard program educates and demonstrates some of the many aspects of being a professional lifeguard including basic lifeguarding techniques, teamwork, personal water safety, & personal fitness. This camp is meant to spark interest in Lifeguarding and enrich personal water safety. This course is not a lifeguard certification course.

Kids Fun Fitness Sampler



Dates: Monday, July 1–Friday, July 5 [No camp July 4]

Time: 1:00-4:00pm

Grades: 1-4

Cost: \$120 Members or \$170 Non-members

Location: Studio, Meeting Room, and outside

Limit: 12

Led by different group fitness instructors throughout the week, this camp combines Themed Yoga Fun and More (Monday), Music & Movement (Tuesday), Fit Kids (Wednesday) and Fun with Dance (Friday). Campers should wear comfortable clothing and sunscreen, have outdoor shoes, hat and layers. Please bring a water bottle and snack.

Little Athletes



Dates: Monday, July 29–Friday, August 2

Time: 9:00am-12:00pm

Grades: 1-2

Cost: \$100 Members or \$150 Non-members

Location: Fields

Limit: 30

This camp will be directed by Clark Sports Center's Matt Phillips and Mitch Bouton along with help from other Sports Center staff. This full week camp will give the kids an introduction to a lot of fun games, skills, and introductions to sports like football, soccer, bowling, baseball and more. We will be focusing on fine motor skills and having fun promoting teamwork, sportsmanship and friendly competition.

Campers will need to have sneakers, water bottle and a snack for each day. Be prepared for indoor and outdoor activities weather permitting.

Middle/High School Bowling



Dates: Monday, July 8–Thursday, July 11 [4 days]

Times: 9:00am-12:00pm

Grades: 7-12

Cost: \$100 Members or \$150 Non-members

Location: Bowling Alley

Limit: 18

Bowling Camp will be instructed by Clark Sports Center Athletics Director Barry Gray with assistance from Mike Kenney. Campers will learn the basic 4 step approach, while working on fundamentals through drills and competition, plus one on one instruction. Thursday will be the camp tournament with awards, pizza and drinks. Come join us for some fun! 4 Campers minimum to run camp.

Music & Movement



Time: 8:30–11:30am

Grades: 1-4

Location: Studio, Meeting Room, Outside

Cost: \$150 Members or \$200 Non-members

Limit: 12

Session One: Monday, July 15–Friday, July 19

Session Two: Monday, July 22–Friday, July 26

Directed by experienced local music educator and Pound and Generation Pound Pro, Rachel Rockwell. This camp allows unending exploration of music and movement in every child. Participants will use their bodies and minds to expand their musical knowledge, create safe movements, work cooperatively with others, and strengthen their personal responsibility with increased self-esteem and a healthier body. Activities will include Generation Pound sessions, mindfulness movements, outdoor time (weather permitting), musical crafts, and music making. Campers should wear comfortable clothing and sunscreen, have outdoor shoes, hat and layers. Please bring a water bottle and snack.

Preseason Football Training



Location: Fields & Gym Floor

Cost: \$100 Members or \$150 Non-members

Limit: 30 per session

Session One: Grades 3-6, Monday, July 29-Friday, August 2, 12:30-3:30pm

Session Two: Grades 7-12, Monday, August 5–Friday, August 9, 9:00am-12:00pm

Preseason Football Training Camp is designed for football players either currently or have aspirations of playing on a club or school football program. This weeklong camp will comprise of technique work pertaining to each skill position, film study sessions, and sport specific weight training. This includes drills, training and conditioning, and skill focused work. This camp is designed so that pad equipment is not required, but it is recommended that participants bring their own cleats and athletic sneakers for each day of camp. Camp will take place mainly outdoors (weather permitting), with some indoor training.

Soccer



Location: Fields & Gym Floor

Cost: \$100 Members or \$150 Non-members

Limit: 50 per session

Session One: Grades 8-12, July 22-26, 9:00am-12:00pm

Session Two: Grades 2-4, August 5-9, 8:00-11:00am

Session Three: Grades 5-7, August 5-9, 12:00-3:00pm

This camp will be directed by legendary area high school coach Frank Miosek. Frank brings years of experience coaching some of the best high school girls and boys teams in the area. This camp will focus on all the fundamental skills needed to take your camper to the next level. Area coaches and players will be on hand as well to lend their skills and knowledge. Shin guards, spikes and water bottles are required. Please have sneakers each day if weather conditions force us inside.

Tennis



Dates: Monday, August 12–Friday, August 16

Location: CSC Tennis Courts

Cost: \$60 Members or \$120 Non-members

Limit: 20

Session One: Grades 1-3, 9:00-10:00am

Session Two: Grades 4-6, 10:00-11:00am

Session Three: Grades 7-9, 11:00am-12:00pm

During this week-long tennis camp, players will learn the fundamentals of tennis including proper grips, footwork, strokes, volleys and serves with a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, campers will learn the rules and etiquette that make tennis an exciting lifelong game to play. Terry McKane, Mount Markham teacher and Varsity Tennis Coach will lead this camp.

Please bring tennis racquet, water bottle, appropriate clothing and footwear.

Themed Yoga Fun & More



Dates: Monday, July 8–Friday, July 12

Time: 1:00-4:00pm

Grades: 2-6

Location: Studio, Meeting Room, Outside

Cost: \$150 Members or \$200 Non-members

Limit: 12

Led by certified Yoga instructor Wendy Urtz Chapman, this camp is designed to be a fun, enriching, and creativity-boosting experience that includes yoga, mindfulness and relaxation, crafts, cooperative games and outdoor time (weather permitting). Children will enjoy a non-competitive environment where they will stretch, strengthen and explore both their bodies and minds, and create lasting memories, new friendships, and a foundation for overall well-being. Each day will feature a theme such as Animals, Pirates and Disney Characters. Campers should wear comfortable clothing and sunscreen, have outdoor shoes, hat and layers. Please bring a water bottle and snack.

Volleyball



Dates: Monday, July 1–Wednesday, July 3 [3 days]

Time: 9:00am-12:00pm

Grades: 7-12

Cost: \$60 Members or \$120 Non-members

Location: Gym Floor

Limit: 24

Volleyball Club Camp at The Clark Sports Center is designed for Volleyball players who are looking to play at a competitive level. The camp will continue with fundamental based learning and expand to game-like strategy and team play. Beyond skill work, participants will begin to prepare for participation in Modified, JV and Varsity levels of volleyball. This meaningful experience is directed by The Clark Sports Center's Health and Fitness Director, Rich Jantzi. Rich has been the Varsity Volleyball Coach at Cooperstown since 2002 and is a USA Volleyball certified coach.





Online Registration

MEMBER REGISTRATION: APRIL 15
NON-MEMBER REGISTRATION: APRIL 22

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IT'S RECOMMENDED THAT THIS BE DONE AT LEAST ONE WEEK PRIOR TO CAMP SIGN-UP DATES.

If you do not have an email address, home internet, or computer, you may register at the Main Desk. Note: In order to qualify for member registration, the participant must be an active member at the time of registration.

Registration for Non-members or previous members whose membership is currently inactive.

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Registration Payment

Payment in full is due upon registration. If the registration is done at the Main Desk, we accept cash, checks (made payable to The Clark Sports Center), and credit cards. Online payments require a credit card.

NOT A MEMBER?

Take advantage of our spring sale!

Buy 3 and Get 1 Free

Purchase a 90 day membership
and get a 4th month for free!

A 90 day Junior Membership is just \$102.50.

Special applies to ALL membership types!

Utilize the Sports Center all summer and get
member pricing on all Summer Programs!

ClarkSportsCenter

Spring special runs through May 2024.

ClarkSportsCenter

