

Clark Sports Center 2025 Summer Camps

June 30–August 22

ClarkSportsCenter

Summer Camp Information	2-4
Adventure Camps	5-7
Creative Arts Camps	7-8
Sports Camps	9-13

→ **Member Registration: April 21**

Non-member Registration: April 28 ←

Physical Address • 124 Cty. Hwy. 52, Cooperstown, N.Y. 13326 | Mailing Address • P.O. Box 850, Cooperstown, N.Y. 13326
Phone: (607) 547-2800 • Fax: (607) 547-4100 | www.clarksportscenter.com

2025 Summer Camp Information

Registration

Member Registration

Member registration for Summer Camps will begin ONLINE at 9:00am on Monday, April 21. In order to register online as a member, you must have an active online account. Members can access the online portal on the homepage of clarksportscenter.com. Please contact the Main Desk at (607) 547-2800 with any registration questions.

Note: In order to qualify for member registration, the participant must be an active member at the time of registration and camp/training.

IT'S RECOMMENDED THAT THIS BE DONE AT LEAST ONE WEEK PRIOR TO CAMP SIGN-UP DATES.

Non-member/Inactive Member Registration

Your membership must be in active status in order to pay the member prices for camps/programs. You will be unable to activate your membership and sign up with member pricing on the same day. It is recommended that you activate your membership at least 1 week before you plan on registering someone for a camp/training.

Non-member registration will begin ONLINE on Monday, April 28. Access the online portal on the homepage of clarksportscenter.com and check in as a non-member. (Click on "Access My Account" on the top right of the Club Automation login screen.)

Cancellations

In the event your child cannot participate in a camp they are enrolled in, please refer to the schedule below for securing a refund of all or part of your tuition.

- 30 days prior to camp start: 100% of tuition refunded
- 8–29 days prior to camp start: 50% of tuition refunded
- Cancellations made within 7 days of camp start: 100% forfeit of the tuition.
- In the event of an illness or injury prior to camp starting, a full refund will be issued with submission of a doctor's note.

If a camp does not fill with a minimum number of participants, The Clark Sports Center reserves the right to cancel or combine two different sessions with low enrollment. We will notify participants in advance, and you will receive a full tuition refund if we cannot find a substitute arrangement.

For safety reasons, The Clark Sports Center reserves the right to remove a participant from a program or to cancel all or part of a camp at any time. Participants may be removed from camp for violations of camp regulations, showing disrespect to the camp or facility staff, damaging equipment, or any other behavior which is harmful to The Clark Sports Center.

Instruction and Supervision

All camps and trips are staffed by trained instructors who bring extensive experience, education, and advanced certifications including Wilderness First Responder, First Aid, CPR, AED, coaching, and Lifeguarding. They are professionals in their respective fields and are well equipped to provide safe, educational and fun experiences. Activities are designed and delivered in accordance with quality and safety guidelines established by the Sports Center and New York State.

What To Bring

Sports Camps

Each camp requires different apparel depending on the sport involved. Please make sure all participants are dressed appropriately for their activity. Clean, non-marking sneakers or spikes, comfortable athletic clothing or bathing suit, towel, and personal water bottles are required. The Clark Sports Center will supply most equipment. Please refer to each camp description for a full list of what to bring.

Adventure Camps

Please make sure all participants are dressed appropriately for their activity.

After registration you will be emailed a packet with papers that need to be signed and returned to The Clark Sports Center Adventure Department. Participants will need a signed waiver on file along with camp paperwork. Please make sure the correct email is up to date in Club Automation to receive paperwork. All paperwork will be sent out 30 days prior to camp. If you have not received paperwork please email: hendersonh@clarksportscenter.com

Adventure Camp Special Notes

Our camps do not meet the definition of children's camps under New York State regulations; therefore, they are not regulated by the NYS Department of Health.

Assumption of Risk Form

An Assumption of Risk waiver form is required and must be signed by a parent or guardian for all camp participants. Members who have not updated their waiver recently may be asked to complete a new one. Non-members can pick up a form at the Main Desk or on our website at www.clarksportscenter.com.

2025 Summer Camps By Age/Grade

[illegible]

2025 Summer Camps Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 29	30	July 1	2	3	4	5
	Kids Fun Fitness Sampler (pg. 8)				CSC Closed: Independence Day	
6	7	8	9	10	11	12
	Science (pg. 5)					
	Fun with Dance (pg. 7), Themed Yoga Fun & More (pg. 8)					
	Little Athletes (pg. 12), Middle/High School Bowling (pg. 12), Tennis (pg. 13), Volleyball (pg. 13)					
13	14	15	16	17	18	19
	ADK Climbing (pg. 5), Science & Adventure (pg. 6)					
	Music & Movement (pg. 8)					
	Elementary Bowling (pg. 10), Gymnastics (pg. 11), Jr. Lifeguard (pg. 11), Preseason Football Training (pg. 12), Soccer (pg. 12)					
20	21	22	23	24	25	26
	Music & Movement (pg. 8)			Clark Sports Center Closed: Baseball HOF Induction Weekend		
	Elementary Bowling (pg. 10), Fishing (pg. 10)					
27	28	29	30	31	August 1	2
	Little Adventure (pg. 6), Science (pg. 5)					
	Golf Travel (pg. 11)					
3	4	5	6	7	8	9
	Fiction Fun & Reading (pg. 7), Fun with Dance (pg. 8)					
	Developmental Competitive Swim Camp (pg. 10), Fishing (pg. 10), Soccer (pg. 12), Gymnastics (pg. 11)					
10	11	12	13	14	15	16
	Extreme Adventure (pg. 5)					
	Fun with Dance (pg. 7)					
	Advanced Competitive Swim Camp (pg. 9), Boys Basketball (pg. 10), Girls Basketball (pg. 10), Elementary Bowling (pg. 10)					
17	18	19	20	21	22	23
	Rumney, NH, Overnight Climbing (pg. 6)					
	Baseball (pg. 9)					
24/31	25	26	27	28	29	30
	Clark Sports Center Closed: Repair Week & Labor Day					

Adventure Camps

Enrollment

Member Registration

Member registration for Summer Camps/Programs will begin ONLINE at 9:00am on Monday, April 21. In order to register online as a member, you must have an active online account. Members can access the online portal on the homepage of clarksportscenter.com. Please contact the Main Desk at (607) 547-2800 with any registration questions.

Note: In order to qualify for member registration, the participant must be an active member at the time of registration and camp/training.

Non-member/Inactive Member Registration

Your membership must be in active status in order to pay the member prices for camps/programs. You will be unable to activate your membership and sign up with member pricing on the same day. It is recommended that you activate your membership at least 1 week before you plan on registering someone for camp/training. Upon activation you will be sent online credentials.

Non-member registration will begin ONLINE on Monday, April 28. Access the online portal on the homepage of clarksportscenter.com and check in as a non-member. (Click on "Access My Account" on the top right of the Club Automation login screen.)

After registration you will be emailed a packet with papers that need to be signed and returned to The Clark Sports Center Adventure Department. Participants will need a signed waiver on file along with camp paperwork. Please make sure the correct email is up to date in Club Automation to receive paperwork. All paperwork will be sent out 30 days prior to camp. If you have not received paperwork please email: hendersonh@clarksportscenter.com

Adirondack Climbing Camp



Dates: Monday, July 14–Wednesday, July 16 [3 days]

Time: 8:00am-5:00pm

Grades: 5-7 Level: Moderate Limit: 8

Cost: \$400 Members or \$500 Non-members

Are you ready to push yourself to new heights that you have never imagined you could reach? Are you prepared to immerse yourself in the sanctity of nature and slow down your busy summer schedule? You have come to the right place. This three-day climbing adventure will be spent learning the fundamentals of outdoor rock climbing and your internal capabilities. Everyone has their own strengths and goals, and we will work to address these benchmarks on a beginner to intermediate level.

2025 Adventure Camps

Adirondack Climbing Camp 5

Extreme Adventure Camp 5

Little Adventure 6

Rumney, NH, Overnight Climbing 6

Science 6

Science & Adventure 6

Camp Challenge Levels

Beginner Level • Participants must demonstrate the ability to follow instructions, safety policies, and procedures. Participants are expected to maintain respectful and appropriate relationships with group members and instructors.

Moderate Level • Participants must demonstrate the ability to understand verbal and visual instructions, to comprehend hazard and safety concerns when explained, and to adhere to safety policies and procedures. Participants should take responsibility for their self care (water, sunscreen, layering etc.) and voice needs to the group. Participants are expected to maintain respectful and appropriate relationships with group members and instructors.

Challenging Level • Participants must demonstrate the ability to understand verbal and visual instructions, to comprehend hazard and safety concerns when explained, and to adhere to safety policies and procedures. Participants should take responsibility for their self care (water, sunscreen, layering etc.) and voice needs to the group. Given the difficulty of some of these activities, participants must be able to adapt to the physical and emotional rigors of the expedition. Participants are expected to maintain respectful and appropriate relationships with group members and instructors.

Extreme Adventure Camp



Dates: Monday, August 11–Friday, August 15

Time: Monday-Wednesday, 8:00am-5:00pm,

Thursday: Depart at 6:00am and return Friday at 3:00pm

Grades: 5-7 Level: Moderate Limit: 8

Cost: \$550 Members or \$650 Non-members

Adventure is out there, and we must go! This 5-day camp will include rock-climbing, mountain-biking, hiking, and white-water rafting and concludes with a night spent under the stars. This adventure camp highlights the natural beauty of the Hudson River and the Adirondack Mountains, while improving every campers' ability to predict change and train for the unknown.

Little Adventure



Dates: Monday, July 28–Friday, August 1

Time: 1:00-4:30pm

Grades: K-1 **Level:** Beginner **Limit:** 12

Cost: \$175 Members or \$275 Non-members

Join the Adventure Department for some fun this summer with our afternoon adventures. We will be creek walking, hiking, shelter building, learning about nature and much more. This is a perfect afternoon camp for your adventurous child. Children should bring a change of clothes, water and a snack. Please apply sunscreen before coming to camp. Camp will begin and end in the Community Room every day.

Rumney, NH, Overnight Climbing



Dates: Monday, August 18–Friday, August 22

Time: Drop-off - 8:00am, Monday, August 18

Pick-up - 6:00pm, Friday, August 22

Grades: 5-8 **Level:** Challenging **Limit:** 8

Cost: \$750 Members or \$850 Non-members

Welcome to the New Hampshire Advanced Rock Climbing Trip. We are excited to have you aboard. Be prepared for five full days of climbing throughout the White Mountains of New Hampshire. There, we will instruct you on the techniques of moving on vertical walls, climbing protection, climbing equipment, and an introduction to multi-pitch climbing. If you have never been climbing before, we encourage and suggest you come to The Clark Sports Center and climb on either of our climbing walls or enroll in an outdoor climbing clinic before our trip departure.

Science



Session One • Grades 3-6, Monday, July 7–Friday, July 11

Session Two • Grades 2-3, Monday, July 28–Friday, August 1

Time: 8:00am-12:00pm

Grades: 2-3 or 3-6 **Limit:** 12

Cost: \$200 Members or \$300 Non-members

We look forward to your participation in The Clark Sports Center Science Exploration Camp this summer. Each day is spent exploring the exciting world of science, with at least two different science activities. These activities include science experiments, games, and other fun science events.

What to Bring: Snacks, water bottle, jacket, sweatshirt or raincoat in case the weather doesn't cooperate. We will be outdoors on several of the days, so sunscreen or insect repellent may be an item to consider.

Science & Adventure



Dates: Monday, July 14–Friday, July 18

Time: 8:30am-4:30pm

Grades: 4-6 **Limit:** 9

Cost: \$400 Members or \$500 Non-members

Join us for a new camp this year where we combine Science & Adventure. In the morning we will spend our time with Peter Pollock as we build rockets, experiment in different science experiments and learn cool new ways to explore science. In the afternoon we will be hiking, creek walking, bird watching and having fun in the outdoors. On Friday the group will take a trip to The MiSci Museum. Please pack a lunch and bring a water bottle, snacks and a bathing suit.

Creative Arts Camps

2025 Creative Arts Camps

Fiction Fun & Reading	7
Fun with Dance	7
Kids Fun Fitness Sampler	8
Music & Movement.....	8
Themed Yoga Fun & More	8

Enrollment

Member Registration

Member registration for Summer Camps/Programs will begin ONLINE at 9:00am on Monday, April 21. In order to register online as a member, you must have an active online account. Members can access the online portal on the homepage of clarksportscenter.com. Please contact the Main Desk at (607) 547-2800 with any registration questions.

Note: In order to qualify for member registration, the participant must be an active member at the time of registration and camp/training.

Non-member/Inactive Member Registration

Your membership must be active status in order to pay the member prices for camps/programs. You will be unable to activate your membership and sign up with member pricing on the same day. It is recommended that you activate your membership at least 1 week before you plan on registering someone for camp/training. Upon activation you will be sent online credentials.

Non-member registration will begin ONLINE on Monday, April 28. Access the online portal on the homepage of clarksportscenter.com and check in as a non-member. (Click on “Access My Account” on the top right of the Club Automation login screen.

What to Bring

Creative Arts campers should wear comfortable clothing and sunscreen, have appropriate shoes and dress for proper weather conditions. Please bring a water bottle and snack.

Fiction Fun & Reading



Dates: Monday, August 4–Friday, August 8
Time: 9:00am-12:00pm
Grades: 1-3 **Limit:** 15
Cost: \$150 Members or \$200 Non-members
Location: Meeting Room

Run by Cooperstown Central School 1st grade teacher Maegan Whiteman, this camp is all about enhancing your child’s love of reading and creativity. While the camp is stationed at the Clark Sports Center, your child will explore the grounds and areas within walking distance to help spark creative ideas. If your child loves to read, write and use their imagination, this is the camp for them. Please bring a water bottle and snack for the day. Sneakers are recommended as well as sun screen.

Fun with Dance



Session One: Grades K-1, July 7–11, 8:30-11:30am
Session Two: Grades 2-5, July 14–18, 1:00-4:00pm
Session Three: Grades K-1, August 4–8, 1:00-4:00pm
Session Four: Grades 2-5, August 11–15, 8:30-11:30am
Cost: \$150 Members or \$200 Non-members
Location: Studio, Meeting Room, and outside.
Limit: 12

Licensed Zumba instructor Edna Gonzalez-Dau, who has been teaching different styles of dance for 30 years, will teach campers four different styles of dance —Ballet, Jazz, Hip-Hop, and Zumba. Activities will include dance-related crafts, games, stories and time spent outdoors. The camp will conclude with a 30-minute recital. Ballet slippers and jazz shoes are recommended but not required.

Kids Fun Fitness Sampler



Dates: Monday, June 30–Wednesday, July 2 [3 days]

Time: 8:30–11:30am

Grades: 1-4

Cost: \$90 Members or \$120 Non-members

Location: Studio, Meeting Room, and outside

Limit: 12

Led by a variety of group fitness instructors, this camp is perfect for the kid who can't decide what fitness activity they want to do! A combination of Themed Yoga Fun & More, Fit Kids, and Fun with Dance, this camp encourages children to explore their options for group fitness without any pressure. Campers can enjoy stretching, mindfulness & relaxation, fitness challenges, and dance-related activities with the Kids Fun Fitness Sampler.

Music & Movement



Session One: Monday, July 14–Friday, July 18

Session Two: Monday, July 21–Wed., July 23 [No camp 7/24-7/25]

Time: 8:30–11:30am

Grades: 1-4

Limit: 12

Cost: Session One - \$150 Members or \$200 Non-members

Session Two - \$90 Members or \$120 Non-members

Location: Studio, Meeting Room, Outside

This camp is directed by experienced local music educators and Pound Pros, Rachel Rockwell (Session one) and Michelle Fritts (Session two) and allows unending exploration of music and movement in every child. Campers will use their bodies and minds to expand their musical knowledge, create safe movements, work cooperatively with others, and strengthen their personal responsibility with increased self-esteem and a healthier body. Activities will include Generation Pound sessions, mindfulness movements, outdoor time (weather permitting), musical crafts, and music making.

Themed Yoga Fun & More



Dates: Monday, July 7–Friday, July 11

Time: 1:00-4:00pm

Grades: 2-6

Cost: \$150 Members or \$200 Non-members

Location: Studio, Meeting Room, Outside

Limit: 12

Led by certified Yoga instructor Wendy Urtz-Chapman, this camp is designed to be a fun, enriching, and creativity boosting experience that includes yoga, mindfulness and relaxation, crafts, cooperative games and outdoor time (weather permitting). Children will enjoy a non-competitive environment where they will stretch, strengthen and explore both their bodies and minds, and create lasting memories, new friendships, and a foundation for overall well-being. Each day will feature a new theme such as Animals, Pirates and Disney Characters for kids to enjoy.

Sports Camps

Enrollment

Member Registration

Member registration for Summer Camps/Programs will begin ONLINE at 9:00am on Monday, April 21. In order to register online as a member, you must have an active online account. Members can access the online portal on the homepage of clarksportscenter.com. Please contact the Main Desk at (607) 547-2800 with any registration questions.

Note: In order to qualify for member registration, the participant must be an active member at the time of registration and camp/training.

Non-member/Inactive Member Registration

Your membership must be active status in order to pay the member prices for camps/programs. You will be unable to activate your membership and sign up with member pricing on the same day. It is recommended that you activate your membership at least 1 week before you plan on registering someone for camp/training. Upon activation you will be sent online credentials.

Non-member registration will begin ONLINE on Monday, April 28. Access the online portal on the homepage of clarksportscenter.com and check in as a non-member. (Click on "Access My Account" on the top right of the Club Automation login screen.)

What to Bring

Sports Campers should be prepared for each day of camp with a water bottle, sunscreen, snack, and athletic shoes (dependent on individual sport.)

2025 Sports Camps

Advanced Competitive Swim	9
Baseball.....	9
Basketball.....	10
Developmental Competitive Swim	10
Elementary Bowling	10
Fishing.....	11
Golf Travel.....	11
Gymnastics.....	11
Jr. Lifeguard	11
Little Athletes	12
Middle/High School Bowling.....	12
Preseason Football Training	12
Soccer	12
Tennis.....	13
Volleyball	13

Advanced Competitive Swim Camp



Dates: Monday, August 11–Friday, August 15
Time: 9:00am-12:00pm
Grades: 4-12
Cost: \$150 Members or \$200 Non-members
Location: Aquatics Center
Limit: 20

Advanced Competitive Swim Camp is for swimmers that are currently on a competitive swim team. During this camp, our USA Swimming coaches will break down swimmers’ strokes to help with moving efficiently through the water and pushing them with endurance swimming later in the week.

Swimmers will also be working on starts and turns, stroke technique, and overall swimming performances as well as strengthening their bodies with dryland and nutrition talks. There will be a mock mini meet at the end of the week.

Baseball



Dates: Monday, August 18–Friday, August 22
Time: 9:00am-12:00pm
Grades: 3-7
Cost: \$100 Members or \$150 Non-members
Location: Gym Floor & Baseball Fields
Limit: 30

As a baseball town with a rich history in America’s favorite pastime, it is only fitting that we have our own baseball camp! Cooperstown Modified Baseball Coach John Congdon will prepare players for their time on the plate with assistance from Clark Sports Center staff, local coaches and alumni. This camp will provide skill work in all aspects of baseball as well as games and skill competition. Campers are required to bring a baseball glove, cleats, a water bottle and proper baseball attire (baseball pants or sweats). Sneakers are also recommended for indoor training (weather dependent).

Basketball Camp - Boys



Dates: Monday, August 11–Friday, August 15

Time: 9:00am-12:00pm

Grades: 3-7

Cost: \$100 Members or \$150 Non-members

Location: Gym Floor

Limit: 50

Clark Sports Center's Scott Whiteman and Mitch Bouton team up with Cooperstown High School Varsity Coach Mike Niles to teach this full week of basketball training. Local coaches and college athletes will also make appearances throughout the week to assist campers. This camp will focus on skills and fundamentals to make sure your camper is ready for the next level. We will also have some competition and fun games to complete an all-around great experience. Campers will need to bring a water bottle and snack each day.

Basketball Camp - Girls



Dates: Monday, August 11–Friday, August 15

Time: 1:00-4:00pm

Grades: 3-7

Cost: \$100 Members or \$150 Non-members

Location: Gym Floor

Limit: 50

Clark Sports Center's Scott Whiteman and Mitch Bouton team up with Cooperstown High School Varsity Coach Mike Niles to teach this full week of basketball training. Local coaches and college athletes will also make appearances throughout the week to assist campers. This camp will focus on skills and fundamentals to make sure your camper is ready for the next level. We will also have some competition and fun games to complete an all-around great experience. Campers will need to bring a water bottle and snack each day.

Developmental Competitive Swim



Dates: Monday, August 4–Friday, August 8

Time: 10:00am-12:00pm

Grades: 1-6 **Limit:** 36

Cost: \$100 Members or \$150 Non-members

Location: Aquatics Center

Developmental Competitive Swim Camp is for swimmers that are looking to dip their toes into the competitive swimming world and are either currently on a developmental swim team or are looking to join a swim team. Camp participants will be introduced to the basics of competitive swimming including some racing throughout the week. Swimmers will also be working on technique and drills to help them flow through the water as well as competitive starts, turns and finishes. For safety reasons, children that join this camp must be able to swim unassisted 25 yards of Front Crawl, 25 yards of Back Crawl, and be able to do a headfirst entry into water 8 feet deep. A swim test to determine eligibility for the camp will be administered on the first day.

Elementary Bowling



Session One • Monday, July 14–Friday, July 18, 9:00am-12:00pm

Session Two • Monday, July 21–Wed., July 23, 1:00-4:00pm

[No camp 7/24-7/25]

Session Three • Monday, August 11–Friday, August 15, 9:00am-12:00pm

Grades: 3-6 **Limit:** 18 per session **Location:** Bowling Alley

Cost: Session One & Three - \$100 Members or \$150 Non-members

Session Two - \$60 Members or \$110 Non-members

Summer bowling camps for children are the perfect opportunity for kids to have fun and improve their skills in a fun and supportive environment. During these camps, kids will learn the basics of the sport and develop their techniques, including proper grip, stance, and delivery. There will also be plenty of opportunities for kids to practice and play games, as well as to socialize and make new friends. With experienced coaches and a focus on safety, these summer camps are a great way for children to stay active, build confidence, and develop a lifelong love for bowling.

Fishing



Session One • Monday, July 14–Friday, July 18, 7:00-11:00am

Session Two • Monday, July 21–Wed., July 23, 7:00am-4:00pm

[No camp 7/24-7/25]

Grades: 5-12

Cost: \$200 Members or \$250 Non-members

Location: Meet at The Clark Sports Center

Limit: 10

This popular camp from 2024 is back again and will be run by Clark Sports Center Assistant Sports & Recreation Director, Mitch Bouton, and Assistant Athletics Director, Mike Kenney. Mike and Mitch bring extensive knowledge of fishing and will look to enhance your child's love of the outdoors and fishing. Campers will visit different local fishing holes and learn new techniques each day. We supply the bait; you supply curiosity for fishing! Each child is required to have their own fishing pole, bring a water bottle and sunscreen each day.

Golf Travel



Dates: Monday, July 28–Friday, August 1

Time: 9:00am-4:00pm

Grades: 5-8

Cost: \$200 Members or \$250 Non-members

Location: Meet at CSC

Limit: 8

Tee off with the Clark Sports Center and make some lasting memories on the green with friends! This 5-day camp will be run by Clark Sports Center staff Scott Whiteman and Shawn Clow. Campers will attend 5 different local courses and enjoy a round of golf. Golf experience is required as this is not an instructional camp. What to bring: Golf clubs, sunscreen, water bottle, and a packed lunch.

Gymnastics



Session One • Grades K-1, July 14–18, 1:00-3:00pm

Session Two • Grades 2-3, July 14–18, 3:00-5:00pm

Session Three • Grades 4-6, August 4–7, 1:00-4:00pm [4 days]

Cost: \$150 Members or \$200 Non-members

Location: Gym Floor

Limit: 20

Twist, flip, shout and spin! Jaime Pelletier and our staff have brought back one of our most popular sports camps: gymnastics. These instructors bring a passion for gymnastics that will excite your camper, whether they are a beginner or have already been in a program. Our camp will cover a variety of techniques to give each camper a well-rounded experience. Skills will be taught on balance beam, tumbling, vaulting horse, and bars. Campers should avoid wearing loose clothing that could get caught up during exercises.

Jr. Lifeguard



Dates: Monday, July 14–Friday, July 18

Time: 2:00-4:00pm

Ages: 10-14

Cost: \$100 Members or \$150 Non-members

Location: Aquatics Center

Limit: 10

Jr. Lifeguard Camp is a pre-certification program for young teens. Our Jr. Lifeguard program educates and demonstrates some of the many aspects of being a professional lifeguard including basic lifeguarding techniques, teamwork, personal water safety, & personal fitness. This camp is meant to spark interest in Lifeguarding and enrich personal water safety. This course is not a lifeguard certification course. Participants must be good swimmers.

Little Athletes



Dates: Monday, July 7–Friday, July 11

Time: 1:00-3:00pm

Grades: 1-2

Cost: \$75 Members or \$125 Non-members

Location: Meet on the Gym Floor

Limit: 20

Our Little Athletes Camp will feature all different sports, games and activities. Run by Assistant Sports and Recreation Director Mitch Bouton with help from Clark Sports Center staff, the goal of this camp is to instill a love of sports and games in each camper. Campers will need to have sneakers, water bottle and a snack for each day. Be prepared for indoor and outdoor activities (weather permitting).

Middle/High School Bowling



Dates: Monday, July 7–Friday, July 11

Times: 9:00am-12:00pm

Grades: 7-12

Cost: \$100 Members or \$150 Non-members

Location: Bowling Alley

Limit: 18

Bowling Camp will be instructed by Clark Sports Center Athletics Director Barry Gray with assistance from Mike Kenney. Campers will learn the basic 4 step approach, while working on fundamentals through drills and competition, plus one on one instruction. Friday will be the camp tournament with awards, pizza and drinks. Come join us for some fun! 4 campers minimum to run the camp.

Preseason Football Training



Session One: Grades 3-6, Monday, July 14–Friday, July 18, 12:30-2:30pm

Session Two: Grades 7-12, Monday, July 14–Friday, July 18, 10:00am-12:00pm

Cost: \$85 Members or \$135 Non-members

Location: Fields

Limit: 30 per session

Preseason Football Training Camp is designed for both current and aspiring players. This weeklong training camp will consist of technique work pertaining to each skill position, film study sessions, and sport specific weight training. It also includes drills, training and conditioning, and skill focused work. Training will take place mainly outdoors (weather permitting) with some indoor training. Please bring cleats, athletic sneakers, and a water bottle.

Soccer



Session One: Grades 7-12, July 14–18, 9:00am-12:00pm

Session Two: Grades 3-6, August 4–8, 9:00am-12:00pm

Cost: \$100 Members or \$150 Non-members

Location: Fields & Gym Floor

Limit: 50 per session

Come kick it with us at Soccer Camp, run by legendary area high school coach Frank Miosek! Frank brings years of experience coaching some of the best high school girls and boys teams the area. This camp will focus on all the fundamental skills needed to take your camper to the next level. Local high school alumni and coaches will also be on-site to assist players with drills, games and lend their skills and knowledge. Shin guards, spikes and water bottles are required. Please have sneakers each day if weather conditions force us inside.

Tennis



Dates: Monday, July 7–Friday, July 11

Cost: \$60 Members or \$120 Non-members

Location: CSC Tennis Courts

Limit: 20

Session One: Grades 1-3, 9:00-10:00am

Session Two: Grades 4-6, 10:00-11:00am

Session Three: Grades 7-9, 11:00am-12:00pm

During this week-long tennis camp, players will learn the fundamentals of tennis including proper grips, footwork, strokes, volleys and serves with a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, campers will learn the rules and etiquette that make tennis an exciting lifelong game to play. Scott Smith, Sauquoit Valley Varsity Tennis Coach and retired teacher will lead this camp. Please bring a tennis racquet, water bottle, appropriate clothing and footwear.

Volleyball



Dates: Monday, July 7–Thursday, July 10 [4 days]

Time: 9:00am-12:00pm

Grades: 7-12

Cost: \$80 Members or \$120 Non-members

Location: Gym Floor

Limit: 24

Volleyball Camp at The Clark Sports Center is designed for Volleyball players who are looking to play at a competitive level. The camp will continue with fundamental based learning and expand to game-like strategy and team play. Beyond skill work, participants will begin to prepare for participation in Modified, JV and Varsity levels of volleyball. This meaningful experience is directed by The Clark Sports Center's Health & Fitness Director, Rich Jantzi. Rich has been the Varsity Volleyball Coach at Cooperstown since 2002 and is a USA Volleyball Gold Certified coach.

SUMMER
Day Trips
JULY 2025

For more information, visit:
www.clarksportscenter.com/camps/

REGISTER ONLINE:
www.clarksports.clubautomation.com



Online Registration

MEMBER REGISTRATION: APRIL 21

NON-MEMBER REGISTRATION: APRIL 28

Member Registration

Member registration begins Monday, April 21. In order to qualify for member registration, the participant must be an active member at the time of registration and through the dates of the camp they are planning to attend. To register online as a member, you must have an active online account. Please contact the Main Desk at (607) 547-2800 with any registration questions.

IT'S RECOMMENDED THAT THIS BE DONE AT LEAST ONE WEEK PRIOR TO CAMP SIGN-UP DATES.

If you do not have an email address, home internet, or computer, you may register at the Main Desk. Note: In order to qualify for member registration, the participant must be an active member at the time of registration.

Registration for former members and those whose membership is currently expired or cancelled

Your membership status must be active in order to pay the member prices for camps/training. You will be unable to activate your membership and sign up with member pricing on the same day. It is recommended that you activate your membership at least 1 week before you plan on registering someone.

Non-member Registration

Non-member registration will begin ONLINE on Monday, April 28. Access the online portal on the homepage of clarksportscenter.com and check in as a non-member. (Click on "Access My Account" on the top right of the Club Automation login screen.)

Registration Payment

Payment in full is due upon registration. If the registration is done at the Main Desk, we accept cash, checks (made payable to The Clark Sports Center), and credit cards. Online payments require a credit card.

NOT A MEMBER?

Take advantage of our spring sale!

Buy 3 and Get 1 Free

Purchase a 90 day membership
and get a 4th month for free!

A 90 day Junior Membership is just \$102.50.

Special applies to ALL membership types!

Utilize the Sports Center all summer and get
member pricing on all Summer Programs!

ClarkSportsCenter

Spring special runs April 14-May 31, 2025.

