

Sharks Swim Team Swimmer Code of Conduct

As a member of the Sharks Swim Team, I understand that I represent not only myself and my team, but also the Clark Sports Center, and I will conduct myself in a way that reflects integrity, respect, and responsibility at all times. I will uphold our team's core values through the F.L.I.P.P.E.R.S. principles:

F.L.I.P.P.E.R.S. – Our Core Principles

- F – Fun Comes First: I will swim with joy and enthusiasm, bringing positive energy to the pool every day.
- L – Learn and Grow: I will strive to improve my skills, understand the rules, and stay open to feedback.
- I – Inspire Others: I will set a positive example through my attitude, effort, and encouragement.
- P – Participate Fully: I will commit to attending all required practices, team meetings, competitions, and finals unless excused by my coach.
- P – Play as a Teammate: I will support my teammates, treat them with kindness, and never put them down.
- E – Everyone Deserves Respect: I will respect my teammates, coaches, officials, and opponents at all times.
- R – Respect the Rules and Facility: I will take care of the Clark Sports Center, follow all facility guidelines, and help keep the environment clean and safe.
- S – Stay Safe and Appropriate: I understand that audio, video, or photo recording devices (including phones) are strictly prohibited in all changing areas, restrooms, and locker rooms. I will also use appropriate, respectful language at all times—no swearing, offensive jokes, or hurtful comments.

Swimmer Expectations

As a swimmer on the Sharks Swim Team, I agree to:

1. Represent the Clark Sports Center and the Sharks Swim Team with pride. My behavior, in and out of the pool, reflects on my team and our facility.
2. Respect coaches and officials. I will listen, follow directions, and trust their guidance—even when it's challenging.
3. Honor my commitments. I will attend all scheduled practices, team meetings, and meets unless excused by a coach. I understand that if I qualify for a finals event, I am expected to swim it unless excused.
4. Uphold team spirit. I will support and cheer for my teammates, celebrate their successes, and show respect in victory and defeat.
5. Maintain a safe and respectful environment. I will never bully, harass, or harm others. I will treat everyone equally and with dignity.
6. Follow all safety and privacy rules. I understand that recording or taking photos in locker rooms, bathrooms, or changing areas is strictly prohibited. I will keep my phone away in these areas.
7. Care for all pool facility's. I will clean up after myself, report damages, and help keep the Clark Sports Center and other swimming facilities a place we can all be proud of.
8. Keep swimming fun! I will bring my best effort, good attitude, and sense of fun to every practice and meet.

Creating a Positive Environment

- I will encourage effort, improvement, and teamwork over winning.
- I will help foster a welcoming and inclusive team spirit.
- I will avoid gossip, drama, or negativity that undermines the team's values.
- I will celebrate all swimmers' successes, big and small.

Disciplinary Actions

Violations of this Swimmer Code of Conduct may result in one or more of the following:

1. Verbal Warning – A coach or staff member will speak with the swimmer.
2. Written Warning & Meeting – A meeting will be held with the swimmer (and possibly a parent/guardian), and behavior will be documented.
3. Suspension from a Meet or Practice – The swimmer may be removed from an event or practice.
4. Removal from the Team – In cases of repeated or serious misconduct, the swimmer may be dismissed from the Sharks Swim Team.

Agreement

By signing below, I acknowledge that I have read, understood, and agree to follow the Sharks Swim Team Swimmer Code of Conduct.

Swimmer Name: _____

Signature: _____

Date: _____