

# ClarkSportsCenter

## Spring Schedule

March 2–April 26



Gymnastics 2025

|                               |       |
|-------------------------------|-------|
| Membership.....               | 2-3   |
| Adventure.....                | 4     |
| Bowling.....                  | 5     |
| Aquatics.....                 | 6-7   |
| Fitness Game Room.....        | 8     |
| Trackman Golf Simulator... .. | 8     |
| Sports & Recreation.....      | 8-9   |
| Group Fitness.....            | 10-11 |
| Health & Fitness.....         | 12    |
| Racquets.....                 | 12    |

### Clark Sports Center Facility Hours

September 29, 2025–May 24, 2026

Monday–Friday: 5:30am–9:00pm

Saturday & Sunday: 8:00am–5:00pm

May 25–September 27, 2026

Monday–Friday: 5:30am–9:00pm

Saturday: 8:00am–5:00pm

Sunday: 8:00am–12:00pm

Physical Address • 124 Cty. Hwy. 52, Cooperstown, N.Y. 13326 | Mailing Address • P.O. Box 850, Cooperstown, N.Y. 13326

Phone: (607) 547-2800 • Fax: (607) 547-4100 | [www.clarksportscenter.com](http://www.clarksportscenter.com)

## Rates, Fees, and Payments

| Membership  | Rate  |
|---|---|
| Preschool (0–4 years)   | \$110   |
| Junior (5–18 years)   | \$215   |
| Young Adult (19-24 years)   | \$250   |
| Adult (25–61 years)   | \$380   |
| Senior Citizen Single (62+)   | \$240   |
| Senior Citizen Couple (One person 62+)  | \$410   |
| Family (Two adults in household and children up to 24 living in household)                            | \$615   |
| Single Parent Family (One adult and children up to 24 living in household) <b>Single Parents Only</b> | \$425   |
| 90 Day Membership   | One half of above                                   |
| Fitness Center (Add on; Per person fee billed concurrent with membership; Ages 14+)                   | Annual Membership: \$168<br>90 Day Membership: \$42 |
| Adult One Month Membership with Fitness Center (30 consecutive days)                                  | \$105   |
| Young Adult One Month Membership with Fitness Center (30 consecutive days)                            | \$90  |
| Junior One Month Membership with Fitness Center Ages 14-18 (30 consecutive days)                      | \$80  |
| Junior One Month Membership without Fitness Center Ages 5-13 (30 consecutive days)                    | \$65  |
| Senior One Month Membership with Fitness Center (30 consecutive days)                                 | \$75  |
| Family One Month Membership (30 consecutive days)   | \$175   |
| 7 Day Pass  | Inquire at Main Desk                                |

Applications for a reduced fee membership are available at the Main Desk. Applicants must meet income guidelines to qualify.

### Payment Plans

|                                |   |
|--------------------------------|---|
| One payment (Pre-paid in Full) | Annual, 90 Day, and One Month Memberships   |
| Two Payment Plan               | One half upon application with bills sent biannually (Annual Membership only).            |
| Quarterly Payment Plan         | One quarter upon application with bills sent every three months (Annual Membership only). |

### Monthly Options

|                        |                 |
|------------------------|-----------------|
| Payroll Direct Deposit |                 |
| Credit/Debit Card      | No Billing Fees |

## Refund Policy

Membership refunds will be given only in the event of a medical condition that prevents a member from participation, or if a member permanently moves outside a fifty mile radius of The Clark Sports Center. All membership refund requests must be made in writing and submitted to Michelle Yerdon, Senior Director of Member Services, at [yerdonm@clarksportscenter.com](mailto:yerdonm@clarksportscenter.com).

## Assumption of Risk

All participants must have an Assumption of Risk Waiver form on file prior to using The Clark Sports Center and its facilities. Assumption of Risk Waiver forms for any person under the age of 18 must be signed by a parent or legal guardian. The form may be picked up at the Main Desk or found at: [www.clarksportscenter.com](http://www.clarksportscenter.com).

## Guests

Guests are welcome to The Clark Sports Center. We reserve the right to limit the number of guests if usage reaches capacity. Reservations are required for groups of 8 people or more (call Matt Phillips at 547-2800, ext. 130). Adults: \$14, Young Adult: \$12, Juniors: \$8, Seniors: \$8, Fitness Center: \$8 additional.

## Lost and Found

The Lost and Found is located in the laundry room. Please ask for assistance. Jewelry, wallets, and items of value are kept at the Main Desk. When the Lost and Found area is overflowing, all items are donated to a local charity after 2 weeks. Do not leave belongings unattended. The Clark Sports Center is not responsible for lost or stolen items.

## Additional Charges

### Personal Training Instruction/Private Swim Lessons

\$25.00 per 30 minutes or \$200 for ten 30 minute sessions (by appointment only. Non-members must pay for a Day Pass)

### Private Yoga Instruction

Available in 30 minute (private only) and private or semi-private sessions for an hour (up to two people). For more information, contact Amy Porter at (607) 547-2800, ext. 129, or email [portera@clarksportscenter.com](mailto:portera@clarksportscenter.com).

- 10 – 30 minute sessions, or 5 – one hour sessions: \$200
- Individual pricing: \$25 per 30 minutes or \$200 for ten 30 minute sessions

### Meeting Room Space Rental

\$100.00 for up to a four hour time block (a fee of \$25 per hour for each additional hour may be applied). Contact Matt Phillips at (607) 547-2800, ext. 130, to make a reservation.

## Schedule Changes & Emergency Closings

The following schedule will be followed as closely as possible, but can be subject to change at any time. Program areas may be closed at any time without prior notice. Weather conditions, mechanical difficulties, special events, facility capacity, etc., may alter the schedule at any time. For up-to-date information, please call (607) 547-2800. In the event the Sports Center must close due to adverse weather conditions, mechanical difficulties, etc., announcements will be made on our website, social media, and WKTV.

## Electronic Free Days

Every school day is an electronic free day for school aged youth until 6:00pm. If your child is using an electronic device other than a cell phone to call home, he/she will be asked to put it away.

## Lightning Policy

When you hear the lightning detector siren sound for 15 seconds and amber lights illuminate and rotate, all participants on the fields, tennis courts and ropes course must seek shelter immediately. When the danger has passed, the "all clear" signal is three 5 second alerts on the siren and the lights will shut off.

## Member and Guest Code of Conduct

All members and others attending an event or utilizing the Center's facilities or grounds must adhere to all rules and policies of the Sports Center and are expected to act in a safe, courteous and respectful manner at all times. All requests and instructions by the Center's staff should be strictly followed and failure to do so may result in any person, including members, being directed to leave the premises.

Prohibited conduct at the Sports Center and Center-sponsored activity off-premises includes, but is not limited to, the following:

- Possession of guns, knives or other weapons;
- Striking, attempting to strike or threatening to strike any staff person, member, visitor or any other person affiliated with the Center;
- Threatening, harassing or intimidating any staff person, member, visitor or any other person affiliated with the Center;
- Foul, profane or abusive language;
- Theft of any property;
- Vaping/Smoking;
- Use of alcohol or illegal drugs;
- Damaging the facilities of the Center in any way (skateboards, scooters, and roller blades are not allowed on the Sports Center grounds; animals with the exception of service dogs/animals, bicycles; and other potentially damaging devices are not allowed in the building);
- Providing false information or records to the Center;
- Youth in Kindergarten -12th grade are not allowed in the facility or on the grounds during school hours, when school is in session.
- Children 6th grade and below are not allowed in the building between 5:30–8:00am and 6:00pm to closing unless accompanied by an adult or if attending a Sports Center youth program or league.
- Youth must be at least 12 years old to be at the Clark Sports Center without a parent or responsible adult. Children under the age of 12 must be accompanied by an adult at all times while in the facility.

Additionally, any criminal activity or acts, or threats of violence may be reported to the proper authorities and prosecuted.

The Clark Sports Center reserves the right to deny, suspend, revoke or limit access to the Sports Center's facilities at its sole discretion in the case of any violation of this Code of Conduct or any rule or policy of the Center, consistent with applicable law. Any question arising regarding the meaning of any provision of this Code of Conduct should be brought to the attention of the Director of The Clark Sports Center. The Center's interpretation of any provision of this Code shall be final.

## Sex Offender Policy

Registered or convicted sex offenders are not eligible for membership in The Clark Sports Center or for participation in its programs and activities. Registered or convicted sex offenders shall not enter onto or loiter in the vicinity of the property of The Clark Foundation that is designated as The Clark Sports Center or other property of The Clark Foundation when used for programs and activities of The Clark Sports Center.

## Attire and Etiquette

Appropriate attire is required to use the Sports Center facilities. Clean sneakers must be worn in the Fitness Center, Sports Performance Area, Group Fitness studios, lobbies, hallways, racquets courts, gym floor, and running track. Cleats are not allowed inside of the Sports Center. Shirts required at all times. Bathing suits are required to enter the pool; cut-off shorts and shirts are not allowed as pool attire. Food and drink are allowed only in the upstairs gym floor lobby. Drinks in glass bottles are prohibited inside The Clark Sports Center.

## Physically Disabled

The Clark Sports Center is equipped to handle the needs of the physically disabled. The designated handicapped parking area is located near the main entrance. A wheelchair ramp is located in front of the main entrance. Upon entering the building, please ask for assistance at the Main Desk. An elevator is available to provide access to the lower level of the building and the Sports Performance Area. Locker rooms and rest room access for the physically disabled are available. Any questions or concerns can be directed to the Main Desk.

## Parking, Telephones, and Field Usage

Parking is available for members and guests in the designated parking areas. Please do not park in the driveways and crosswalks leading to the Sports Center or in the circle near the main entrance. The circle is one way for pickup and drop off, and emergency vehicles only. Persons who park in the circle will be asked to move their vehicles. Parking is prohibited on Co. Hwy. 52.

Use of Sports Center telephones is restricted to business calls and emergencies. Cell phone use is prohibited in all locker rooms. Permission and check-in is required to use the playing fields adjacent to the Sports Center and Tennis Courts. Non-members must pay any appropriate guest fees.

## No Animal Allowed Policy

Animals are not allowed on Clark Sports Center property at any time (exception: service dogs).

## Locker Rooms

Please observe and adhere to the following locker room rules and guidelines (*please note that the Sports Center is not responsible for articles left unattended in the locker rooms or any other part of the building*):

- Men's and women's locker rooms are for members and guests who are beyond high school. Youth locker rooms are for use by youth K-12.
- The family locker rooms are for use by parents with preschool children, disabled members/guests and those with special needs.
- Family locker rooms allow temporary access to your own lavatory, shower and changing area. All belongings must be removed for others to use the room.
- Gender neutral locker room options are available. Please ask the Main Desk for more information.
- Members and guests may use the locker rooms for up to 30 minutes after program areas close at night.
- Day lockers are available by request at the Main Desk for members.
- Saunas are located in the adult locker rooms and may be used by persons 21 years or older.

## Organized Activities

Coaching, instruction, training, lessons, and other organized activities must be directed by Clark Sports Center staff unless approved by the appropriate Department Head, Senior Directors, Associate Director, or Director.

## Child Care

Child care is available in the child care room for members and guests who are using the Sports Center on Monday, Wednesday, Friday and Saturday mornings, 8:15-11:15am, and Tuesday evenings, 4:15-7:15pm. Children ages 8 weeks to 5 years (who have not started kindergarten) may participate. The staff ratio is 1:5 with two staff members present at all times. Diapers, bottles, and snacks must be supplied and all belongings labeled. Child care drop-in fee: \$7 per hour (payable in half hour increments, minimum 1 hour) OR \$6 per hour with the purchase of a Child Care Pass of \$60. Child care must be paid for on the day of service. There will be no morning child care if Cooperstown Central School is on a delay or closed due to weather.

# Adventure Programs

## Indoor Rock Wall Climbing Hours

| Monday  | Tuesday  | Wednesday   | Thursday                           | Friday  | Saturday  |
|---|--|---|------------------------------------|---|---|
| Afterschool Program<br>3:00–5:00pm  | Adult Climb<br>8:00–10:00am<br>L.E.A.H.<br>12:00–2:30pm<br>(Ends April 28)<br>Afterschool Program<br>3:00–5:00pm<br>Adult Climb<br>5:30–8:00pm | Adult Climb<br>8:00–10:00am<br>Afterschool Program<br>3:00–5:00pm<br>*Family Climb<br>5:30–8:00pm | Afterschool Program<br>3:00–5:00pm | Adult Climb<br>8:00–10:00am<br>Afterschool Program<br>3:00–5:00pm<br>*Family Climb<br>5:30–8:00pm | Adult Climb<br>9:00am–12:00pm<br>Kids Climb<br>(Ages 5-18)<br>1:00pm–5:00pm |
|   |  |   |                                    |   | <b>Sunday</b>   |
|   |  |   |                                    |   | Kids Climb<br>(Ages 5-18)<br>1:00pm–5:00pm                                  |
| Please check the website for rock wall closures. School Break Days • In the event of a Cooperstown Central School holiday or scheduled school break, the High Rock Wall schedule will change accordingly to: Monday-Friday: Family Climb, 10:00am-12:00pm and Kids Climb, 1:00-5:00pm. Evening hours remain the same. |  |   |                                    |   |   |

\* Family Climb is designed for families to climb together. Anyone under the age of 12 must be directly supervised by an adult.

## Adventure Outings and Events

### Rock Climbing at Little Falls Tuesday, April 7 • 9:00am–4:00pm

Join us for a day at our local cliff in Little Falls!

Open to ages 18+. Vans leave CSC at 9:00am and return to CSC around 4:00pm. All equipment provided by the Clark Sports Center. Please make sure you have proper footwear to walk to and from the cliff. Lunch, extra snacks and a water bottle are great for the day and a pack to carry it in. Climbers must meet at CSC to be transported to the cliff.

Register online at: <https://clarksports.clubautomation.com/>  
\$50 members; \$80 non-members. Max: 10.

### Rock Climbing at The Gunks Thursday, April 23 • 7:00am–7:00pm

Home to some of the best easy to moderate trad climbs in the USA — with grades from 5.4 to 5.13b — the Gunks are the perfect place to put your indoor climbing gym skills to the test. Whether you're new to rock climbing or well-experienced on the crags, there's something for everyone in this iconic NY destination.

Ages 18+. Prepare for a long day as vans leave CSC at 7:00am and will be returning to CSC around 7:00pm. Please make sure you have proper footwear to walk to and from the cliff. Lunch, extra snacks and a water bottle are great for the day and a pack to carry it in. All equipment will be provided by The Clark Sports Center. Climbers must meet here at CSC to be transported to the cliff.

Climbers are responsible for the \$10 climbing pass at the state park. Climbers must also have a waiver on file, if you do not have a waiver on file for climbing in the Gunks please see the CSC Adventure Department.

Register online at: <https://clarksports.clubautomation.com/>  
\$80 members; \$115 non-members. Max: 10.

# Bowling



| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday            | Sunday              |
|---|---|--|--|--|---------------------|---------------------|
| Open<br>9:00am–12:00pm<br>Open<br>1:00–5:00pm | Senior Citizen<br>Bowling<br>9:00–10:30am<br>Open<br>10:30am–12:00pm<br>L.E.A.H.<br>12:00–2:30pm<br>(Ends April 28)<br>Open<br>2:30–5:00pm<br>Tuesday Ladies<br>League<br>6:00–9:00pm | Open<br>9:00am–12:00pm<br>Senior Citizen<br>Bowling/ Special<br>Groups<br>1:00–2:30pm<br>Open<br>2:30–5:00pm<br>Wednesday Men's<br>League<br>6:00–9:00pm | Open<br>9:00am–12:00pm<br>Preschool Bowl<br>10:30–11:00am<br>Open<br>1:00–5:00pm | Open<br>9:00am–12:00pm<br>Open<br>1:00–3:00pm<br>Elementary/Middle<br>School Bowling<br>League<br>3:00–5:00pm<br>Open<br>6:00–9:00pm | Open<br>1:00–5:00pm | Open<br>1:00–5:00pm |

**Book your next party in our Bowling Alley!**

Rentals are available on Saturdays or Sundays, 9:30-11:30am or 5:00-7:00pm! Contact Matt Phillips at (607) 547-2800, ext. 130, for more information and to make a reservation.



## Bowling Fees

|                         | Juniors     | HS/College  | Adults      |
|-------------------------|-------------|-------------|-------------|
| <b>Game &amp; Shoes</b> | \$1.00/game | \$2.00/game | \$3.00/game |

## Bowling Rules and Guidelines

- Bowlers must begin activity no later than 20 minutes before closing time.
- Open bowling is available on a first come, first serve basis.
- Bowling shoes are required at all times.
- Balls, score sheets, and pencils are provided. Assistance with scoring is available.
- Bumper lanes are available.
- Food and drink must remain on the upper level table area.
- Groups of 8 or more are required to make reservations by calling Matt Phillips at 547-2800, ext. 130.

## Adult Bowling Leagues and Programs

| Program   | Days                           | Time          | Registration           | Fee                            |
|---|--------------------------------|---------------|------------------------|--------------------------------|
| Elementary League/Middle School (Grades 3-8)      | Nov. 1–March 28<br>Fridays     | 3:00–5:00pm   | Registration is closed | \$30.00 (online registration)  |
| Ladies Tuesday League (Recreational/Competitive)  | Sept. 10–March 11<br>Tuesdays  | 7:00–9:00pm   | Registration is closed | \$13/night                     |
| Men's Wednesday League (Recreational/Competitive) | Sept. 18–April 2<br>Wednesdays | 7:15–9:00pm   | Registration is closed | \$13/night                     |
| Preschool Bowling (Ages 3-5)                      | Sept. 18–April 30<br>Thursdays | 10:00–10:30am | None                   | FREE/Fun                       |
| Senior Citizen Bowling (Ages 55+)                 | Sept. 10–May 6<br>Tuesdays     | 9:00–10:30am  | None                   | \$1 members (All you can bowl) |
| Senior Citizen Bowling/Special Groups (Ages 55+)  | Sept. 11–May 7<br>Wednesdays   | 1:00–2:30pm   | None                   | \$1 members (All you can bowl) |

# Lap Pool

Schedule  
March 2 – April 26

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|--|--|--|---|--|---|
| Open Laps<br>5:30-8:00am<br>Adult Laps<br>8:00am-3:00pm<br>Aqua Body Blast<br>9:15-10:00am<br>Pathfinder<br>9:15-10:30am<br>Preschool Swim<br>10:00-11:00am<br>Springbrook<br>12:45-1:45pm<br>Open Swim<br>3:00-4:00pm<br>Swim Lessons- Levels 3-6<br>3:30-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 9)<br>Adult Laps<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Open Laps<br>5:30-8:00am<br>Adult Laps<br>8:00am-3:00pm<br>Preschool Swim<br>11:00am-12:00pm<br>L.E.A.H. Swim Lessons<br>12:30-2:30pm<br>Open Swim<br>3:00-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 10)<br>Adult Laps<br>5:00-6:30pm<br>Swim Lessons<br>5:30-7:00pm<br>Open Swim<br>6:30-8:00pm | Open Laps<br>5:30-8:00am<br>Adult Laps<br>8:00am-3:00pm<br>Aqua Body Blast<br>9:15-10:00am<br>Preschool Swim<br>10:00-11:00am<br>Springbrook<br>12:45-1:45pm<br>Open Swim<br>3:00-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 11)<br>Adult Laps<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Open Laps<br>5:30-8:00am<br>Adult Laps<br>8:00am-3:00pm<br>Preschool Swim<br>11:00am-12:00pm<br>Open Swim<br>3:00-4:00pm<br>Swim Lessons—Level 2<br>3:30-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 12)<br>Adult Laps<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Open Laps<br>5:30-8:00am<br>Adult Laps<br>8:00am-3:00pm<br>Preschool Swim<br>10:00-11:00am<br>Open Swim<br>3:00-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 13)<br>Adult Laps<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Adult Laps<br>8:00am-1:00pm<br>Swim Lessons<br>9:00am-12:00pm<br>Open Swim<br>1:00-5:00pm   |
| <b>Special Notes:</b><br>• 2nd graders will be utilizing the Aquatic Center from 1:00-2:00pm (Wednesdays & Thursdays), through April. Limited space available.   |  |  |   |  | <b>Sunday</b><br>Adult Laps<br>8:00-10:00am<br>Open Swim<br>10:00am-12:00pm<br>Adult Laps<br>12:00-1:00pm<br>Open Swim<br>1:00-5:00pm |

**School Break Pool Schedule:** In the event of a Cooperstown Central School holiday or scheduled school break, there will be Open Swim 10:00am-12:00pm, and 1:00-5:00pm. All aquatic programs will be cancelled for the day.

# Teaching Pool

Schedule  
March 2 – April 26

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|---|---|--|--|---|---|
| Open Fitness<br>5:30-8:00am<br>Adult<br>8:00-10:00am<br>Pathfinder<br>9:15-10:30am<br>Preschool Swim<br>10:00-11:00am<br>Adult<br>11:00am-2:00pm<br>Bassett Physical Therapy<br>2:00-3:00pm<br>Open Swim<br>3:00-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>(Ends March 9)<br>Adult<br>5:00-5:30pm<br>Swim Lessons<br>5:30-7:00pm<br>Open Swim<br>7:00-8:00pm | Open Fitness<br>5:30-8:00am<br>Adult<br>8:00-10:00am<br>Bassett Physical Therapy<br>10:00-11:00am<br>Preschool Swim<br>11:00am-12:00pm<br>Adult<br>12:00-12:30pm<br>L.E.A.H. Swim Lessons<br>12:30-2:30pm<br>Adult<br>2:30-3:00pm<br>Open Swim<br>3:00-3:30pm<br>Swim Lessons – Level 1<br>3:30-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>(Ends March 10)<br>Adult<br>5:00-5:30pm<br>Swim Lessons<br>5:30-7:00pm<br>Open Swim<br>7:00-8:00pm | Open Fitness<br>5:30-8:00am<br>Adult<br>8:00-10:00am<br>Preschool Swim<br>10:00-11:00am<br>Adult<br>11:00am-2:00pm<br>Bassett Physical Therapy<br>2:00-3:00pm<br>Open Swim<br>3:00-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>(Ends March 11)<br>Adult<br>5:00-5:30pm<br>Swim Lessons<br>5:30-7:00pm<br>Open Swim<br>7:00-8:00pm | Open Fitness<br>5:30-8:00am<br>Adult<br>8:00-10:00am<br>Bassett Physical Therapy<br>10:00-11:00am<br>Preschool Swim<br>11:00am-12:00pm<br>Adult<br>12:00-2:00pm<br>Bassett Physical Therapy<br>2:00-3:00pm<br>Open Swim<br>3:00-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>(Ends March 12)<br>Adult<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Open Fitness<br>5:30-8:00am<br>Adult<br>8:00-10:00am<br>Preschool Swim<br>10:00-11:00am<br>Adult<br>11:00am-2:00pm<br>Bassett Physical Therapy<br>2:00-3:00pm<br>Open Swim<br>3:00-4:00pm<br>CSC Sharks<br>4:00-5:00pm<br>(Ends March 13)<br>Adult<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Adult<br>8:00-8:30am<br>Swim Lessons<br>8:30am-12:00pm<br>Adult<br>12:00-1:00pm<br>Open Swim<br>1:00-5:00pm                 |
| Schedules are subject to change. For the most up-to-date information, visit <a href="http://www.clarksportscenter.com">www.clarksportscenter.com</a> .<br><b>Red = Pool Closed</b>  |   |  |  |   | <b>Sunday</b><br>Adult<br>8:00-10:00am<br>Open Swim<br>10:00am-12:00pm<br>Adult<br>12:00-1:00pm<br>Open Swim<br>1:00-5:00pm |

# Diving Pool

Schedule  
March 2 – April 26

This schedule may change without notice at any time. For the most up-to-date information, visit [www.clarksportscenter.com](http://www.clarksportscenter.com).

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|---|--|--|--|
| Open Fitness<br>5:30-8:00am<br>Sweat Wet!<br>8:00-8:45am<br>POOL CLOSED<br>Adult Swim<br>9:00am-3:00pm<br>Pathfinder<br>9:15-10:30am<br>Springbrook<br>12:45-1:45pm<br>Open Swim<br>3:00-3:30pm<br>Swim Lessons- Levels 3-6<br>3:30-4:00pm<br>POOL CLOSED<br>Sharks Swim Team<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 9)<br>Adult Swim<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Open Fitness<br>5:30-8:00am<br>Adult Swim<br>8:00am-3:00pm<br>L.E.A.H. Swim Lessons<br>(1/2 pool)<br>12:30-2:30pm<br>Open Swim<br>3:00-4:00pm<br>Sharks Swim Team<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 10)<br>Adult Swim<br>5:00-5:30pm<br>Aqua HIIT<br>5:30-6:15pm<br>POOL CLOSED<br>Swim Lessons<br>(1/2 pool)<br>6:30-7:00pm<br>Open Swim<br>6:30-8:00pm | Open Fitness<br>5:30-8:00am<br>Sweat Wet!<br>8:00-8:45am<br>POOL CLOSED<br>Adult Swim<br>9:00am-3:00pm<br>Pathfinder<br>9:15-10:30am<br>Springbrook<br>12:45-1:45pm<br>Open Swim<br>3:00-4:00pm<br>Sharks Swim Team<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 11)<br>Adult Swim<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Open Fitness<br>5:30-8:00am<br>Adult Swim<br>8:00am-3:00pm<br>Springbrook<br>12:45-1:45pm<br>Open Swim<br>3:00-4:00pm<br>Sharks Swim Team<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 12)<br>Adult Swim<br>5:00-5:30pm<br>Aqua HIIT<br>5:30-6:15pm<br>POOL CLOSED<br>Open Swim<br>6:30-8:00pm | Open Fitness<br>5:30-8:00am<br>Adult Swim<br>8:00am-3:00pm<br>Open Swim<br>3:00-4:00pm<br>Sharks Swim Team<br>4:00-5:00pm<br>POOL CLOSED<br>(Ends March 13)<br>Adult Swim<br>5:00-6:30pm<br>Open Swim<br>6:30-8:00pm | Adult Swim<br>8:00am-1:00pm<br>Swim Lessons<br>9:00am-12:00pm<br>Open Swim<br>1:00-5:00pm                            |
|  |   |   |  |  | <b>Sunday</b>  |
|  |   |   |  |  | Adult Swim<br>8:00-10:00am<br>Open Swim<br>10:00am-12:00pm<br>Adult Swim<br>12:00-1:00pm<br>Open Swim<br>1:00-5:00pm |
| <b>Special Notes:</b><br>• 2nd graders will be utilizing the Aquatic Center from 1:00-2:00pm (Wednesdays & Thursdays), through April.<br>Limited space available.  |   |   |  |  |  |

## Block 4 Swim Lessons • February 23–April 2, 2026

(No lessons: March 13, April 4 or when CCS has a holiday, snow day or early dismissal)

A small fee has been added to swim lessons. This change helps us maintain the highest quality instruction and provide the best possible experience for every participant. The new charge will vary based on the number of lessons per session block (approximately \$6.00 per lesson).

Please arrive on time to the lesson. Swimmers must use the appropriate locker rooms to change for lessons. Parents and spectators are not allowed to be on the pool deck during lessons. Please use the balcony to watch the lessons. If you miss 2 classes in a row without notifying us, your spot will be given to someone on the wait list.

### Afterschool Swim Lessons

- Mondays • 3:30-4:00pm – Level 3,4,5 & 6
- Tuesdays • 3:30-4:00pm – Level 1
- Thursdays • 3:30-4:00pm – Level 2

### Evening Swim Lessons

#### Preschool Swim Lessons (6mo-5 not attending K)

##### Parent and Child 1

- Mondays • 5:30-6:00pm

##### Parent and Child 2

- Wednesdays • 5:30-6:00pm

##### Parent and Child 3

- Wednesdays • 6:00-6:30pm

##### Ducks

- Mondays • 6:00-6:30pm

##### Frogs

- Mondays • 6:30-7:00pm

### School Age Swim Lessons (K-18)

#### Level 1

- Tuesdays • 5:30-6:00pm
- Wednesdays, 6:30-7:00pm

#### Level 2

- Tuesdays • 6:00-6:30pm

#### Level 3

- Tuesdays • 6:30-7:00pm

### Saturday Morning Swim Lessons

#### Preschool Swim Lessons (6mo-5 not attending K)

##### Parent and Child 1

- 9:00-9:30am

##### Parent and Child 2

- 9:30-10:00am

##### Parent and Child 3

- 10:00-10:30am

##### Ducks

- 10:30-11:00am

### Frogs

- 11:00-11:30am

### Dolphins

- 11:00-11:30am

### School Age Swim Lessons (K-18)

#### Level 1

- 8:30-9:00am
- 11:30am-12:00pm

#### Level 2

- 10:00-10:30am

#### Level 3

- 9:30-10:00am

#### Level 4, 5 & 6

- 9:00-9:30am

### Adult Group Swim Lessons

#### Adult (18+)

- Saturdays 10:30-11:00am

**Block 5 Swim Lessons:** April 13–May 21, 2026. Online registration begins on Monday, April 6, at 9:00am, and will take place online only.  
(No lessons: Saturday, May 23, or when CCS has a holiday, snow day or early dismissal)

# Fitness Game Room

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday              |
|--|--|--|--|--|-----------------------|
| Open<br>9:00am–3:00pm<br>Afterschool<br>Programming<br>3:00–5:00pm | Open<br>9:00am–3:00pm<br>Afterschool<br>Programming<br>3:00–5:00pm | Open<br>9:00am–3:00pm<br>Afterschool<br>Programming<br>3:00–5:00pm | Open<br>9:00am–3:00pm<br>Afterschool<br>Programming<br>3:00–5:00pm | Open<br>9:00am–3:00pm<br>Afterschool<br>Programming<br>3:00–5:00pm | Open<br>9:00am–5:00pm |
|  |  |  |  |  | <b>Sunday</b>         |
|  |  |  |  |  | Open<br>9:00am–5:00pm |

# Trackman Golf Simulator



## Trackman Hours

|                      |                         |                     |
|----------------------|-------------------------|---------------------|
| Mon-Fri: 8:00-9:00am | Saturday: 8:00-9:00am*  | Sunday: 8:00-9:00am |
| 9:00-10:00am         | 9:00-10:00am*           | 9:00-10:00am        |
| 10:00-11:00am        | 10:00-11:00am*          | 10:00-11:00am       |
| 11:00am-12:00pm      | 11:00am-12:00pm*        | 11:00am-12:00pm     |
| 12:00-1:00pm         | 12:00-1:00pm*           | 12:00-1:00pm        |
| 1:00-2:00pm          | 1:00-2:00pm             | 1:00-2:00pm         |
| 2:00-3:00pm          | 2:00-3:00pm             | 2:00-3:00pm         |
| 5:00-6:00pm          | 3:00-4:00pm             | 3:00-4:00pm         |
| 6:00-7:00pm          | 4:00-5:00pm             | 4:00-5:00pm         |
| 7:00-8:00pm          | * - League matches only |                     |

**Golf Simulator Cost:** Cost to play is \$40/hour (up to 4 people), maximum of 4 hours.

Please visit [clarksportscenter.com](http://clarksportscenter.com) for more information.

## Adult Sports Leagues and Programs

| Program   | Days                                      | Time            | Registration                                    | Fee   |
|---|---|-----------------|---|---|
| Adult 7 v. 7 Soccer League<br>(Co-ed, Adults 18+ and out of HS) | January 8–March 12<br>Thursdays           | 6:00–8:00pm     | Registration begins March 30.<br>Limit 8 teams. | \$35/member or \$75/non-member. No team fees. |
| Senior Walk<br>(Ages 62+)                                       | October 27–April 2<br>Mondays & Thursdays | 11:00am–12:00pm | No registration required                        | Free for members & non-members.               |

## Youth Sports Leagues and Programs

| Program                         | Days  | Time         | Registration                                    | Fee                |
|---------------------------------|---|--------------|---|--------------------|
| Preschool Play<br>(Ages 0-4)    | September 29–April 29<br>Mondays & Wednesdays | 8:30–10:00am | No registration required                        | Free, members only |
| Boys High School Hoops League   | June 17-August 5<br>Wednesdays                | 6:00-9:00pm  | Registration begins March 30.<br>Limit 6 teams. | \$350/team         |
| Girls High School Hoops League  | June 15-August 3<br>Mondays                   | 6:00-9:00pm  | Registration begins March 30.<br>Limit 6 teams. | \$350/team         |
| Boys High School Soccer League  | June 16-August 4<br>Tuesdays                  | 6:00-8:00pm  | Registration begins March 30.<br>Limit 8 teams. | \$350/team         |
| Girls High School Soccer League | June 18-August 6<br>Thursdays                 | 6:00-8:00pm  | Registration begins March 30.<br>Limit 8 teams. | \$350/team         |

# Gym Floor

| Monday                                       | Tuesday   | Wednesday  | Thursday   | Friday                                | Saturday  | Sunday  |
|--|---|--|--|---------------------------------------|---|---|
| Open Floor<br>5:30am-7:45am                  | Open Floor<br>5:30am-8:45am   | Open Floor<br>5:30am-7:45am  | Open Floor<br>5:30am-10:00am   | Open Floor<br>5:30am-8:45am           | Youth Travel<br>Basketball Games<br>8:00am-1:00pm   | Beginner<br>Pickleball Lessons<br>8:00-9:00am |
| Closed/Setup<br>8:00-8:30am                  | Closed/Setup<br>8:45-9:00am   | Closed/Setup<br>8:00-8:30am  | Staff Games<br>10:00-11:30am   | Closed/Setup<br>8:45-9:00am           | Open Floor<br>1:00-5:00pm   | Open Pickleball 18+<br>9:15-11:45am           |
| Preschool Play<br>8:30-10:00am               | Open Pickleball 18+<br>9:00-11:00am   | Preschool Play<br>8:30-10:00am                                     | Closed/Setup<br>11:30am-12:00pm  | Open Pickleball 18+<br>9:00am-12:00pm |   | Closed/Teardown<br>11:45am-12:00pm            |
| Open Floor<br>(Half Floor)<br>10:00-11:00am  | Open Floor<br>11:00am-12:30pm   | Open Floor<br>(Half Floor)<br>10:00am-11:00am                      | Open Pickleball 18+<br>12:00pm-2:15pm                                      | Open Floor<br>12:00-5:00pm            |   | Open Floor<br>12:00-5:00pm                    |
| Senior Walk/<br>Cornhole<br>11:00am-12:00pm  | Open/L.E.A.H<br>12:30-2:30pm<br>(Sept. 16-April 28)   | Pathfinder<br>11:00am-12:00pm                                      | Open Floor<br>2:30-3:00pm  | Open/Special<br>Groups<br>5:00-9:00pm |   |   |
| Closed/Setup<br>12:00-12:15                  | Closed/Setup<br>2:30-3:00pm   | Closed/Setup<br>12:00-12:15pm                                      | Boy's Travel<br>Basketball Practice<br>3-6: 3:15-4:45pm<br>(Ends March 26) |                                       |   |   |
| Sr. Pickleball 62+<br>12:15-2:15pm           | Girl's Travel<br>Basketball Practice<br>3-4: 3:00-4:00pm<br>5-6: 4:00-5:00pm<br>(Ends March 24) | Open Pickleball 18+<br>12:15-2:15pm                                | Open Floor<br>5:00-5:30pm  |                                       |   |   |
| Closed/Setup<br>2:30-3:00pm                  |   | Closed/Setup<br>2:30-3:00pm  | Closed/Setup<br>5:30-6:00pm  |                                       |   |   |
| Gymnastics<br>3:00-7:00pm<br>(Ends April 20) | Open Floor<br>5:00-5:30pm   | Little Dribblers<br>K-1: 3:00-3:30pm<br>(Ends March 11)            | Adult Futsal<br>League<br>6:00-9:00pm<br>(Ends March 26)                   |                                       |   |   |
| Open Floor<br>7:30-9:00pm<br>(Ends April 20) | Closed/Setup<br>5:30-6:00pm   | 2 <sup>nd</sup> Grade Basketball<br>3:30-4:00pm<br>(Ends March 11) |  |                                       |   |   |
|  | Adult Volleyball<br>League<br>6:00-8:00pm<br>(Ends March 17)                                    | Open Floor<br>4:00-5:00pm  |  |                                       |   |   |
|  | Member Only 16+<br>Pickup Volleyball<br>(Half Floor)<br>6:00-9:00pm<br>(March 24-April 21)      | Closed/Setup<br>5:00-5:15pm  |  |                                       |   |   |
|  | Open Floor<br>(Half Floor)<br>6:00-9:00pm<br>(March 24-April 21)                                | Adult Pickleball<br>League<br>5:15-9:00pm<br>(Ends March 18)       |  |                                       |   |   |
|  |   |  |  |                                       | <b>SPECIAL NOTES:</b><br>• The following programs are for members only: Beginner Pickleball Lessons, Open Pickleball 18+, Senior Pickleball 62+, 16+ Pickup Volleyball and 18+ Pickup Basketball. |   |

## Gym Floor Rules and Information

- **Food and drink are not allowed on the Gym Floor!**
- Non-marking sneakers are required on the floor at all times.
- The Bouldering Wall is open during general Gym Floor operating hours except during clinics, special events, after school 3:00-5:00pm and league play on the Gym Floor.
- Special groups and activities such as clinics, tournaments, basketball games, training, and camps take priority over open play.
- We advise to call ahead to verify open gym times.

## Running Track Schedule, Rules, and Information

- The Running Track is open for general use from opening to closing every day with the exception of special programs.
- Adult members and youth members (7th grade and over) may use the Running Track.
- Walkers and runners must go in the direction of the arrow.
- Please walk single file if there are other walkers or runners.
- The track may not be used as a spectator area.

| Monday   | Tuesday                                       | Wednesday                                      | Thursday   | Friday  | Saturday   |
|--|---|--|--|---|--|
| <b>Fit for Life</b><br>9:30-10:15AM<br>Carlene                 | <b>Fit Camp</b><br>6:00-6:30AM<br>Gretchen    | <b>Cardio Dance</b><br>8:30-9:15AM<br>Brittany | <b>Fit Camp</b><br>6:00-6:30AM<br>Gretchen           | <b>Movement &amp; Mobility</b><br>8:45-9:15AM<br>Brittany | <b>Total Body Conditioning</b><br>8:45-9:15AM<br>Sabrina |
| <b>Silver Sneakers Classic</b><br>11:00AM-12:00PM<br>Katherine | <b>Power 45</b><br>8:15-9:00AM<br>John        | <b>Fit for Life</b><br>9:30-10:15AM<br>Carlene | <b>Power 45</b><br>8:15-9:00AM<br>John               | <b>Pound</b><br>9:30-10:15AM<br>Doreen                    | <b>Non-Impact Aerobics</b><br>9:30-10:15AM<br>Diane      |
| <b>Total Body Conditioning</b><br>5:00-5:30PM<br>Sabrina       | <b>Zumba Dance</b><br>8:30-9:15AM<br>Veronica | <b>Prime Time</b><br>11:00-12:00PM<br>Carina   | <b>Zumba Dance</b><br>8:30-9:15AM<br>Veronica        | <b>Prime Time</b><br>11:00AM-12:00PM<br>Carina            |  |
| <b>Zumba Dance</b><br>5:15-6:00PM<br>Elma                      | <b>POP Pilates®</b><br>5:15-5:45PM<br>Gianna  | <b>Cardio Dance</b><br>4:30-5:15PM<br>Elma     | <b>Sit &amp; Get Fit</b><br>10:15-11:00AM<br>Carlene |   |  |
|  | <b>Pound</b><br>5:30-6:15PM<br>Michelle       |  | <b>POP Pilates®</b><br>5:15-5:45PM<br>Gianna         |   |  |

| Sunday                                      |
|---|
| <b>Cardio Dance</b><br>9:30-10:15AM<br>Elma |

| Monday  | Tuesday  | Wednesday                                       | Thursday                                       | Friday  | Saturday                                      |
|---|--|---|--|---|---|
| <b>Express Cycle</b><br>6:30-7:00AM<br>Gretchen |  | <b>Express Cycle</b><br>6:30-7:00AM<br>Colleen  |  | <b>Express Cycle</b><br>8:30-9:00AM<br>Gretchen | <b>Group Cycle</b><br>8:30-9:15AM<br>Various  |
| <b>Group Cycle</b><br>8:30-9:15AM<br>Rebecca    | <b>Express Cycle</b><br>9:15-9:45AM<br>Tom         | <b>Group Cycle</b><br>8:30-9:15AM<br>Tom        | <b>Express Cycle</b><br>9:15-9:45AM<br>Carlene |   |   |
| <b>Gentle Cycle</b><br>10:30-11:00AM<br>Carlene |  | <b>Gentle Cycle</b><br>10:30-11:00AM<br>Carlene |  |   |   |
|   | <b>Express Cycle</b><br>5:45-6:15PM<br>Kara/Amanda |   | <b>Express Cycle</b><br>5:45-6:15PM<br>Rebecca |   | <b>Group Cycle</b><br>9:30-10:15AM<br>Rebecca |

Saturday Group Cycle

|          |          |
|----------|----------|
| March 7  | Kara     |
| March 14 | Amanda   |
| March 21 | Gretchen |
| March 28 | Melissa  |
| April 4  | Tom      |
| April 11 | Amanda   |
| April 18 | Gretchen |
| April 25 | Tom      |

ClarkSportsCenter

Intro to Group Cycle

March 2, 2026  
11:15am-12:00pm

Classes taught by  
Carlene. Register online.

# Group Fitness

# Yoga

Schedule  
March 2 - April 26

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|--|--|---|---|---|---|
| <b>Silver Sneakers Yoga</b><br>9:45-10:30AM<br>Katherine | <b>Foundations to Flow</b><br>9:15-10:00AM<br>Erin M | <b>Sunrise Yoga Flow</b><br>6:00-6:45AM<br>Nicole | <b>Slow Flow Yoga</b><br>9:15-10:15AM<br>Wendy              | <b>Yoga Flow</b><br>9:30-10:15AM<br>Wendy         | <b>Intermediate Flow</b><br>9:30-10:45AM<br>Antonita/Erin |
| <b>Gentle Yoga</b><br>1:00-2:00PM<br>Katherine           |  | <b>Gentle Yoga</b><br>1:00-2:00PM<br>Katherine    | <b>Yoga Sculpt</b><br>10:30-11:15AM<br>Wendy                | <b>Gentle Yoga</b><br>10:30-11:30AM<br>Wendy      |   |
| <b>Power Yoga</b><br>6:30-7:30PM<br>Erin V               | <b>Heated Slow Flow</b><br>5:30-6:30PM<br>Antonita   | <b>Yin Yoga</b><br>6:30-7:30PM<br>Erin M          | <b>Silver Sneakers Yoga</b><br>11:30AM-12:15PM<br>Katherine | <b>Friday Night Flow</b><br>5:30-6:15PM<br>Erin M | <b>Yoga Flow</b><br>8:15-9:00AM<br>Nicole                 |
|  |  |   | <b>Heated Vinyasa Flow</b><br>5:30-6:30PM<br>Wendy          |   | <b>Yin Yoga</b><br>9:30-10:45AM<br>Nicole                 |

# Group Fitness

# Sports Performance

Schedule  
March 2 - April 26

| Monday                                | Tuesday                              | Wednesday                             | Thursday                                 | Friday                                  | Saturday                                  |
|---------------------------------------|--------------------------------------|---------------------------------------|--|---|---|
| <b>Escape</b><br>6:00-6:30AM<br>Ben   |                                      | <b>Escape</b><br>6:00-6:30AM<br>Ben   |  | <b>Escape</b><br>6:00-6:30AM<br>Ben     | <b>Escape</b><br>9:30-10:00AM<br>Gretchen |
| <b>Escape</b><br>9:30-10:00AM<br>John | <b>Escape</b><br>4:30-5:00PM<br>Kara | <b>Escape</b><br>9:30-10:00AM<br>John | <b>Escape</b><br>4:30-5:00PM<br>Gretchen | <b>Escape</b><br>9:30-10:00AM<br>Thomas |   |

# Group Fitness

# Aqua Fitness

Schedule  
March 2 - April 26

| Monday                                 | Tuesday                         | Wednesday                              | Thursday                        | Friday | Saturday |
|--|---------------------------------|--|---------------------------------|--------|----------|
| <b>Sweat Wet</b><br>8:00-8:45AM        |                                 | <b>Sweat Wet</b><br>8:00-8:45AM        |                                 |        |          |
| <b>Aqua Body Blast</b><br>9:15-10:00AM |                                 | <b>Aqua Body Blast</b><br>9:15-10:00AM |                                 |        |          |
|  | <b>Aqua HIIT</b><br>5:30-6:15PM |  | <b>Aqua HIIT</b><br>5:30-6:15PM |        |          |

All Clark Sports Center members who attend Group Fitness Classes are expected to adhere to Group Fitness rules and policies. Adult and youth members 12+ may participate in Group Fitness Classes. Reservations required. Please arrive 5-10 minutes prior to class. No late admittance. Preschoolers are not permitted in the studios during classes. Classes are subject to change and may be canceled at any time. Instructor substitutions may occur without notice.

Clean, dry footwear is required in the studios (excluding yoga). Leave outdoor shoes outside of the yoga studio in designated spots. The group fitness studios are only for the use of Clark Sports Center classes, programs, and for instructors to rehearse. With prior arrangement with the Group Fitness Director, the studios may be rented for \$25/hour. This includes individuals using the rooms for their personal workouts.

Find all Group Fitness Class Information & Policies posted in the studios and at [www.clarksportscenter.com](http://www.clarksportscenter.com).

Class Key

Studio 1



Studio 2



Yoga Studio



NEW

New Class

NEW TIME

New Time



Returning Class

# Health & Fitness

## Personal Training & Nutrition

Interested in training with us? Download and fill out the Personal Training Interest Sheet and return it to the Fitness Center Desk. We will contact you and coordinate a trainer to work with you to achieve your goals! For more information, please contact Ben Maxson, Assistant Health and Fitness Director, at 607-547-2800, ext. 127, for more information. Free initial fitness assessment.

Members: \$25.00 for one 30 minute session/\$200.00 for ten 30 minute sessions. Non-members must pay for a Day Pass.

## Sports Performance

Located in the mezzanine above the Fitness Center, our Sports Performance Center offers 4 distinct areas for supplementing your training program. The ESCAPE rig is a Functional Training station capable of hosting 20 users at a time. The Kinesis Area offers a 7 Station Circuit that is designed to work with beginners or handle professional athletes. The Power Area offers users 4 pieces of Cardio Equipment as well as some fitness equipment to deliver a one of a kind fitness experience. The Team Area that doubles as a stretch, strength and core area. Use of the Sports Performance area is included with the Fitness Center Membership. Programs take precedence over open use. Schedule will vary. Rates are available for individual, small groups (2 or 3), large groups (4 or 5), and teams more than 5. Please contact Ben Maxson, Assistant Health and Fitness Director, at 607-547-2800, ext. 127, for more information.

# Racquets

## Tennis Center Schedule

The Clark Sports Center has 4 Acrylic Coated Asphalt Courts. Courts are available daily **April 1 (weather permitting)** through **November 1**, during daylight hours. Members may play at no charge unless a program is in progress. Programs take precedence over open play. Courts may be reserved for \$25/hour per court. For more information, please contact Amy Porter at (607) 547-2800, ext. 129, or by email at [portera@clarksportscenter.com](mailto:portera@clarksportscenter.com)

For all Tennis Center rules, please visit: [www.clarksportscenter.com/racquets/tennis-rules-guidelines/](http://www.clarksportscenter.com/racquets/tennis-rules-guidelines/)

## Indoor Racquetball, Squash Courts & Ping Pong Schedule

The Sports Center has one racquetball court, two singles squash courts, a doubles squash court, and two ping pong tables that are open year round during facility hours. Programs take precedence over open play. All courts and tables are located on the lower level of the Sports Center and are available during normal operating hours. General use equipment is available for use, unless occupied by a program.

| Monday                                    | Tuesday   | Wednesday                                 | Thursday                                  | Friday                                    | Saturday              |
|---|---|---|---|---|-----------------------|
| Open<br>5:30am-2:30pm                     | Open<br>5:30am-2:30pm                               | Open<br>5:30am-2:30pm                     | Open<br>5:30am-2:30pm                     | Open<br>5:30am-2:30pm                     | Open<br>8:00am-5:00pm |
| After School<br>Youth Play<br>2:30-5:00pm | LEAH Program<br>12:00-2:30pm<br>(Sept. 16-April 28) | After School<br>Youth Play<br>2:30-5:00pm | After School<br>Youth Play<br>2:30-5:00pm | After School<br>Youth Play<br>2:30-5:00pm |                       |
| Open<br>5:00-9:00pm                       | After School<br>Youth Play<br>2:30-5:00pm           | Open<br>5:00-9:00pm                       | Open<br>5:00-9:00pm                       | Open<br>5:00-9:00pm                       |                       |
|   | Open<br>5:00-9:00pm                                 |   |   |   | Sunday                |
|   |   |   |   |   | Open<br>8:00am-5:00pm |

