



August 15, 2026

Men's Division

Ages

- Pre-Teen
- Teen
- Open
- 37-49 years
- 50-59 years
- 60-69 years
- 70+ years

Weight

- 132 lbs.
- 133-148 lbs.
- 149-165 lbs.
- 166-185 lbs.
- 186-215 lbs.
- 216-235 lbs.
- 236-265 lbs.
- 266-285 lbs.
- 286-299 lbs.
- Over 300 lbs.

Women's Division

Ages

- Pre-Teen
- Teen
- Open
- 37-49 years
- 50-59 years
- 60-69 years
- 70+ years

Weight

- 114 lbs.
- 115-132 lbs.
- 133-150 lbs.
- 151-175 lbs.
- 176-198 lbs.
- 199-215 lbs.
- 216-225 lbs.
- Over 226 lbs.

Payment Instructions

Make checks payable to The Clark Sports Center. Mail payment and completed registration form to:

The Clark Sports Center, Attn: Doug McCoy
P.O. Box 850, Cooperstown, NY 13326

ClarkSportsCenter

Monster Bench & Brew 2026 Registration Form

Name: _____

Address: _____

Phone: _____

Age: _____ Gender: _____

Rep-Off: Yes No

Team Event: Yes No

Team Name: _____

Place: Brewery Ommegang (656 County Highway 33, Cooperstown, NY 13326).

Time: Weigh-ins on the day of the competition, August 15, will begin at 8:00am on the covered patio. Competition will begin at approximately 10:30am.

Events

- 225 lbs. & 115 lb. Rep-Off!
- 100% RAW!
- Team Event

Registration Information

Entrance Fee

Individual registration received on or before Wednesday, August 12: **\$45 for one class, \$55 for two classes**

Individual registration received after August 13: **\$55 for one class, \$65 for two classes**

NO DAY OF REGISTRATION

Contact Us

For more information or questions about the competition, please contact Doug McCoy by calling (607) 547-2800, ext. 111.

Limited shirts will be available for sale at the event.